



DISCUSSION GUIDE

Open:

Highs and Lows: everyone gives a low point from the week followed by a high point (in that order so each person ends on a positive note).

Discussion starter:

Ask someone to give just a few sentences worth (less than a minute) summary of the main point of the sermon. Note that this may be different from different people's perspectives so we're not looking for a "right" answer. It's just getting the discussion going.

DISCUSSION QUESTIONS

#1) What do I know about it: *Make sure each person has opportunity to answer.*

- Name one biblical person, location, or topic from the sermon that interested you.
- Share one new or interesting thing that you learned about that person/location/topic.

**Note that during this portion, discussion should be happening.*

#2) How do I feel about it: *Make sure each person has opportunity to answer.*

- What most inspired or challenged you from the message and how so?

**Again, use this portion to comment and draw out discussion.*

#3) What do I do about it: *Make sure each person has opportunity to answer.*

- What's one specific thing you could do - big or small - to apply what you learned today?

**Note that specific is important for actual life change. For example, "I'll be more loving" is pretty broad. A group leader could respond with, "Hey, that's great! Who's the first person you're going to start showing more love to and how?" That moves things to the specific and increases the likelihood of action.*

Close:

Pray: Allow each person to share at least one prayer request. Prayer is to be of personal nature, not about someone else.