



Navigating Mental Health Issues Manifested at the Mikvah: Small Group Discussion Questions

In your group discuss the scenarios you were given, decide on a “best practice approach” for each of the scenarios.

In addition, consider the following questions:

1. Is there anything that would make it difficult to utilize the approach that you considered?
2. Have you encountered similar situations in the past? How did you handle those situations? Would you handle them differently now?