



# Chapter 22

# פרק כב

(1) For the conductor, on Ayelet HaShachar. A psalm of David (2) My God, my God, why have you abandoned me, far from my salvation, from the words of my roaring? (3) God, I call out by day, but You do not answer, by night, and there is no quiet for me! (4) But, You are holy, enthroned in the praises of Israel. (5) In You our fathers trusted; they trusted and You rescued them. (6) They cried to You and escaped; they trusted in You and were not put to shame. (7) But I am a worm, and not a man, a disgrace of man, and scorned by peoples. (8) All who see me, mock me. They curl their lip; they shake their head. (9) One who casts himself upon Hashem, He shall rescue him. He shall deliver him, for He delights in him. (10) For You, Hashem, drew me out of the womb; You secured me on my mother's breasts. (11) Upon you I was cast from birth; 10 from my mother's womb, You were my God. (12) Do not distance Yourself from me, for distress is near; for there is none to help. (13) Many bulls surrounded me; the mighty of Bashan encircled me. (14) They opened their mouths against me, a ravening and roaring lion. (15) Like water, I was spilled out, and all my bones were disjointed; my heart was like wax, melting in my innards. (16) My strength has dried up like a pottery shard, and my tongue cleaves to my jaw. You have set me in the dust of death.

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(א) לְמַנְצִיחַ עַל־אֵילַת הַשַּׁחַר מִזְמוֹר  
 לְדָוִד: (ב) קִלִּי קִלִּי לָמָּה עֲזַבְתָּנִי רְחוֹק  
 מִיְשׁוּעָתִי דַבְרֵי שִׁאֲגָתִי: (ג) אֱלֹהֵי אֶקְרָא יוֹמָם  
 וְלַיְלָא תַעֲנֶנּוּ וְלַיְלָא וְלֹא־תִדְמֶינִי לִי: (ד) וְאַתָּה  
 קָדוֹשׁ יוֹשֵׁב תְּהִלּוֹת יִשְׂרָאֵל: (ה) בְּךָ בִטְחוּ  
 אֲבוֹתֵינוּ בִטְחוּ וְתִפְלְטֵמוּ: (ו) אֵלֶיךָ זָעַקְנוּ  
 וְנִמְלָטוּ בְּךָ בִטְחוּ וְלֹא־בוֹשׁוּ: (ז) וְאַנְכִּי  
 תּוֹלַעַת וְלֹא־אִישׁ חֲרַפְתָּ אָדָם וּבְזִי עָם: (ח)  
 כָּל־רְאִי יִלְעָגוּ לִי יִפְטִירוּ בְשִׁפְהָ יִנְיֵעוּ  
 רָאשׁ: (ט) גֹּל אֱלֹהֵי יִפְלְטֶהוּ יַצִּילֶהוּ כִּי חָפַץ  
 בּוֹ: (י) כִּי־אַתָּה גַחֲמֵי מִבֶּטֶן מִבְטִיחִי עַל־שִׁדִּי  
 אֲמִי: (יא) עָלֶיךָ הִשְׁלַכְתִּי מִרְחֹם מִבֶּטֶן אֲמִי  
 3 קִלִּי אַתָּה: (יב) אֶל־תִּרְחַק מִמֶּנִּי כִי־צָרָה  
 קְרוּבָה כִּי־אֵין עֹזֶר: (יג) סָבְבוּנִי פְרִים רַבִּים  
 אֲבִירֵי בָשָׁן כְּתֵרוּנִי: (יד) פָּצוּ עָלַי פִּיהֶם אֲרִיֵה  
 טִרְף וְשִׁאֲגִ: (טו) כַּמִּים נִשְׁפַכְתִּי וְהִתְפָּרְדוּ  
 כָּל־עַצְמוֹתַי הֵיָה לְבִי כְדוֹנֵג נֹמֵס בְּתוֹךְ  
 יַמְעִי: (טז) וְיִבֶשׂ כַּחֲרָשׁ כַּחֲוִי וְלִשׁוֹנִי מִדְּבַק  
 מִלְקוֹחֵי וְלַעֲפָר־מוֹת תִּשְׁפָּתֵנִי:



# LECH KNOS

לך כנוס את כל היהודים

מגילת אסתר ד:ט"ז

17) For dogs have surrounded me, a congregation of evildoers has encompassed me, my hands and my feet, like a lion.(18) I tally my bones; they look and stare at me.(19) They divide up my garments among them; and they cast lots for my clothing.  
 (20) Hashem, do not be distant; my Strength, hasten to my aid!!(21) Deliver my soul from the sword, my being from the dog.(22) Save me from the mouth of the lion, and from the horns of the wild oxen, answer me!(23) I will recount Your name to my brothers; in the midst of the assembly, I will praise You.(24) Those who fear Hashem, praise Him; all the offspring of Yaakov, honor Him; and dread Him all the offspring of Israel.(25) For He has not scorned or abhorred the prayer of the poor; and He has not hidden His face from him. Rather, when he cried out, He listened to him.(26) From You is my praise in the great assembly; I will pay my vows before those who fear Him.(27) The humble shall eat and be sated; those who seek Him shall praise Hashem. May you heart live forever.(28) All the ends of the earth shall remember and return to Hashem; and all the families of the nations shall bow down before You.(29) For the kingship is Hashem's and He rules over the nations.(30) All the fat of the earth ate, and shall bow down.26 Before Him shall kneel all those who descend to the dust, whose soul He did not keep alive.27(31) The offspring that serve Him will be counted to Hashem28 for the generations.(32) They will come and tell of His righteousness to a people born, for so He has done.

יז) כִּי סָבְבוּנִי כְּלָבִים עֲדַת מַרְעִים הִקִּיפוּנִי  
 כָּאֲרִי יָדַי וְרַגְלָי:יח) אֲסַפֵּר כָּל־עֲצָמוֹתַי הֵמָּה  
 וְבִיטוּ וְיִרְאוּ־בִי:יט) יִחַלְקוּ בְּגָדֵי לָהֶם וְעַל־  
 לְבוּשֵׁי יַפְּיָלוּ גוֹרָל:כ) וְאַתָּה ה' אֶל־תִּרְחַק  
 אֵילוּתַי לְעִזְרָתִי חוֹשֶׁה:כא) הַצִּילָה מִחֶרֶב  
 נַפְשִׁי מִיַּד־כָּלֵב יַחֲדָתִי:כב) הוֹשִׁיעֵנִי מִפִּי  
 אֲרִיָּה וּמִקֶּרְנֵי רִמִּים עֲנִיתָנִי:כג) אֲסַפְּרָה  
 שְׁמֶךָ לְאַחֵי בְּתוֹךְ קָהֵל אֶהְלֶלְךָ:כד) יִרְאִי  
 ה' | הִלְלוּהוּ כָּל־זֶרַע יַעֲקֹב כַּבְּדוּהוּ וְגִירוֹ  
 מִמָּנוּ כָּל־זֶרַע יִשְׂרָאֵל:כה) כִּי לֹא־בָזָה וְלֹא  
 שָׁקַץ עֵנּוֹת עֵבֵי וְלֹא־הִסְתִּיר פָּנָיו מִמָּנוּ  
 וּבִשְׁוֵעוֹ אֱלֹוֵי שָׁמַע:כו) מֵאֵתְךָ תִּהְלֵתִי  
 בְּקָהֵל רַב נְדָרֵי אֲשַׁלֵּם נֶגֶד יִרְאִיו:כז) יֹאכְלוּ  
 עֲנֹוִים | וְיִשְׂבְּעוּ יִהְלְלוּ ה' דַּרְשׁוּ יַחֲוֵי לְבַבְכֶם  
 לַעֲד:כח) יִזְכְּרוּ | וְיִשְׁבּוּ אֱלֹוֵה' כָּל־אֶפְסֵי־  
 אֶרֶץ וְיִשְׁתַּחֲווּ לְפָנֶיךָ כָּל־מִשְׁפְּחוֹת גּוֹיִם:כט)  
 כִּי לֹה' הַמְּלוּכָה וּמִשְׁלַל בְּגוֹיִם:ל) אֲכָלוּ  
 וְיִשְׁתַּחֲווּ | כָּל־דְּשֵׁנֵי־אֶרֶץ לְפָנָיו יִכְרַעוּ כָּל־  
 יוֹרְדֵי עֶפְרָ וְנַפְשׁוֹ לֹא חִיָּה:לא) זֶרַע יַעֲבֹדְנוּ  
 יִסְפֹּר לְאֲדֹנָי לְדוֹר:לב) יָבֹאוּ וְיִגִּידוּ צְדָקָתְךָ  
 לְעַם נוֹלָד כִּי עָשָׂה:



## Chapter 121

## פרק קכ"א

(1) A song for ascents. I lift up my eyes to the mountains; from where will my help come?

(2) My help is from Hashem, maker of heaven and earth.

(3) He will not let your foot stumble. He that guards you will not nap.

(4) Behold, He that guards Israel does not nap and does not sleep.

(5) Hashem is your guardian; Hashem is your shade, upon your right hand.

(6) By day the sun will not strike you, nor the moon by night.

(7) Hashem shall guard you from all harm; He shall guard your soul.

(8) Hashem shall guard your going and your coming, from now and forevermore.

(א) שִׁיר לַמַּעֲלוֹת אֲשָׁא עֵינַי אֶל־הַהָרִים  
מֵאֵין יבֹא עֲזָרִי:

(ב) עֲזָרִי מֵעַם ה' עֲשֵׂה שָׁמַיִם וָאָרֶץ:

(ג) אֶל־יִתֵּן לַמּוֹט רַגְלְךָ אֶל־יָנוּם שִׁמְרְךָ:

(ד) הִנֵּה לֹא־יָנוּם וְלֹא יִישָׁן שׁוֹמֵר יִשְׂרָאֵל:

(ה) ה' שִׁמְרְךָ ה' צִלְךָ עַל־יַד יְמִינְךָ:

(ו) יוֹמָם הַשֶּׁמֶשׁ לֹא־יִכָּכֶה וְיָרַח בַּלַּיְלָה:

(ז) ה' יִשְׁמְרְךָ מִכָּל־רָע יִשְׁמֹר אֶת־נַפְשְׁךָ:

(ח) ה' יִשְׁמֹר־צִאתְךָ וּבֹאֲךָ מֵעַתָּה וְעַד־

עוֹלָם:



## Chapter 130

## פרק קל

- (1) A song of ascents. From the depths I have called to You, Hashem.
- (2) Adonai, listen to my voice. May Your ears be attentive to the sound of my pleas.
- (3) If You, Hashem, keep account of iniquities, Adonai, who can endure?
- (4) For with You is forgiveness, that You shall be feared.
- (5) I have hoped, Hashem, my soul has hoped; and for His words I have waited.
- (6) My soul yearns for Adonai, more that those who watch for morning watch for morning.
- (7) Wait, Israel, for Hashem, for with Hashem is mercy, and with Him is abundant redemption.
- (8) And He will redeem Israel from all its iniquities.

- (א) שִׁיר הַמַּעֲלוֹת מִמַּעַמְקִים  
קִרְאתֶיךָ ה'.
- (ב) אֲד-נִי שְׁמַעָה בְּקוֹלִי תִהְיֶינָה  
אֲזְנֶיךָ קִשְׁבוֹת לְקוֹל תַּחֲנוּנָי.
- (ג) אִם-עֲוֹנוֹת תִּשְׁמַר-קִהָ אֲד-נִי מִי  
יַעֲמֹד:
- (ד) כִּי-עִמָּךְ הַסְּלִיחָה לְמַעַן תִּוָּרָא:
- (ה) קִוִּיתִי ה' קוֹיֹתָה נַפְשִׁי וּלְדַבְּרוֹ  
הוֹחֵלְתִּי:
- (ו) נַפְשִׁי לְאֲד-נִי מִשְׁמָרִים לְבַקֵּר  
שְׁמָרִים לְבַקֵּר:
- (ז) יַחַל יִשְׂרָאֵל אֱלֹהֵי כִי-עִם-ה'  
הַחֶסֶד וְהַרְבֵּה עִמּוֹ פְדוֹת:
- (ח) וְהוּא יַפְדֶּה אֶת-יִשְׂרָאֵל מִכָּל  
עֲוֹנוֹתָיו:

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