



Miami J® Select Competency Course

Presented by Össur Global Academy

# Learning Objectives

After completing this course, you will be able to:

1. Properly size the Miami J Select collar
2. Snug the collar up for good fit and optimal immobilization
3. Secure the tamper-resistant locking mechanism
4. Accurately provide instructions for pad washing and skin care





# Miami J<sup>®</sup> Family



From the makers of the clinically proven Miami J<sup>®</sup>, Össur Miami products are built with decades of experience in design and continuous input from clinical experts. From the brand you trust, Miami Spinal Solutions provide intended spine-immobilization with the best possible comfort and compliance, and simplified adjustability without compromising immobilization, fit or performance.



Miami J<sup>®</sup> /  
Miami Jr<sup>®</sup>



Miami JTO<sup>®</sup>



Miami TLSO<sup>™</sup>

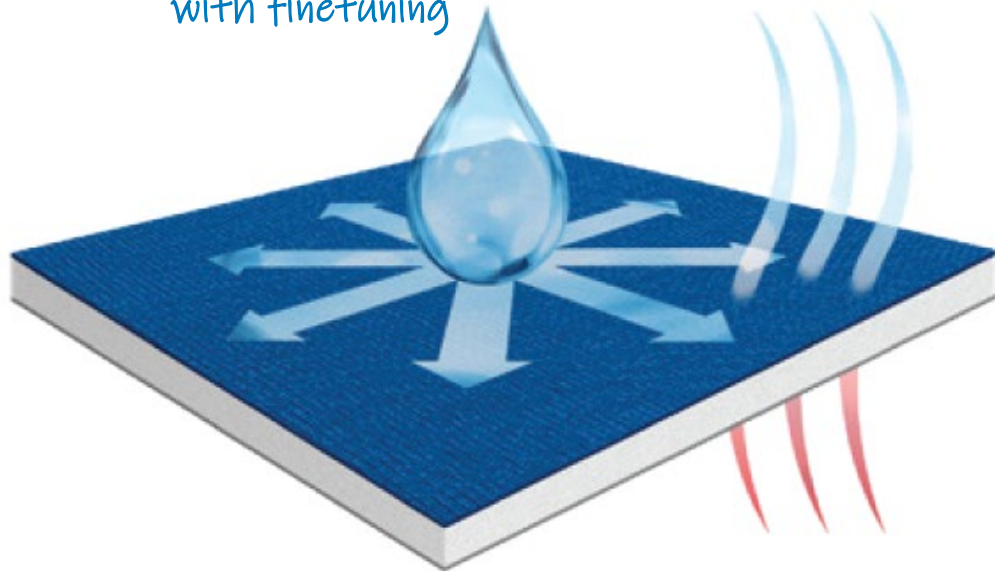


Miami LSO<sup>™</sup>

# The Miami J Select: Overview

1. Locking compliance mechanism  
'Left to Lock'
2. Sorbatex™  
*Reduces bacteria by over 99%*

*with finetuning*



# Keys to Success

1. Size it up!
2. Snug it up!
3. Secure it up!
4. Skin care

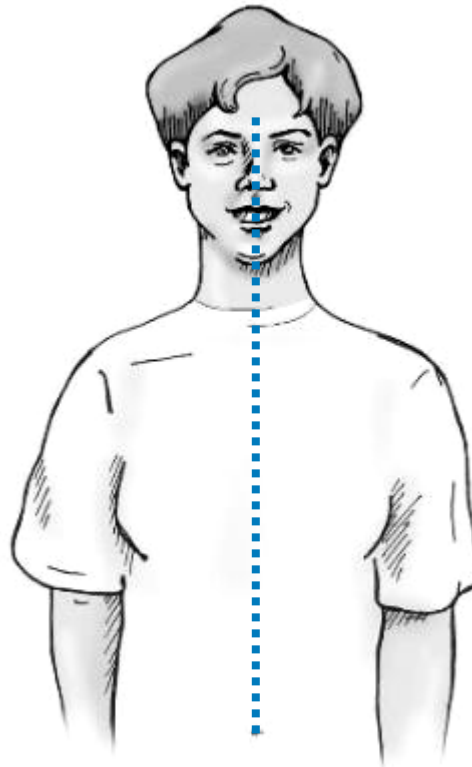


## Application: C-Spine Precautions

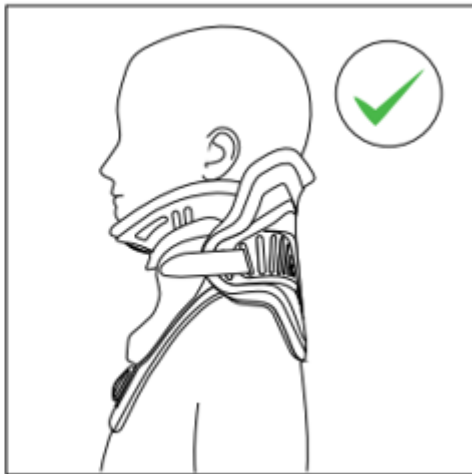
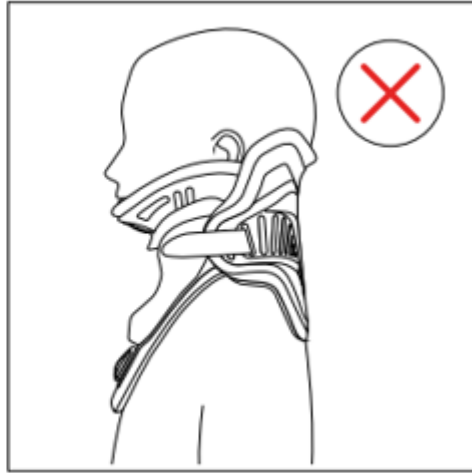
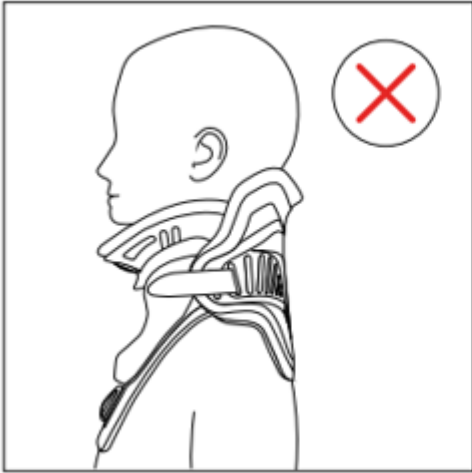
Applying the collar requires **2** people:

*holds the head*      *sizes and applies collar*

- Remove pillows
- Arms to the side
- Shoulders down
- Head aligned centrally



# Snug It Up



- ☐ Thumb through trachea hole
- ☐ Fingers on sides of collar front
- ☐ Curl and wrap
- ☐ Overlap back over front
- ☐ Secure straps
- ☐ Alternate re-tightening



## Secure It Up





# Sternal Relief



Right to Release

# Reproducible Fit Tabs



# Final Fitting Checklist

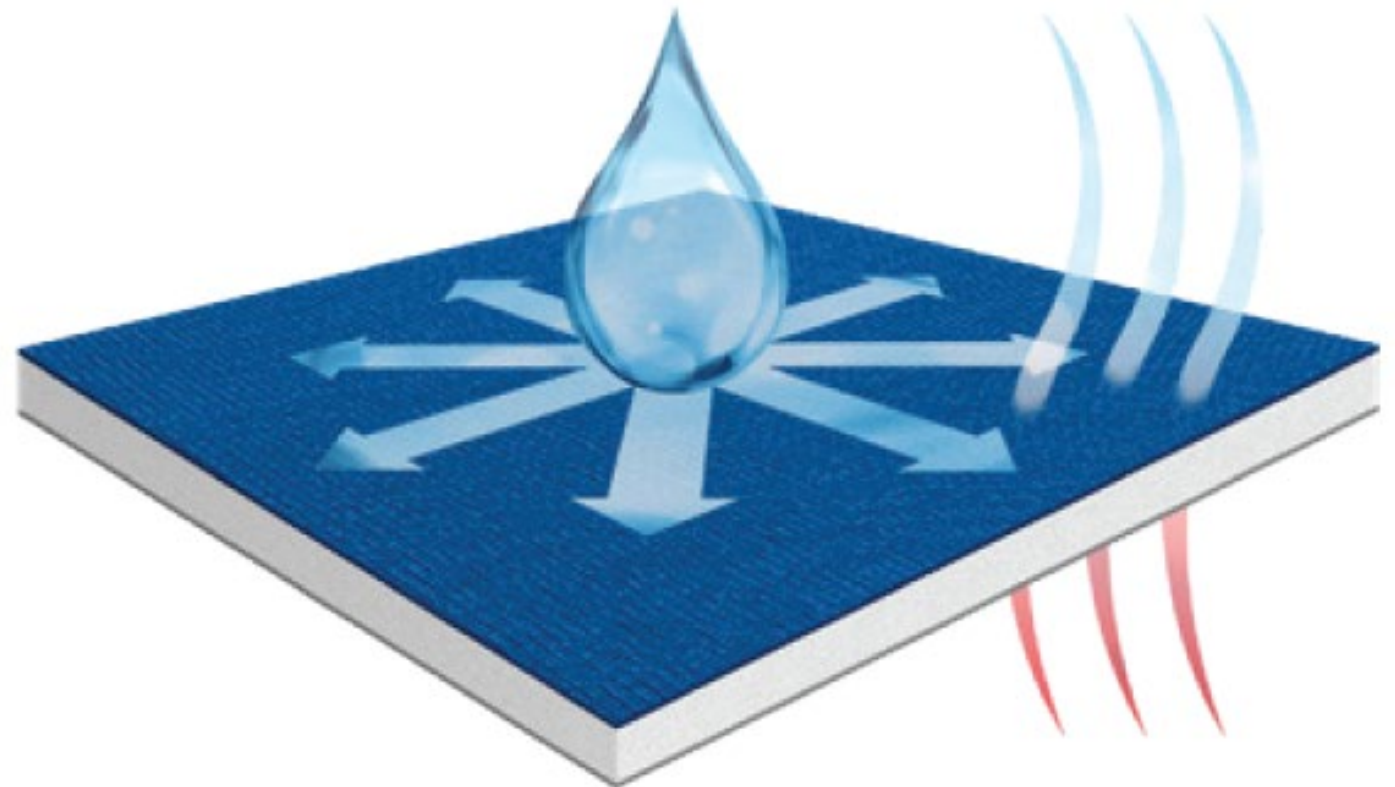
- ☐ Check for “finger” gap
- ☐ Front angled up toward ears
- ☐ Collar extends mandible to sternal notch
- ☐ Chin centered, not extending over padding nor inside collar
- ☐ Straps aligned straight & same length
- ☐ Sides of back overlap sides of front
- ☐ Tracheal opening and posterior vent midline
- ☐ No plastic touching skin
- ☐ Sorbatex™ pads extend beyond plastic edges



SilverPlus > 99% reduction of bacteria

33% faster drying time than cotton/foam

Durable

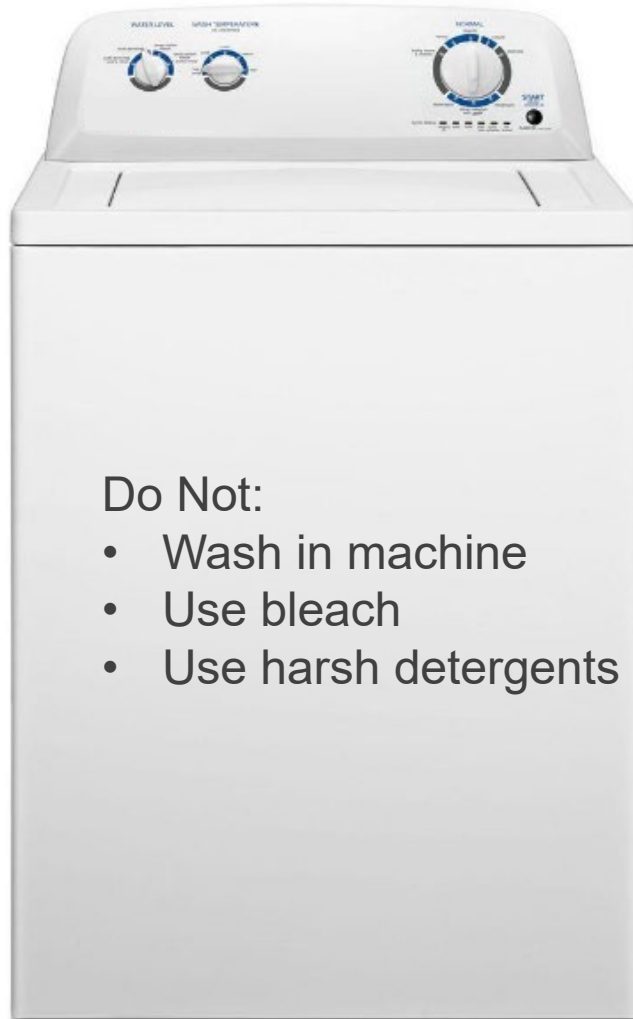




# Skin Care



# Cleaning Instructions



Do Not:

- Wash in machine
- Use bleach
- Use harsh detergents



# Occian® Back: Indications

Multi-system ICU trauma patients:

- Not awake within 24 to 48 hours
- Pre-existing skin injuries or lacerations
- Burn patients
- Elective surgery patients



Click to view the study abstract.



# Documentation



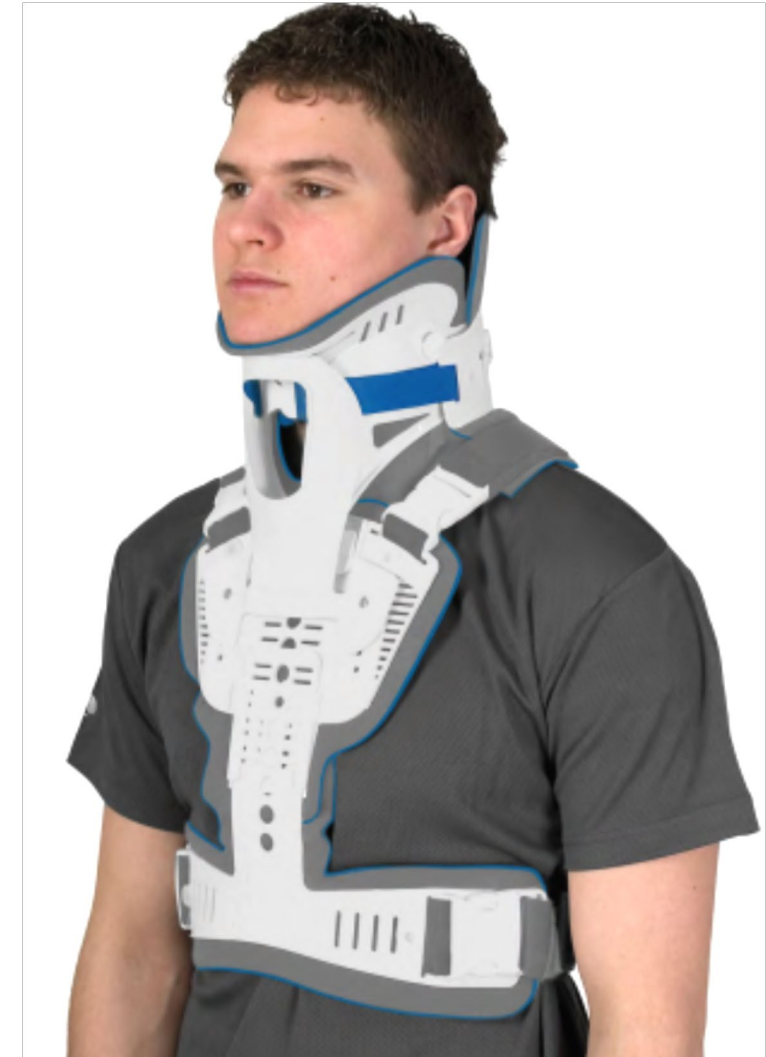
- ☐ Skin care and pad replacement
- ☐ Skin integrity under collar & action taken
- ☐ Size and fit of collar
- ☐ C-spine radiological and clinical clearance



# Ordering Information

Description	Size	Part Numbers
Miami J Select Collar Set	One-size adjustable (Universal)	MJSR-101
Miami J Select Collar	One-size adjustable (Universal)	MJS-101
Miami J Select Replacement Pads	One-size adjustable (Universal)	MJSP-101
Miami J Select Tabs Rep Fit - 10pk	One-size adjustable (Universal)	MJST-101

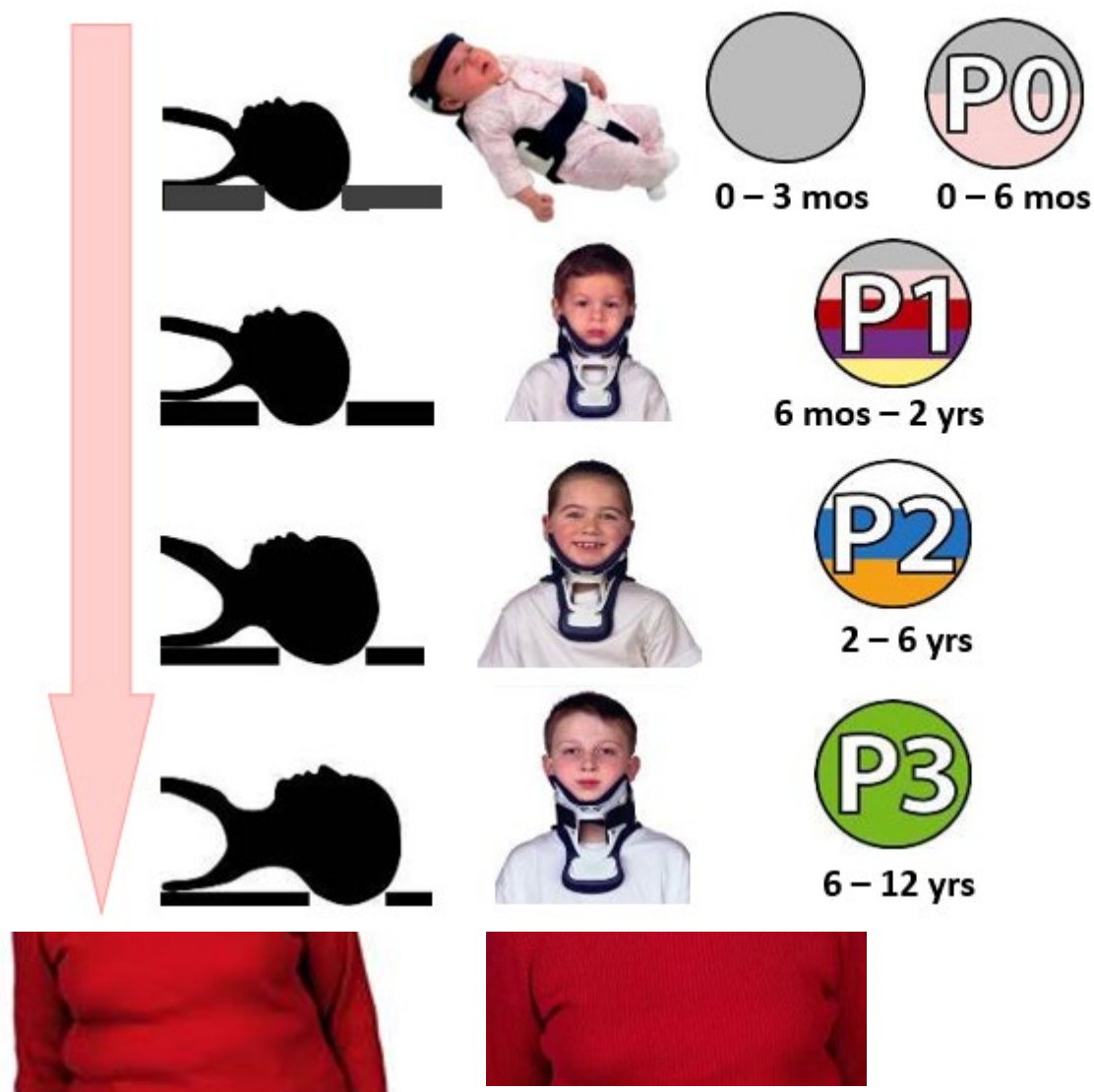
Description	Part Numbers
Occian Back	ACB-100
Miami JTO Extension	MTR-900



# Unique Anatomies

## Bariatric

neck circumference



### Simple Sizing:

- Age
- Broselow-Luten



# Patient Education



- ✓ Blue is You
- ✓ Left to Lock
- ✓ Right to Release
- ✓ Ease of Use



# Summary

Let's review:

1. Size it up!
2. Snug it up!
3. Secure it up!
4. Skin care





WE IMPROVE PEOPLE'S MOBILITY

