13 Admirable Character Traits of Rabbi Salanter

TRUTH: Out of our mouth no word shall spew, when our heart knows that word is untrue

ALARCITY: Since time wasn’t given for us to abuse, each minute of life we’ll put to good use.

DILIGENCE: Any project we’ve set for ourselves to do, until it’s completed, our efforts must continue.

RESPECT: Every person is entitled to his dignity; therefore, we’ll interact respectfulliy.

TRANQUILITY: Smooth like the lake, not churning like the sea, when we act, our actions will be done calmly.

PLEASANTNESS: Gentle and soft speech should be the tone of our voice. Yelling and screaming is clearly the wrong choice.
CLEANLINESS: In order to be a vessel where Kedusha can be secure, our bodies and clothing will be kept clean and pure.

FORBEARANCE: We’ll bend our heads and accept even the bitterest blows, accepting that what is good for us, only Hashem knows.

ORDER: To bring order to what we do and what we say, “First things, first” will be the motto of the day.

HUMILITY: We know our faults and what’s wrong with us, but about the faults of others, we’ll make no fuss.

JUSTICE: Of what constitutes wronging others we are aware, so that we’ll conduct our dealings in manners that are fair.

THRIFT: Money will be used wisely, not frittered away. Control of our resources will make our wealth stay.

SILENCE: Silence is better than a babble of nonsense, so we’ll think twice before uttering any sentence.
One of the main pillars on which the existence of the world depends is the extra piety of engaging in activities of Chessed-Kindness and generosity whenever possible, and never to cause harm or pain to another person or even an animal.