



REFER TO THE ESSAY ON SAVLANUS TO DISCUSS THE FOLLOWING IDEAS

• How do negative commandments enhance positive commandments? How can seemingly opposite forces work together?

TOPICS TO TALK ABOUT-REFER TO TMI BOOKLET FOR MORE

Daily Dose #3:

The Mitzvah of Orlah, which forbids the usage or consumption of fruits from a tree in the first three years of it's life, is a lesson in patience. One cannot just immediately eat from a tree but has to wait until it is fully developed. As a reward for that, the year you are finally able to eat from it, will be a year of surplus. What does this teach us about patience and instant gratification and what waits for us if we wait?

• Everything we create, even with our muscle and sweat, is still from Hashem and reserved for him. In what other ways do we reserve our physical consumption for Hashem?

Daily Dose #7:

The following verse from Hoshea explains why Hashem has forgiven us time and time again even though we may not have deserved it. It says:

<u>הושע פּרק יא פּסוק א</u> (א) כָּי נָעַר יִשְׂרָאֶל וָא<u>ׂה</u>ָבָהו

For Israel is a child and I fell in love with them.

Hashem is our father and like any father who loves his children, Hashem is patient with us even if we were to sin. How could we emulate Hashem and be patient with those who may not deserve it?

• As parents unconditional love is an important element in our relationship with our children. What are some ways to balance the constant reenactment and finding patience and foresight to steer them in the right direction.

Daily Dose #10:

They say at the Mir Yeshiva in Yerushalayim that the best place to work on character development in during lunch. The Yeshiva is the home to thousands of students and to be able to wait instead of pushing to the front to get food is the greatest display of control that someone could have over their desires. When is it hard for you to have control?

- Sometimes as parents we have the power to "skip the line." There is a fine line between a child giving honor to their parents and parents supporting their children's needs over their personal preferences and desires.
- When the stakes are high, how do we as parents control the mood?

Daily Dose #18

The Gemara (Taanis 20b) says that the secret to the longevity that Rav Ada Bar Ahavah had was his patience. How does this make sense in the context of reward and punishment, but also in the context of scientific truths and health?

• What about patience will help you with your health?

RECOMMENDED READINGS TO EXPAND YOUR JEWISH HOME LIBRARY

- Just Love Them, Yisroel Besser
- Patience, Rabbi Pliskin