



ÖSSUR BRACING
THROUGH
TELEHEALTH:
PRACTITIONER GUIDE

HOW TELEHEALTH WORKS

Telehealth is the distribution of health-related services and information via electronic information and telecommunication technologies. It allows long-distance patient and clinician contact, care, advice, reminders, education, intervention, monitoring, and remote admissions.

Please refer to the telehealth end-user guide for how-to-measure information and Zoom download instructions



Knee Bracing Documentation Two Potential Paths:

- Recent injury or surgical procedure: Requires your documentation show that the patient has had a recent (30 days or less) injury to, or a surgical procedure on, the knee(s).

OR

- Ambulatory and Knee Instability: Requires your documentation show that the patient is ambulatory and has knee instability*. Your examination of the patient and your objective description of joint laxity (e.g., varus/valgus instability, anterior/posterior Drawer test) are required.

*While signs of gross or high-level laxity may not be present in conditions such as Osteoarthritis or Patellofemoral Syndrome, positive objective evaluation signs certainly are correlated with common patient symptoms of instability and functional limitation. While most clinicians document the chief complaint or symptoms of the patient, many records are deficient of corroborating objective criteria which is required by Payers including Medicare. Possible suggestions for documenting knee Instability and laxity during a telemedicine evaluation include:

- Document patient symptoms indicating knee instability,
- View and describe varus/valgus alignment remotely via video application,
- Screen capture to document deformity in medical record, and
- Document that in-person testing not possible due to COVID-19.

Responsibility for accurate documentation and coding lies solely with the provider treating the patient. Össur assumes no responsibility or liability for the provider's documentation and coding decisions. Ultimate responsibility for correct coding and documentation lies with the supplier submitting the claim.

Össur Bracing Options With Telehealth

Össur has an extensive portfolio of bracing and supports products. These knee products below have been carefully selected since they are easy to fit remotely.

Formfit® OA Wraparound/ Formfit® OA Ease

The Form Fit OA Wraparound is a low-profile option for patients with mild to moderate unicompartmental knee osteoarthritic symptoms.

- Patients who prefer a wraparound design
- Patients with dexterity or cognitive issues
- Low to medium contact/impact



[FITTING VIDEO](#)

Formfit® Pro Knee OA

Össur Formfit® Pro Knee OA is a unique, compressive knee sleeve with a Dynamic Force Strap system, designed to provide pain relief from the early stages of osteoarthritis.

- Lightweight CoolVent™ knit in popliteal area for added breathability and comfort
- Patented FoldLock™ system for easier and more secure application
- Sports-compatible StayBilizer™ hinge made from light, flexible EVA material for optimum shape and fit



For osteoarthritis and other knee conditions which may benefit from unloading and/or compression.



[FITTING VIDEO](#)

Formfit® Tracker

The Formfit® Tracker knee brace provides comfortable patella realignment plus lightweight breathability that feels great against the skin during workouts



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Other Available Össur End-User Fitting Videos

For a full list videos, including practitioner fitting videos, please visit [Össur Academy on YouTube](#).

Unloader One® X



Unloader One® with SmartDosing



Unloader® Hip



Rebound® DUAL



Rebound® DUAL ST



Miami LSO™



Miami J® Select



Formfit® Ankle



Formfit® Shoulder Brace with Abduction



Formfit® Wrist



Formfit® Hinged Knee Wraparound





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