

YEMEI RATZON

WEEK BY WEEK JOURNAL FOR SELF-REFLECTION & TESHUVAH

SUNDAY • SEPTEMBER 24 • 9 TISHREI • EREV YOM KIPPUR

*Besides money, what are areas in which you can be more flexible/generous?*

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*Action plan*

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TUESDAY • SEPTEMBER 26 • 11 TISHREI

*Write about a time when you supported someone else's growth or helped them overcome a challenge. How can you continue to be a source of support and encouragement?*

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*Action plan*

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WEDNESDAY • SEPTEMBER 27 • 12 TISHREI

*What is the best way to give tzedaka, and what should be our attitude about giving? How can we become naturally generous people?*

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*Action plan*

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THURSDAY • SEPTEMBER 28 • 13 TISHREI

*Think about a time when you witnessed an act of kindness and generosity towards someone else. How did it make you feel, and what lessons did you learn from that experience?*

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*Action plan*

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FRIDAY • SEPTEMBER 29 • 14 TISHREI

*Reflect on the connection between Tzedakah and personal growth. How can acts of giving and generosity contribute to your own development and sense of purpose?*

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*Action plan* \_\_\_\_\_

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