



SCHEDULE

Tuesday July 19

8:30AM	Registration	LOBBY
8:45–9:45AM	Breakfast and Opening Remarks <i>Rebbetzin Dr. Adina Shmidman, Founding Director, OU Women's Initiative</i>	CROWN BALLROOM
10:00–10:50AM	Keynote Looking at The State of Mental Health and the Importance of Women's Roles <i>Mrs. Debbie Fox</i>	HARTFORD
11:00–11:50AM	SESSION 1 Option 1: Anxiety, Depression, Attention and Trauma: Emotional Challenges in the Educational Environment OC <i>Dr. Rona Novick</i> Option 2: Good to the Last Drop? Protecting Oneself from Compassion Fatigue RKOC <i>Rabbi Larry Rothwachs, LSW</i>	JP MORGAN NATHAN HALE
12:00–12:50PM	SESSION 2 Option 1: The Bearer of Difficult News: How to Tell People What They Don't Want to Hear C (administrative roles) <i>Dr. Rona Novick</i> Option 2: Panel Discussion: Spotting and Navigating Issues of Confidentiality and Disclosure and Understanding their Implications RKOC <i>Rachel Sims, Esq./ Ms. Debra E. Schreck/ Dr. Jessica Kalmar</i> Option 3: Identifying Red Flags and Warning Signs of Mental Health Issues When Working with Kallahs RKOC <i>Mrs. Debbie Fox</i>	JP MORGAN HARTFORD ETHAN ALLEN
1:00–2:15PM	Lunch <i>Divrei Chizuk and Remarks: Rabbi Moshe Hauer</i>	CROWN BALLROOM
2:30–3:20PM	SESSION 3 Option 1: How to Empower Women to Foster Financial Health RKC <i>Mrs. Shanna Lehmann Wolf</i> Option 2: Confronting Society's Evolving Attitudes Towards LGBT: In Search of a Torah-Informed Approach RKOC <i>Rabbi Larry Rothwachs, LSW</i> Option 3: Jewish Communal Life and Leadership and Eating Disorders RKOC <i>Dr. Sarah Roer</i> Option 4: Where Cancer and Being Frum Intersect: Meeting the Needs of Community Members Facing Cancer (Certificate Training Part 1) RKO <i>Ms. Melissa Rosen</i>	JP MORGAN NATHAN HALE HARTFORD ETHAN ALLEN

Next to each session you will find the following key which highlights who the session is geared towards:
K Kallah Teacher **C** Chinuch professional **R** Rebbetzin **O** Outreach (Kiruv professional)
 This key is a guide. Please join the session of your choice.



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Tuesday July 19

4:30–5:20PM	<p>SESSION 4</p> <p>Option 1: Helping Others Through Grief, Trauma, and Loss R K O C <i>Mrs. Zahava Farbman, MSW</i></p> <p>Option 2: Myths and Realities: How to Support Women in Understanding Sexual Concerns and Challenges R K O <i>Dr. Suri Halpern</i></p> <p>Option 3: When Mental Health Gets in the Way of One's Journey to Observance R K O C <i>Rabbi Dr. Tzvi Hersh Weinreb</i></p> <p>Option 4: Perinatal Mental Health R K O <i>Mrs. Carly Chodosh, MSS, LSW</i></p> <p>Option 5: Where Cancer and Being Frum Intersect: Meeting the Needs of Community Members Facing Cancer (Certificate Training Part 2) R K O <i>Ms. Melissa Rosen</i></p>	<p>HARTFORD SOUTH</p> <p>NATHAN HALE</p> <p>HARTFORD NORTH</p> <p>JP MORGAN</p> <p>ETHAN ALLEN</p>
5:30–6:30PM	<p>RESOURCE FAIR</p> <p>Meet with representatives from national organizations serving as resources for you and your communities. (<i>List of organizations on page 16</i>)</p>	<p>STATE BALLROOM</p>
5:45–6:30PM	<p>Shiur: Drinking from Miriam's Well: Lessons in Leadership <i>Mrs. Shira Hochheimer</i></p>	<p>ETHAN ALLEN</p>
6:30–7:00PM	<p>BREAK</p>	
7:00–8:00PM	<p>Dinner <i>Divrei Chizuk: Rebbetzin Slovie Jungreis Wolff</i></p>	<p>CROWN BALLROOM</p>
8:30–11:00PM	<p>Evening Program</p>	
8:30–10:00PM	<p>Papercutting <i>Mrs. Dena Levie</i></p>	<p>STATE BALLROOM</p>
9:00–11:00PM	<p>Pool and Fitness Room/Women's Hours</p>	



SCHEDULE

Wednesday July 20

8:15–9:15AM	Breakfast and Opening Remarks	CROWN BALLROOM
9:30–10:40AM	SESSION 1 Option 1: Preparing and Securing Today's Married Couples R K O C <i>Rabbi Dr. Ari Sytner</i> Option 2: Substance Use and Addiction: Understanding How to Support Our Community R K O C <i>Mrs. Lianne Forman</i> Option 3: What Every Community Leader Should Know About Domestic Abuse (Certificate Training Part 1) R K O C <i>Dr. Shana Frydman</i>	HARTFORD JP MORGAN ETHAN ALLEN
10:50AM–12:00PM	SESSION 2 Option 1: Preparing and Securing Today's Married Couples R K O C <i>Rabbi Dr. Ari Sytner</i> Option 2: Destigmatizing Substance Use and Addiction: Understanding How to Support Our Community R K O C <i>Mrs. Lianne Forman</i> Option 3: What Every Community Leader Should Know About Domestic Abuse (Certificate Training Part 2) R K O C <i>Dr. Shana Frydman</i> Option 4: My Journey from Daughter of a Former Methodist Preacher to <i>Mishpacha Magazine</i> Columnist R K O C <i>Mrs. Alexandra Fleksher</i>	HARTFORD JP MORGAN ETHAN ALLEN NATHAN HALE
12:15–1:15PM	Lunch <i>Remarks: Mr. Moishe Bane</i>	CROWN BALLROOM
1:30–2:30PM	SESSION 3 Option 1: Supporting Singles and Their Families: What You Can Do to Help R O C <i>Mrs. Alexandra Fleksher/ Ms. Shoshana Sturm/Rebbetzin Dr. Efrat Sobolofsky</i> Option 2: Everything I Wish the Kallahs Learned: A View from a Mikvah Administrator K <i>Mrs. Carly Chodosh, MSS, LSW</i>	HARTFORD ETHAN ALLEN
2:45–3:45PM	SESSION 4/PLENARY So What, Now What? <i>Rabbi Dr. Josh Joseph</i>	STATE BALLROOM
3:50–4:30PM	SESSION 5/PLENARY Destigmatizing Mental Illness in our Communities: An Agenda for Change <i>Dr. Jessica Kalmar</i>	STATE BALLROOM
4:30–4:45PM	Closing Remarks <i>Rebbetzin Dr. Adina Shmidman</i>	STATE BALLROOM

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