



Suggested Packing List for Girls

Clothing

- 6-8 skirts (long enough to cover the knee)
- 10 shirts (sleeves must be close to elbow)
- 2 sweaters/sweatshirts
- Comfortable clothing for hiking
- Messy clothing for art
- 3 pairs of pants/shorts for under skirts for hikes
- **White t-shirt for Tie dye!**
- **Swim shirt or white t-shirt for pool**
- 2 swimsuits
- Water shoes- must have straps like shoesh
- Sneakers
- 8 pairs of socks
- 10 sets of underwear
- 3 sets of pajamas
- Hat

Shabbat Clothes

- Shabbat clothing for 3 Shabbatot
- Shabbat shoes/sandals

Suggested Items

- Red and Blue clothes for color war!
- Costume stuff for dress up days

**ALL ITEMS SHOULD BE LABELED
WITH THE CAMPERS NAME IN
LAUNDRY SAFE INK!**

Additional Items

- Weekday and Shabbat Siddur
- Small knapsack for hikes
- Laundry Bag (labelled with name!)
- Kuppat Cholim Card (mandatory)
- Medications (when applicable)
- **Spare pair of glasses** (when applicable)
- **Sport string for glasses** (when applicable)
- 2 x 1.5 liter water bottles
- Flashlight (optional)
- Safety pins
- Money for snacks (no more than 250 shekels)
- Laundry marker (suggested)

Toiletries

- 3 bath towels
- 2 face towels
- Toothbrush
- Toothpaste
- Hairbrush
- Shampoo/Conditioner
- Soap
- Mosquito Repellant
- Sunblock
- Deodorant
- Sanitary products
- Lice Comb
- Tweezer