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לרפואה שלמה ליונינה סימה בת דפנה הינדה ולפצועי צה"ל בתוך שאר חולי ישראל. נינה וחיים שנקר ~

Tehillim 108

Mrs. Hyndi Mendelowitz

Today we'll be studying ספר תהילים פרק, chapter 108. Many of the words in this perek of Tehillim are an exact replica of verses in פרק and in o פרק, chapter 57 and 60.

The רד"ק places this in context and explaining that the earlier chapters referenced Dovid's flight from Shaul and his conquest of ארם, the personal experiences in Dovid's life. This perek takes the same words, but with a new meaning, applied again to the national adventure of כלל as a whole, משיח as a whole, לעתיד לבוא, when the מלך המשיח who will continue the role of Dovid in leading the Jews to conquest and to victory. What we'll find is almost identical words, but a deeper, more complete message of victory, of 'ה די ה' The message, as it was in Dovid's personal life, and always remains, until we reach that final chapter at the end of the national story, of the futility of man's efforts and of Dovid's awareness, and the awareness of course that he grants to all of us, of conquest, of victory, of triumph, of success, for the nation and for me myself, coming only ever from הקדוש ברוך הוא

Dovid begins with the formula, פסוק א:

(א) שָׁיר מִזְמָוֹר לְדָוִד:

"A Song, a Psalm of David."



שיר and מזמור when placed together- this is pleasing for the musical souls amongst uschildren of Dovid, all of us of course, spiritually speaking, musically speaking. שיר refers to the lyrics, to the actual words that are composed by Dovid. מזמור will always refer to the tune, to the musical accompaniment that was composed to perfectly fit the message of the.

(ב) נָכָוֹן לָבֵּי אֱלֹקִים אָשִׁירָה וַאֲזַמְּרָה אַף־כָּבוֹדֵי:

"My heart is steadfast, O God. I will sing, yes, I will sing praises, even with my glory."

נכון לבי, my heart is steadfast, my heart is steady, הקב"ה. In the words of the גלות, רד"ק, the הקב", my heart is steadfast, my heart is steady. הקב"ה. In the words of the עכון לב, the seems interminable, and the troubles continue, changing shape, changing character. The enemies move on, but the new ones come. But the אמונה is steadfast, is unchanging. נכון לב bovid speaks of his ability to sing because of the fact that his heart is נכון.

The מלבי"ם mentions that during his flight from Shaul, the light of Dovid's נשמה was dimmed. He was withdrawn. Many of us in places of trouble, besides the actual situation we're facing, are frustrated by the change to ourselves, to our personality, to our ability to feel that "I am being my fullest me, because I'm so shackled or limited by my circumstances."

In this perek, which speaks of the ultimate redemption, when the threat was removed, the full force of Dovid personality could burst forth, and thus he could compose a שיר. This is the song of our ability to be most fully us, for our inner self to burst forth to sing, unlimited by circumstances which would quiet us.

And as Rav Shimshon Raphael Hirsch puts so beautifully, the order here is not necessarily "because my heart is steadfast, therefore I can sing." But Rav Hirsch gives us the flipside"Because of the song that pours forth from my soul, says Dovid, נכון לבי, my heart feels strong."
It's the song itself that gives me strength, that bolsters my אמונה. Which of course, when we sing the songs of Dovid, that's part of the point.

We sing these songs with which Dovid fortified his own נכון לבי and got to a place of נכון לבי, with the hope that we can borrow this, with the hope that singing these songs, we get to a place of אמונה, a place of my heart being solid and steadfast, with my אמונה unchanging.

(ג) עוּרָה הַנָּבֶל וְכִנּוֹר אָעִירָה שָּׁחַר:

"Awake, psaltery and harp; I will awake the dawn."



עורה הנבל, awaken, and speaking to the various musical instruments, הנבל והכינור, awaken, at dawn. Dovid contrasts himself, as the אעירה שחר tells us, quoted by there, other kings will slumber soundly. They sleep not just through the night, but into the morning; a king can stay in bed. Contrast this to Dovid HaMelech, who had that harp hanging over his bed that was strummed in the middle of the night by the wind, and he was awakened before the sun came up. At midnight, the north wind blew and caused the harp to play by itself, whereupon Dovid would waken in the middle of the night and compose and sing songs to הקדוש ברוך הוא ס

And so says Dovid, אעירה שחר, I awaken at dawn. Dawn, of course, always refers, or the pre-dawn, to that darkest part of night. And as the ילקוט אליעזר points out, Dovid can sing even before the ביטחון. His ביטחון is strong. When the rest of the world seems dark and everybody is asleep, sleeping with their troubles, sleeping with their pain, Dovid HaMelech awakens beforehand and knows that the morning will come.

(ד) אוֹדָהָ בָעַמִּים וֹ יִקְוָק וַאֲזַמֶּרְרָ בַּלְאָמִּים:

"I will give thanks to You, Hashem, among the peoples; and I will sing praises to You among the nations."

אודך בעמים, again, this is referring to the future. In the future, says Dovid HaMelech, I will thank you in public amongst all peoples and sing to you amongst the nations. And in those days in the future, when the נשמה is unshackled, when we are unlimited by our troubles, then we will be able, looking back, to thank הקדוש ברוך הוא for the troubles we had, for the joys we had.

In other words, in the hindsight of the גאולה, we'll be able to thank publicly for everything that happened, for every chapter. Because then we will see that there wasn't good or bad, but there were only the stations on the way that got us to this point.

(ה) כִּי־גָּדָוֹל מֵעַל־שָׁמַיִם חַסְדֶּךְ וְעַד־שְׁחָקִים אֲמִתֶּךְ:

"For Your mercy is great above the heavens, and Your truth reaches to the skies."

Because your chesed, הקדוש ברוך הוא, is above the very heavens, further than the heavens, and until the very highest heights is your truth.

The רד"ק compares, again here we have the almost identical pasuk. Here we see, כי גדול מעל שמים the דסח of הקדוש ברוך הוא goes above the heavens. Whereas, in perek 57:11 it says, בי־גָּדְל" "עַד־שָׁמֵיִם חַסְהֵּךְ וַעַד־שְׁחָקִים אֲמְתָּרָן. The דסח was ע**ד שמים**, only until the heavens. Great



סח, somewhat more limited. The פרק נז says, כד"ק was speaking of the personal chesed אברוך הוא had done for Dovid. The personal דסח, because of circumstances, was limited. But the דסח to כלל ישראל that will pour forth upon us, to which we will be graced in the days of author will be unlimited; מעל שמים, beyond the heavens.

עד שחקים אמיתך but אמת, identical in פרק נז and here, it is עד שחקים אמית. Whereas דסח can grow, remains the same. Truth is eternal. Kindness, overflow, can be exercised and felt to varying degrees. There are days when I perceive Hashem's kindness and love more, and days when I say, 'ה, where are you? But the אמת, which is the belief that this is all the divine calculation of אמת, this is all straight, this is all good; that is unchanging. Whether personally or nationally, the אמת is eternal.

(ו) רְוּמָה עַל־שָׁמֵיִם אֱלֹקים וְעַל כָּל־הָאֱרֶץ כְּבוֹדֵךְ:

"Be exalted, O God, above the heavens; and Your glory above all the earth."

While in גלות, while in exile, גלות as a nation are downtrodden, are persecuted, are oppressed. We don't necessarily see how exalted הקדוש ברוך הוא is. And so the plea here from Dovid again, referencing the days of Mashiach, רומה על שמים אלוקים, may you be exalted above heaven, by the very coming of משיח by the tremendous change that will take place in the status of Klal Yisrael. ועל כל הארץ כבודך, and all the world will see that things are different, that this is the glory of God.

(ז) לְמַעַן יֶחַלְצְוּן יִדִידֵיךָ הוֹשִּׁיעָה יִמִינָךְ וַעַנַנִי:

"So that those who are dear to you, those who are beloved to you may be given rest. Let your right hand save and respond to me."

The ספורנו speaks of this pasuk relating to releasing Jews from captivity; those who are locked up, those who are behind bars, those who don't have freedom. The ספורנו says that refers to those most close to קדוש ברוך, his strength, his right, the תלמידי חכמים. Free them immediately- our teachers, our guides, so they can begin to teach us the תורה we so sorely need to hear, so they can lead us and guide us with the wisdom that we need.

(ח) אֱלֹקיםוּ דָּבֶּר בְּקָדְשׁוֹ אֶעְלֹזָה אֲחַלְּקָה שְׁכֶם וְעֻמֶק סֻכּוֹת אֲמַדֵּד:

"God spoke in His holiness that I would exult, that I would divide Shechem, and measure out the valley of Succoth."



הקדוש ברוך הוא had spoken from His place of קדושה, from His sanctity. אעלוזה אחלקה שכם ועמק סוכות אמדד I would exalt and I would divide a portion.

The נתן הנביא when he spoke to Dovid, promising him in Sefer Shmuel, (שמואל ב ז:יא-טז"). The promise of והניחותי לך מכל אויביך...ונאמן ביתך וממלכתך עד עולם". The promise of הקדוש ברוך הוא to Dovid, that he would finally find peace from his enemies and establish a reign, establish a kingdom, that would last for eternity. If so, says He, it will come to pass, אחלקה שכם,

I will remove all discord, I will remove all boundaries.

רש"י parallels this to the national experience. In the future, as Dovid did in a limited way, Jews will inherit the land of their enemies, divide the territories evenly. The ספורנו refers to the situation in the world now as being one that's plagued with border disputes, with wars that are fought over territory. In the future, משיח himself will aportion and settle the lands, and there will be no more room for any discord, for any battles.

Again, referencing the change we'll experience בימות המשיח,

(ט) לִי גִלעַדוֹ לִי מִנַשֶּׁה וְאֶפְרֵיִם מַעוֹז רֹאשָׁי יִהוּדַה מִחֹקְקֵי:

"Gilead is mine, and Manasseh is mine. Ephraim also is the protection of my head; Judah is my scepter."

לי גלעד, historically, was a city of evildoers, it was a city of bloodshed. בימות המשיח, under his influence, it will be a tranquil city. לי מנשה ואפרים מעוז ראשי יהודה מחוקקי - Ephraim will be the stronghold, מלוכה of שבטים of מלוכה אלוכה of מלוכה of שבטים. Menashe, Ephraim, Yehuda- three משיח of משיח, they too will submit and humbly accept his rule.

(י) מוֹאָבוּ סִיר רַחְצִי עַל־אֶדוֹם אַשְׁלִיךְ נַעֲלִי עֲלֵי־פְּלֶשֶׁת אֶתְרוֹעָע:

"Moab is my washbasin; upon Edom I cast my shoe. Over Philistia I cry aloud!"

Here, Dovid refers to משיח conquering all those who were our traditional enemies. אדום will be the washbasin of Klal Yisrael. על אדום אשליך נעלי, and אדום, who has been our formidable enemy for a long and bitter גלות, will be locked up. עלי פלשת אתרועע, and I will shout at the who again, have been those who have oppressed and persecuted Jews throughout history. I will scream to fight them.

And then the rhetorical question, so to speak,



(יא) מֵי יֹבָלֶנִי עִיר מִבָּצָר מִי נָחַנִי עַד־אֱדְוֹם:

"Who will bring me into the fortified city? Who will lead me to Edom?"

Dovid, in answering his question says,

(יב) הַלְא־אֱלקים זְנַחְתָּנוּ וְלֹא־תֵצֵא אֱלקים בְּצִבְאֹתֵינוּ:

"Have You not, O God, cast us off? You do not go forth, O God, with our armies."

הקדוש ברוך הוא did you not forsake us? ולא תצא אלוקים בצבאותינו, and not go forward at the head of at the head. at the head of our troops?

And the רד"ק answers his own question, answers the question of Dovid- Dovid answering himself, with the understanding of רד"ק, of course- the same one who has led us to victory historically has never actually left us, has never actually forsaken us. But as הקדוש ברוך הוא helped us in the past, we can trust that he will continue.

(יג) הָבָה־לָּנוּ עֶזֶרָת מִצֶּר וְשָׁוְא תְּשׁוּעַת אָדָם:

"Give us help against the adversary; for vain is the help of man!"

הבה לנו עזרת מצר, grant us help against the oppressor; ושוא תשועת אדם, the lesson in Dovid life, the lesson of history, the message that will take us towards the ultimate geulah-it is הקדוש. Whether it's man's help, whether it is through diplomacy, whether it is through an arms deal, whether it is a superpower, whether it is the nation next door, whether it is the neighbor next door, whether it is the boss, whether it is the spouse. Human help is not what takes us to success. But in the life of Dovid and in the legacy of Klal Yisrael, הבה לנו עזרת מצר, Hashem you must grant us the help.

(יד) בַּאלֹקים נַעֲשֶׂה־חָיִל וְהוּא יָבוּס צָרֵינוּ:

"Through God we shall do valiantly; for He it is that will tread down our adversaries."

הקדוש ברוך הוא, it is only through הקדוש ברוך הוא that we form an army, that we conquer, that we can be victorious. והוא יבוס צרינו, and He is the one who will trample all our oppressors.

This is the message of Dovid, as we saw in his own life, as we continue to see throughout history. It's the message of the gratitude and the song which gives Dovid the אמונה to face every challenge. And it's the אמת, it's the truth behind that song, of putting Dovid trust and the trust of every Jew, not in those around him, but in הקדוש ברוך, הוא יבוס צרינו.



Tehillim 109

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פרק קט was composed by Dovid as he fled, a fugitive, from his own father-in-law, Shaul HaMelech. It's the pain not only of his flight, but also the pain of Dovid's victimhood from those who got on the bandwagon; who spoke badly of Dovid, who slandered him, who really sullied his name as he was on the run.

(א) לַמְנַצֵּחַ לְדַוִד מִזְמוֹר אֱלֹקִי תִהְלַּתִי אֲל־תֶּחֱרַשׁ:

"For the leader. A Psalm of David. O God of my praise, do not keep silent."

Dovid begins with מהילים. The rule in פרק פסחים קי"ז, brought in פרק פסחים קי"ז, erought in תהילים, erought in מהילים, erought in קרק פסחים קי"ז, is when the name of Dovid precedes the word מזמור then we find that first came the song, which led Dovid to burst out in song. When we find the formula of מזמור לדוד first came the song, which then led Dovid to רוח הקודש. Here we find that Dovid first reached רוח הקודש, which was expressed in song. Which really is remarkable because this was one of the low points of Dovid's life. This was in his pain, in his physical and moral danger, his ability to summon himself towards רוח הקודש, which itself led to song.

The attitude of Dovid towards these enemies is very much encapsulated in the very first words, אלקי תהילתי אל תחרש. Dovid refers to אלקי תהילתי as אלקי תהילתי. And Dovid's ability to keep his head above water, his ability to rise above the pain, to rise above the insults and the slander that were hurled at him, is very much his security, as Rav Shimshon Raphael Hirsch says, in אלקי תהילתי. His knowledge of himself is reflected in this beautiful reciprocal relationship with אנדי ברוך הוא

As חז"ל say, according to the מדרש שוחר טוב, God is the praise of the Jewish people, and the Jewish people are the praise of God- שאין לישראל תהילה אלא הקדוש ברוך הוא. Klal Yisrael have none to praise except for הקדוש ברוך הוא has none to praise except כלל כלל.

Quoting Yeshayahu, (עם זו יצרתי לי תהילתי יספר" (ישעיה מג:כא," This is the nation I have created for Myself to speak My praise. Dovid, cognizant of his role as being one who praises הקדוש, and being one who is the praise of הקדוש ברוך הוא. If we are in this loving circle, where I am Your praise and You are mine, and there's nothing else in the world. Whatever anyone else says, throws at me, sullies me with, really cannot penetrate into this beautiful



circle of I am Your praise and You are mine. And thus begs Dovid of הקדוש ברוך הוא, אל תחרש. Hashem, You are my praise and I am Yours, be not silent.

ָב) כִּי פִי רָשָׁע וְפִי־מִרְמָה עָלֵי פָּתָחוּ דְּבְּרוּ אָתִּי לְשׁוֹן שָׁקֶר:

"For the mouth of the wicked and the mouth of deceit they have opened against me; they have spoken to me with a lying tongue."

There are those who have the פי רשע, which רד"ק explains are the obvious enemies, the one who outright slander, insult, violate me. But also the פי מרמה, those who are tricky; those who act in my face as though they love me, but behind my back are speaking לשון שקר, are speaking lies and deceit against me.

(ג) וְדִבְרֵי שִּׂנְאָה סְבָבוּנִי וַיְּלֶּחֲמוּנִי חִנָּם:

"They surrounded me also with words of hatred, and fought against me without a cause."

All this is baseless. And as the אבן יחיא applies, as is always the case in a מזמור from Dovid, not only is this the personal life of Dovid, but this is also the national experience of כלל ישראל, as we're getting to see throughout. And so according to אבן יחיא, we find פי רשע will refer to Eisav, ישמעאל פי מרמה; the nations who have used their tongues and their words against כלל ישראל for centuries.

(ד) תַּחַת־אַהֶּבָתִי יִשְׂטְנוּנִי וַאֲנִי תְפִּלָּה:

"In return for my love they are my adversaries; but I am all prayer."

תחת אהבתי ישטנוני—I offered them love, yet they returned hatred. Rashi explains that *Klal Yisrael* would bring *korbanot* in the *Beit HaMikdash* on behalf of the nations of the world—for their benefit. But instead of gratitude, they responded with hostility.

This brings David HaMelech to a powerful declaration, a *pasuk* we hold onto in our own moments of pain: ואני תפילה. Whatever they send my way, says David, my response is prayer. But he doesn't say, *I will pray*. He doesn't open a *siddur* and pause his life to daven. He says, *I* am prayer. My being, my essence, my reaction to the world's rejection—is tefillah.

This is where we so often find ourselves. We've poured ourselves out. We've tried everything. We feel empty, unsure what more we can do—or whether we have the strength to do it. And in that space of exhaustion, of helplessness: ואני תפילה.



I become my תפילה, it's all I have. It's all I have, but it's also the *entirety of who I am*. As רש"י points out, says Dovid HaMelech, I daven so constantly, I have *become* a living prayer. Here is Dovid, here is the Jew. Where our experiences form us to be, not a walking woman holding a o'דור, but my very essence and who I am is a constant statement of הקדוש ברוך הוא ot תפילה. And the more circumstances hammer at me, the more I invest to become a תפילה.

(ה) וַיָּשִּׁימוּ עָלַי רָעָה תַּחַת טוֹבָה וְשִׂנְאָה תַּחַת אַהְבָתִי:

"And they have laid upon me evil for good, and hatred for my love:".

And they have replaced all of my love, all of my good, only with hatred and with evil.

We find here in פסוקים ו-יט, a series really of curses, and it takes some work and some delving into the מפרשים to understand, where do these curses come from? In the year 2025, with the conception of dealing kindly with those who offend us, where do we place these coming verses that seem to be full of ill will? Is Dovid stooping to where his enemies were?

There are various approaches amongst the מפרשים of, how do we deal with these curses? The basic approach, which is brought by "תלבי"ם, the מלבי"ם, and Rav Shimshon Raphael Hirsch, is that the סוקים ו-יט are actually the curses Dovid repeats; not his own, but the curses hurled by his enemies at him. Rav Hirsch points out the very tense where it is not Dovid speaking in the plural against his many enemies, but the singular, of speaking what will be done to him; this is the speech of the enemies of Dovid as they, in their malevolence, cursed Dovid himself. So it's Dovid speaking of the words, spoken against him. That is one approach.

If we can take our minds to the other side and handle another approach, רש"י applies many of these curses to Dovid speaking not against the enemies he faced in this day and time, but the greater, more global threat of speaking about the evil done by עשי over centuries of history. And again, it's the understanding when Dovid speaks of his enemies, it's never just in the here and now, in the challenges faced today or tomorrow; but it's always very much in Dovid's life, of Dovid understanding himself to be the sum total of his service of הקדוש ברוך הוא The enemy is defined by the one who will stand in the way of his fulfilling his mission, vis-a-vis עבד ה' The enemy is the one who gets in the way of his being the most true עבד ה' possible.

עשו certainly embodies that in the life of כלל ישראל, in the history of כלל ישראל. Where again, the enemy is the one, *not* who gets in my way or puts something in the path and I stub my toe, or even speaks badly against me or harms me. The enemy is the one who obstructs me, who blocks me in my efforts to serve הקדוש ברוך הוא. And as such, he's not just the enemy of me,



he's the enemy of truth. In this perek, as רש"י applies it, the curses are against עשו and then his descendants. The ones who, throughout history, their intent and their actions have been to block the mission of כלל ישראל in serving הקדוש ברוך הוא So, this is either Dovid cursing those who will block him spiritually from being the best Jew he can be, or it is Dovid repeating the curses that his enemies flung at him. And they get pretty evil.

(ו) הַפְּקֵד עָלָיו רָשָׁע וְשָּׂטָן יַעֲמֹד עַל־יְמִינְוֹ:

"Appoint a wicked man over him, and let one who will obstruct him stand at his right."

(ז) בְּהִשָּׁפְטוֹ יֵצֵא רָשָׁע וּתְפִּלָּתוֹ תְּהְיֶה לַחֲטָאָה:

"When he is judged, he should be found guilty, and his תפילה should not find the mark."

He should live a short life, and others will take his positions of honor. His children will be orphans, his wife will be a widow. His children will be in a position of constantly wandering and begging. Creditors will seize all he has, and his labor will just go to waste.

(יב) אַל־יְהִי־לוֹ משֵׁךְ חָסֶד וְאַל־יְהִי חוֹנֵן לִיתוֹמָיו:

"May he have none who will extend him kindness, and none will be merciful to his orphans."

His end will be cut off, and in later generations his name will be erased. And thus it continues, פסוק טו:

(טו) יִהְיוּ נֶגֶד־יְקוָק תָּמִיד וְיַכְרֵת מֵאֶרֶץ זְכְרָם:

"Let them be before Hashem continually, so that He may cut off their memory from the earth." His memory will be cut off from the earth.

(טז) יַעַן אֲשֶׁרוּ לֹא זָכַר עֲשׂוֹת חָסֶד וַיִּרְדֹּף אִישׁ־עָנִי וְאֶבְיוֹן וְנִכְאֵה לֵבָב לְמוֹתֵת:

"Because that he remembered not to do kindness, but persecuted the poor and needy man, and the broken in heart he was ready to slay." He never remembered to do a kindness, and he pursued עני ואביון.

This here again, as רש"י says, is applying particularly to עשו, who pursued the איש עני ואביון, his brother Yaakov. ונדכה לבב למותת, pursued יעקב until his very death.

(יז) וַיֵּאֱהַב קְלָלָה וַתִּבוֹאֱהוּ וִלֹא־חָפֶץ בִּבְרַכָּה וַתִּרְחַק מְמֶנוּוּ:

"Yes, he loved cursing, and it came to him; and he did not delight in blessing, and it is far from him."



This is the sort of person, ויאהב קללה, he loved, he embraced curse. ותבאהו, but now the curse came upon him. ולא חפץ בברכה ותרחק ממנו, he never wanted that which was blessed and that which was good; ותרחק ממנו, and now that which is good will be far from him.

(יח) וַיִּלְבַּשׁ קָלָלָה כְּמַדּוֹ וַתָּבֹא כַמַּיִם בְּקָרְבּוֹ וְכַשֶּׁמֶן בְּעַצְמוֹתָיו:

"He clothed himself also with cursing as with his garment, and it has come into his inward parts like water, and like oil into his bones."

(יט) תְּהִי־לוֹ כְּבֶגֶד יַעְטֶה וּלְמֵזַח תָּמִיד יַחְגְּרָהָ:

"Let it be to him as the garment which he puts on, and for the girdle with which he is girded continually."

He himself sought out curse and clothed himself in it. Now, ותבוא חמים בקרבו וכשמן בעצמותיו, it comes like water inside of him, like oil into his bones. The קללה penetrates his very self. תהי לו כבגד יעטה, indeed it will be like a garment, this קללה, and wrap him.

And Dovid then sums up, either Dovid summing up the curse against the agents of עשו, or again, this is how the agents of עשו, the enemies, spoke of Dovid:

ַכ) זֹאת פּעֻלַת שֹּטְנַי מֵאֶת יִקוַק וְהַדֹּבְרִים רַע עַל־נַפָּשִי:

"This is the sum total, the actions, the approach of those who are against him."

But Dovid now shifts in פסוק כ"א. As a man who believes in אלקי תהילתי, he steps out of this cycle of curse, and turns to הקדוש ברוך הוא,

(כא) וְאַתָּהוֹ יְקוָק אֲדֹנָי עֲשֵׂה־אִתִּי לְמַעַן שְׁמֶךְ כִּי־טוֹב חַסְדְּךָ הַצִּילֵנִי:

"But You, O God, deal with me for Your name's sake, because Your mercy is good, deliver me."

But You, הקב"ה—You stand apart from the cycle of cursing, from the voices of those against me. I turn to You directly. Would You please do *chesed* with me? כי טוב חסדך הצילני—Your *chesed* is good; *save me*.

Why? First, because of the power of *chesed* itself. And second, למען שמך—for the sake of Your Name. You made promises to me, that I have a mission to fulfill. And if, says David—and with him, all of us—if I am someone who takes the *kavod* of *Shem Hashem* seriously, who lives to bring honor to Your Name, then I have the right to ask for *chesed*. I ask not for my own sake, but in the merit of striving—through every action—to bring glory to Your Name.

(כב) כִּי־עָנִי וְאֶבְיוֹן אָנֹכִי וְלִבִּי חָלַל בְּקְרְבִּי:



"For I am poor and needy, and my heart is wounded within me."

came upon me. However, לי וחד"ל בקרבי take this sentence to say that there are three figures in history about whom we know that the used on this statement, ולבי חלל בקרבי, my heart is dead within me, יצר הרע But based on this statement, יצר הרע history about whom we know that the יצר הרע based on this statement, יולבי חלל בקרבי, my heart is dead within me, יצר הרע who so refined himself through his suffering, that the voice of his יצר הרע by refining and refining and working it through and sweating it out in the battle against his circumstances and those who came against him.

And he continues to speak of his feelings of defeat,

(כג) כְּצֵל־כִּנָטוֹתוֹ נֶהֶלָכְתִּי נָנָעַרְתִּי כַּאַרְבֶּה:

"I am gone like the shadow when it lengthens. I am shaken off like a locust."

כצל כנטותו נהלכתי, l'm like a vanishing shadow. ננערתי כארבה, like that locust that jumps from place to place without any place to rest.

(כד) בּּרְכַּי כָּשְׁלוּ מִצּוֹם וּבְשָׂרִי כָּחַשׁ מִשָּׁמֶן:

"My knees totter through fasting; and my flesh is lean, and has no fatness."

(כה) וַאֲנִיוּ הָיִיתִי חֶרְפָּה לָהֶם יִרְאוּנִי יְנִיעוּן רֹאשָׁם:

"I have become a disgrace to them, they shake their heads."

But Dovid then turns to הקדוש ברוך הוא,

(כו) עָזְרֵנִי יְקוָק אֱלֹקִי הוֹשִּׁיעֵנִי כְחַסְדֶּךְ:

"Help me, Hashem my God; O save me according to Your mercy."

עזרני ה' אלקי, save me, help me; הושיעני כחסדך, save me according to Your kindness. And again, it's a דסח that I know; it's a דסח l've experienced. Dovid can point and say, "this is the Tou have done to me in the past, I look forward to it again."

(כז) וְיֵדְעוּ כִּי־יָדְךָ זֹּאת אַתָּה יְקוָק עֲשִׂיתָהּ:

"That they may know that this is Your hand; that You, Hashem, have done it."



וידעו כי ידך זאת, people will see and know that You, הקדוש ברוך הוא, are the one who saved me. אתה ה' עשיתה. We will identify you through the דיס You've done.

(כח) יְקַלְלוּ־הֵמָּה וְאַתָּה תְבָרֵךְ קָמוּוֹ וַיֵּבשׁוּ וְעַבְדְּךְ יִשְׂמָח:

"Let them curse, but bless You. When they arise, they shall be put to shame, but Your servant shall rejoice."

אתה תברך, not only do you bless הקדוש ברוך הוא, but in my life You have taken the curses of others and turned them to blessing. Like יוסף הצדיק, where his brothers sold him and cursed and it seemed had done him the worst ער. And יוסף came to understand that that which seemed to be a curse, had brought to the greatest good. Says Dovid HaMelech as well, the curses of others הקדוש ברוך הוא, You can turn to blessing.

(ל) אוֹדֶה יִקוַק מָאֹד בָּפִי וּבָתוֹךְ רַבִּים אֲהַלְלֶנוּוּ:

"I, הקדוש ברוך הוא, before others will thank You, and amid the multitude I will bless You so people can see that it is You who have saved me."

This is not only about my own salvation, says Dovid, but it is about the ability for קידוש שם to come through me.

(לא) כִּי־יַעֲמֹד לִימִין אֶבְיוֹן לְהוֹשִׁיעַ מִשֹּׁפְטֵי נַפְשְׁוֹ:

"Because He stands at the right hand of the needy, to save him from those that judge his soul."

c' יעמוד לימין אביון, because הקב"ה stands to the right of one who has been humbled, of one who has become poor, of one who has been weakened by his troubles. להושיע משופטי נפשו, to save him from those who would condemn his soul. It is brought by "די in יוקרא רבה לד:ח in יוקרא רבה לד:ח, when we open the door for an עני, when there is someone standing on the other side who needs something from us, we are told כי יעמוד לימין אביון. Just as Dovid HaMelech felt that in his state of poverty and need, הקב"ה was at his right, הקב"ה is always to the right of one who is in need. When we give to the עני to pay back that which we extend to the one who is in a state of misfortune.

- ~ Thank you for learning together לעילוי נשמות Helen Moskovits and Fannie Lehmann. Their legendary kindness supported hundreds of World War II sh'erit ha'pleyta. Their profound connection to Tehillim is inspirational to this day. Sponsored by their grandchildren, Yitzchok and Barbie Lehmann Siegel.
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