



SELECTING (BORER)

Definition of food and waste (continued)





HALAKHIC OVERVIEW

178

SELECTING (BORER)

Peeling fruit and vegetables Why is it permitted to peel fruit and vegetables on Shabbat? There is no other way to reach Very often the peel An attached The peel is not A peel that is fit the fruit, and therefore peeling peel is not considered for consumption is removed together with a small amount is considered the manner of included in to be is considered eating it (Beur Halakha). the prohibition of the fruit, and it is intermingled the same type of Selecting with the as the fruit (Peri similar to removing ¥ (Rabbeinu fruit (Arukh Megadim; Mishna waste with some Hananel). HaShulhan). Berura; Eqlei Tal). of the food. One may rely on this reasoning only when peeling for immediate consumption, by hand or with According to these opinions, this is not an act of Selecting at all, and it is permitted to a knife, but not with a peeler. That is what one should do peel them even with a peeler, and even if one is peeling them for later consumption. One may be lenient in this manner with regard to a peel that people typically eat. with regard to peels that are not typically eaten (orange, egg, carrot, or the like). The definition of "immediate" Selecting while eating Even when selecting food from waste, one should select Hazon Ish: It is prohibited Mishna Berura (based just before eating. If the selecting is for a meal, one may to select the bones on the Ramban): Those select before the beginning of the meal, even though the from fish, even if it is who are lenient and allow item will be eaten only several hours later. It is permitted to done while eating. It is removing bones from the conclude the selecting a little before the meal, at the time permitted: (1) To remove fish and the like while when people typically finish preparations for the meal. a bone from one's mouth. eating have authorities on whom they can rely, as this (2) To remove a bone from the fish, suck some of is "the manner of eating," the fish stuck to it, and and some permit doing so dispose of the bone. (Ben Ish Hai and others). One should not select more than the required amount, but it is permitted to select a greater amount if there is a possibility that it will be used. (Some are lenient with regard to selecting for Many have the custom to eat gefilte fish in guests an amount of food greater than they are expected to eat.) order to avoid problems of Selecting. The definition of "by hand"

If the utensil facilitates the selecting, it is considered a utensil and it is prohibited to select with it. But if the utensil does not facilitate the selecting, rather the person uses it only to avoid dirtying hands or because the food is hot, there is no prohibition.

HALAKHIC OVERVIEW





