



Suggested Packing List for Girls:

Clothing:

- 4 -6 skirts (long enough to cover the knee)
- 10 shirts – sleeves must be close to elbow
- 2 sweaters/sweatshirts
- Comfortable clothes for hiking
- Clothing for messy activities
- **White t-shirt for Tie Dye!**
- 3 pairs of pants/leggings for under skirts for hikes.
- Water shoes
- Sneakers
- 8 pairs of socks
- 10 sets underwear
- 2 sets pajamas
- Swimsuit
- white shirt for pool if bathing suit is sleeveless (This is to minimize burning. If your daughter wears a swimsuit with sleeves, no need for shirt. Shirt must be white. If it is a swim shirt, any color is fine)
- Hat
- Bathing cap
- FACE MASKS (1 Package- recommended)

Additional Items:

- Weekday and Shabbat siddur
- Chumash
- Small knapsack for hikes
- Laundry bag
- Kupat Holim card (mandatory!)
- Medications (when applicable)
- 2 x 1.5 liter water bottles
- Flashlight (optional)
- Money for snacks (no more than 250 shekels)

Red and blue clothing for Color War!

Shabbat clothes:

- Clothing for 2 Shabbatot
- Shabbat shoes/sandals

All girls will be going on an overnight camping trip. They will need:

- A sleeping bag
- A bag to pack their overnight things (NOT the bag they will use for hikes)

Toiletries:

- 2 bath towels
- 1 face towel
- Toothbrush
- Toothpaste
- Hairbrush
- Soap
- Shampoo
- Mosquito repellent
- Sunblock cream
- Deodorant
- Sanitary Products
- Hand sanitizer (suggested)
- Lice comb

Laundry:

Campers who wish to use the laundry service - please mark your garments clearly with the camper's name and bring money for laundry services. The cost of 1 kilo laundry is 15 NIS.

If your camper prefers to wash the clothes manually, please bring detergent. If necessary, the counselors will instruct and assist the campers with the laundry.

LABEL ALL ITEMS WITH LAUNDRY SAFE PEN