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## OFFICIAL MEMO (9<sup>th</sup> June 2020)

## **NZRCA STATEMENT: COVID-19 (Update)**

Following the government announcement on Monday 8<sup>th</sup> of June regarding COVID-19 Alert Level 1 – we want to thank all NZRCA clubs and members for their support over the past 10+ weeks. It has been a challenging time for everyone and we thank you all for following the rules and keeping safe.

With COVID-19 Alert Level 1, most things are back to normal in that there are no limits on numbers at gatherings and events etc, so all club race days and NZRCA Santioned major events can resume without issues. The government are still asking everyone to follow the golden rules at Alert Level 1 as follows:

- 1. If you're sick, stay home. Don't go to work or school. Don't socialise.
- 2. If you have cold or flu symptoms call your doctor or Healthline and make sure you get tested.
- 3. Wash your hands. Wash your hands. Wash your hands.
- 4. Sneeze and cough into your elbow, and regularly disinfect shared surfaces.
- 5. If you are told by health authorities to self-isolate you must do so immediately.
- 6. If you're concerned about your wellbeing or have underlying health conditions, work with your GP to understand how best to stay healthy.
- Keep track of where you've been and who you've seen to help contact tracing if needed. Use the NZ COVID Tracer app as a handy way of doing this.
- 8. Businesses should help people keep track of their movements by displaying the Ministry of Health QR Code for contact tracing.
- 9. Stay vigilant. There is still a global pandemic going on. People and businesses should be prepared to act fast to step up Alert Levels if we have to.
- 10. People will have had different experiences over the last couple of months. Whatever you're feeling it's okay. Be kind to others. Be kind to yourself.

As per the NZRCA official memo on 9<sup>th</sup> May, we have a new feature on our website <u>www.nzrca.co.nz</u> for clubs to use for "Online Entries". This has been used by a number of clubs so far and the feedback we have received is outstanding.

If your club hasn't tried it yet, encourage them to give it a go.

If you have any issues with the above, please contact one of the following:

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Kind regards

2019/2020 NZRCA Executive