

MMDA's official newsletter serving members in Maryland, Delaware, and Washington, DC

MMDA Members Embrace PALTC at PALTmed2025 Annual Conference



See Message from the President on page 2.

MMDA Leadership 2024–2026

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MMDA Business Office

Ian Cordes, MBA; Administrator
3123 Breakwater Court,
West Palm Beach, FL 33411
(561) 689-6321; Fax: (561) 689-6324
E-mail: mmdawebsite@gmail.com
<https://midatlantic.paltmed.org/home>

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Message from the President



As we move forward in 2025, I would like to welcome you to the Mid-Atlantic Medical Director Association's (MMDA) platform.

Our mission and passion are to learn, serve, educate, and promote the well-being of

every provider and person who is working in post-acute and long-term care settings. MMDA is the local chapter of Post-Acute and Long-Term Medical Association (PALTmed) representing Delaware, the District of Columbia, and Maryland.

It is humbling to share the remarkable accomplishments we achieved in 2024 despite the challenges we faced, including the valuable leaders we lost unexpectedly. These losses were those of the late Dr. Joseph Berman, Dr. Steve Levenson, and Dr. Harold Bob, who all served as mentors for many providers.

As a team, we will progress and serve with our collective resilience, dedication, and innovation that have propelled our organization to a higher level. Special gratitude is due to Ian and the administrative team for making every task appear seamless.

One of our most significant milestones was the successful MMDA's 31st Annual Conference, *The Future of PALTC: Adapting to a Changing Landscape*, on Nov. 16, 2024, at Hebrew Home of Greater Washington, Rockville, MD.

Dr. Fatima Sheikh and Dr. Elisa Gil-Pires's leadership, along with the Education Committee members, made it an extraordinary and unparalleled learning event. The attendees were providers including MDs, CRNPs, Physical Medicine and Rehabilitation (PM&R) providers, geriatric fellows, and students of various backgrounds.

This was our second year with poster presentations, with formal judging and awards. Our topics were up to date and appropriate based on the needs assessment.



Dr. Fatima Naqvi

More details regarding the exciting topics are in the later pages of this newsletter.

Please save the date for the 2025 Annual Conference which is being planned by the MMDA team for Nov. 8, 2025.

It is with utmost gratitude that I thank previous MMDA presidents Dr. Damian Doyle, Dr. Michele Bellantoni, Dr.

John Looome, and former Vice President Dr. Ravi Passi, who have graciously supported MMDA and prepared us to achieve the next level of excellence.

One of our new initiatives was the Communications Committee. This implemented a regular *Bulletin* newsletter, providing resources, support, and educational information along with a forum to connect and communicate electronically. At present, we are brainstorming ways to support our members on an ongoing basis.

Looking ahead, our focus remains on connecting and collaborating while supporting each other in the challenging environment of PALTC facilities. We are working together with new innovations and maintaining our successful past experiences to help all members thrive in their professional journey.

The recent loss of Dr. Ronald Jeffreys' 27-year-old son, Will Jeffreys, to an aggressive cancer has left us speechless. To honor Will's courageous battle as a son and medical student, Dr. Jeffreys is securing the future of University of Maryland students by establishing the William Jeffreys '28 Memorial Scholarship Fund. Visit <https://give.umaryland.edu/campaigns/60680/donations/new?a=9980822> to make your contribution.

On Feb. 12, Dr. Fatima Sheikh was a panelist at the American Society of Consultant Pharmacist's APEX Conference. There were a lot of questions about medications. Here's the link:

Continued on the next page

Message from the President*Continues from the previous page.*

<https://www.ascp.com/events/EventDetails.aspx?id=1928379&group=>

The session was titled, *Appropriate Treatments, Infection Control and Conditions of Discharge: A Review of the New CMS Guidelines*.

Description: The Centers for Medicare & Medicaid Services (CMS) has introduced significant updates to Appendix PP of the State Operations Manual (SOM), effective now March 24, 2025, aimed at enhancing the quality and oversight of the Long-Term Care (LTC) survey process. CMS has created some regulatory authority by moving the position of some of the regulations in the state operations manual. At a high level, it will now be required to gain consent (written or verbal) from the resident, family member or resident representative in advance of the addition or dose change of a psychotropic medication. In addition, it raises the penalties for noncompliance with respect to psychoactive medications to levels of abuse and neglect. Also notable, the updated SOM includes revised infection control and other guidance aimed at appropriate discharges and admissions.

We are proud to have knowledgeable and experienced providers in our group who can support, educate, and serve as experts in the field. Please consider joining our group and bringing a colleague along. This could be an MD, DO, CRNP, PA, nurse leader, nurse, administrator, pharmacist, podiatrist, PM & R expert, social worker, psychologist, or psychiatrist.

Your learning contributions to MMDA are the cornerstone of our true success. Our team looks forward to serving you a year of growth, achievements, and higher learning experiences with professional excellence.

MMDA Members Embrace PALTC at PALTmed2025 Annual Conference

The PALTmed Annual Conference in March in Charlotte was another successful event for learning, reconnecting, and rejuvenating.

MMDA members played active roles in presenting diverse topics at the conference as well as representing the leadership team of PALTmed.

Congratulations to Fatima Sheikh, MD, MPH, CMD, AGSF, who was elected a Director at Large (2025-2028) for the Post-Acute and Long-Term Care Medical Association (PALTmed).

I chaired MMDA's Delegation to PALTmed's House of Delegate. MMDA's contribution to PALTmed was supported unwaveringly by previous board members like Dr. Susan Levy, Dr. Michele Bellantoni, Dr. Elizabeth Galik, and Dr. Barbara Resnick. Support for their Future's Program by our organization continues because securing tomorrow by taking appropriate actions today is the right thing to do.

In addition, PALTmed honored the memory of Dr. Steve Levinson with a keynote lecture in his name. MMDA also participated in the Joint State Chapter Reception, and we enjoyed a robust turnout.

Warm Regards,
Fatima A. Naqvi, MD, CMD
President, MMDA

Who Am I — A Poem for My Patients

By Fatima A. Naqvi, MD, CMD

Gentle breeze and dancing leaves,
The sailboat, surfing on the sea.

Sunlight shining with radiant light,
Nurturing fruits, birds taking flight.

This Hustle and bustle of urban life,
Noises and voices, many with strife,
and what is the goal of all this toil.

Meaning to life, what do you uncoil?

I am your voice when you have none,
I am your eyes when yours are gone.

I am your mind when yours have withered,
I am your dreams when yours are shattered.

I am your spirit when you are searching,
I am your strength when you are
weakening.

I am your light when you can see none,
I am your hope when you feel all is gone.

I am your family if you have none,
I am the shoulder you can cry on.

I am the voice of old, weak and frail.

I am a lion, protector! and not a snail.

Courage is not being adamant
with your ways,
Kindness with love bring
new horizons and days.

You Can't Make This Stuff Up

By Ian Cordes, MBA; Administrator, MMDA

I recently attended the 30th Annual Conference of CMDA – The Colorado Society for Post-Acute and Long-Term Care Medicine in Denver, CO. It was a well-attended CME event with great speakers and timely topics – just like MMDA's Annual Conference. I bumped into an attendee by the name of Julia Bellantoni, MD, and immediately mentioned the name of MMDA's very own Michele Bellantoni, MD, CMD, not really thinking I would receive a response. But, instead, Julia said, she's my mother! So, I texted our Dr. Bellantoni who responded, "She resemble her paternal grandmother, but she has my passion for geriatric medicine!" ***Do you have a story to share?***



Note From Dr. Sheikh, Past Education Chair

As past Education Chair of MMDA, I am proud of the efforts of the 2024 Education Committee members who helped organize the educational program for the MMDA's 31st Annual Conference which was held at Hebrew Home of Greater Washington on Nov. 16, 2024. We are extremely grateful to Dr. Elisa Gil-Pires for opening the doors to her facility once again for members of MMDA for its 2024 Annual Conference.

The Education Committee worked tirelessly for a year to plan the educational sessions for this conference. The needs assessment and feedback from the Annual Conference 2023 was reviewed diligently to align the educational sessions for this conference. The theme of the conference was *The Future of PALTC: Adapting to a Changing Landscape*, in accordance with new changes in this healthcare setting from aspects of policy, legislation, and evidence-based medicine. Ian and his administrative team executed the planning of the conference with a great perfection.

Dr. Damien Doyle, Immediate Past President of MMDA, opened the conference with welcome remarks and thanked Dr. Gil-Pires for hosting the

conference at her facility. He shared his deep appreciation for the Education Committee members' dedication and impeccable planning of the educational program. The conference hosted more than 80 attendees with representation from medical directors, physicians, nurse practitioners, pharmacists, geriatrics and palliative care fellows, and medical students.

The conference program offered richness in topics ranging from; legislative, policy and regulatory, literature review, roundtable discussions on important PALTC conundrums, legislation risks as it pertains to PALTC space, burnout, clinical assessment and management of backpain, clinical practice guidelines on pain management in PALTC, and lastly, palliative care in nursing homes. The conference offered seven (7) CME credits, with four (4) management hours with three (3) clinical hours towards certification as a certified medical director.

The educational program also included a scientific poster exhibit which provided an opportunity for learners and experts alike to showcase their case reports, and research. The winners of the poster presentation were selected by judges and were given prizes for their distinguished work.



Dr. Fatima Sheikh (standing) providing directions for "Exploring PALTC Conundrums: Roundtable Discussions"

As the past Education Committee Chair, I want to share my gratitude for this opportunity to work with a dedicated and enthusiastic group of clinician members of the Education Committee and Executive Leadership of MMDA over the last two years who supported me through each step of the way to plan the educational aspects of the conferences in years 2023 and 2024.

I am delighted to hand over the reins to the Chair Dr. Elisa Gil-Pires and Co-Chair Dr. Karen Cousins, as they plan for another excellent conference on Nov. 8, 2025, in Washington, D.C.



From left: Dr. Michelle Bellantoni, Berman Award winner Dr. John Loome, Dr. Damien Doyle and Dr. Fatima Naqvi



From Left: Dr. Fatima Naqvi, 2024 Clinician of the Year Kasson Massimino, DPT, and Dr. Damien Doyle (far right)



From Left: Dr. Fatima Naqvi; Scott Haswell, MD, CMD, Steve Levenson Medical Director of the Year winner; and Dr. Damien Doyle

Remembering a Geriatric Leader in the PALTC World

By Barbara Resnick, PhD, CRNP



It is with deep sadness that we share the sudden passing on April 15, 2025, of a leader in the care of older adults, Dr. George Taler.

Dr. Taler focused his work over the long trajectory of providing geriatric medicine on the entire continuum of the post-acute and long-term care (PALTC) world. He was truly an innovator and pioneer in geriatric medicine at a time when geriatrics was probably the least likely area of medicine to engage in. He was, however, passionate about providing quality care to older adults and a relentless advocate for compassionate, patient-centered care long before this term was in vogue. His career spanned five decades and covered every area of the post-acute care continuum.

After completing his fellowship in 1980, Dr. Taler led a geriatrics care and house call medicine program at the University of Maryland from 1980 to 1999. During this time (in 1986 to 1996), I had the opportunity to work with him when we developed a bridge program between discharge from acute care to going home, in the days before subacute rehabilitation was a thing! This was very much team-based care including social work, rehabilitation staff, nursing, and me as an advance practice nurse as well as other physicians.

Dr. Taler was a true supporter of all members of the team. As a nurse practitioner on this team at a time when the role was relatively new and there was not even reimbursement for our services, Dr. Taler treated me as an equal with the same support and training he gave to his residents and fellows. For Dr. Taler, however, the patient was always at the center of the table and what drove the work of the team.

In 1999, he joined MedStar Washington Hospital Center and co-founded the MedStar House Call Program, which has since grown into a model delivering care to thousands of underserved older adults in the Baltimore/Washington area. There is a

wonderful YouTube video of Dr. Taler discussing the house calls programs. Please take the short 3 minutes to watch this. It will remind you why you do geriatrics! I would further add that you can check out his star ratings if you want – he was consistently rated 5/5 by his patients!

<https://www.youtube.com/watch?v=wEGrcuCYzIA>

In addition to his passion for clinical work. His efforts on Capitol Hill and with Centers for Medicare and Medicaid Services facilitated the successful passage of the Independence at Home law in 2010, which brought shared savings and improved care to thousands of patients.

He remained a guiding force through the 2020s, steering MedStar House Call teams through the COVID-19 pandemic and pioneering innovative programs like Subacute at Home.

In 2022, Dr. Taler added another PALTC practice area by taking on Medical Directorship of Collington Life Plan Community. His focus in this role was to facilitate Collington's continuum of health care and wellness services for residents in independent living, assisted living, skilled nursing and memory care. In his own words he was "honored to be able to further enhance the holistic, person-centered health care at Collington."

George Taler will be remembered for his unwavering moral compass, his deep caring, and support of patients and colleagues, and his wonderful humor, humility, and always that big smile. In closing, I want to thank Dr. Taler for leading us in the many PALTC areas of care he helped develop and for serving as a role model for true interdisciplinary care. In so doing he showed us how it can be done.



Dr. George A. Taler

Dr. Rebecca Elon Remembers Her Friend and Colleague

George Taler was a friend, neighbor, and colleague. I took care of his mom and also his mother-in-law in my community-based practice. George's parents are from Poland, both Holocaust survivors.

George designed a house that looked a bit like a flying saucer that was built on family land on the Magothy River. Bill and I lived on Cypress Creek, off the Magothy, around the corner from George & Cyndy's home. I remember boating over to their house one evening, tying up, and enjoying a picnic supper on their pier. The wind was howling; the boat was banging onto the pier. It was a crazy scene – but most memorable.

George and Cyndy attended the first annual Adler lecture last year at Bayview. I was about to send him an announcement and Zoom link for the second annual Adler lecture that will take place in Milwaukee in May. I knew George had come out of retirement to help Dr. Hennawi with the house call program at Good Sam. I had not communicated with George over the past year.

George was truly a pioneer of great stature in geriatric medicine. I will always remember his viewpoint that the geriatricians should be the ones to analyze the needs of the community elders and serve whatever need exists. Mind the gap!

He did so in Washington, D.C., with his creative modeling and funding for the Washington Hospital Center House Call program. He was a leader in making house call medicine a more formalized discipline and specialty. And in getting Medicare reimbursement for house call visits reevaluated and increased.

George had great clinical skills and compassion, along with a strong sense of duty, vision, creativity and leadership.

I am saddened to learn that he has died. His memory will be a blessing to all who had the good fortune of knowing him.

Review of the Revised Long-Term Care Surveyor Guidance About Medical Directors

— Source: QSO-25-12-NH published on Jan. 15, 2025

By Elisa Gil-Pires; Co-Editor (MD), *MMDA Bulletin*; Vice President, MMDA



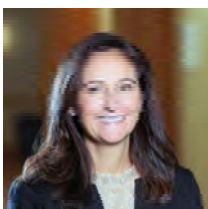
To ensure the compliance of nursing homes care for their residents, CMS

has updated several areas with emerging deficiency citations nationwide. They have therefore issued an updated health and safety guidance for state surveyors to follow when conducting their regulatory surveys.

This information is taken from the QSO (qso-25-12-NH) which was released on Jan. 15, 2025. Note that this replaces the original QSO (qso-25-07-NH) that was released on Nov 18, 2024. The original effective date was supposed to be March 24, 2025.

Although there are many areas impacted by the new guidance, the most critical areas to the medical directors include:

1. Details around psychotropic medications that impact several areas. This is a big focus of surveyors (F758 Psychotropics is now combined with F605 Chemical Restraints).
 - a. Medical Director is responsible for intervening when medical care is inconsistent with current accepted standards of care; such as assigning a new psychiatric diagnosis or prescribing psychotropic medications. Lack of documentation to support schizoaffective disorder and the use of antipsychotic medications without indication would represent an IJ (immediate jeopardy) for both F658 and F605.
 - b. Unnecessary medications (F757) will now only apply to non-psychotropic drugs.
 - c. Using medications to sedate or make care easier is considered noncompliant.
 - d. Mandatory Informed Consent
 - e. Ensure medical director is actively involved in medication reviews and monitoring adherence to



professional standards.

2. Details around QAPI, including the topic of health equity and disparities and focus on role of medical director
 - a. Participation in QAPI (F867) – they added a definition for “health equity” to this F-tag. “Surveyors must now ask the medical director if they are aware of each system-level area of non-compliance identified.”
 - b. Facility must prioritize health equity in QAPI projects and develop improvement plans addressing disparities and enhance overall quality of care.
3. Details around opioids, pain medications, and pain management (F697)
 - a. CMS added definitions for acute, chronic, and subacute pain to align with the CDC definitions.
 - b. Q: “Does staff monitor and evaluate the effectiveness of interventions and make changes if ineffective?”
 - c. Q: For the medical director and pharmacist, “how do you select and monitor pain management interventions for resident with acute, subacute and chronic pain?”
4. Medical Director Professional Standards (F841) (F658)
 - a. Responsible for ensuring physicians follow facility policies on diagnoses and prescriptions and overseeing care coordination and implementation of resident care policies.
 - b. Can be interviewed by surveyors during reviews of medication management and QAPI programs.
 - c. Implementation of resident care policies; review and update policies and procedures to accommodate any changes and any contracts that outline the medical director’s responsibilities.
 - d. Active involvement in conducting facility assessments.

e. Administrative decisions

f. Ensuring quality of medical care

Writer’s Comments:

Having recently completed my facility’s annual regulatory survey five years after our previous one, I can tell you all of the above topics were addressed by the surveyors. In addition to all the other F-tags indirectly and directly involving the facilities’ medical director, they are paying attention to these updated and revised guidances. I suppose I lucked out because this QSO was supposed to go into effect on March 24, but I was prepared in case they wanted to get a jump start. They did question other department leaders about the medical director’s involvement and participation in different areas.

My advice: Be prepared! Take an active role in your patient’s healthcare decisions, get involved in QAPI process and projects, review and update your policies and audit every patient receiving a psychotropic medication. Use this time to reconnect with the physicians and other practitioners you oversee and remind them of the valuable role they play in your facility’s annual survey process.

Implementation Update

As of April 28, 2025, the Centers for Medicare & Medicaid Services (CMS) has officially implemented its revised surveyor guidance for skilled nursing facilities (SNFs). Originally announced in November 2024, the update experienced several extensions before taking effect on the final implementation date outlined in CMS memorandum QSO-25-14-NH.

Visit our MMDA’s new website at <https://midatlantic.paltmed.org/home> and go to advocacy and scroll down to Current Issues.

Mentoring Our Future



My Geriatrics Experience

—By Lauren Davidson, MS4;
MD Candidate Class of
2025, George Washington
School of Medicine and
Health Sciences.

Working with Dr. Naqvi on my geriatric medicine rotation was one of the most informative and rewarding experiences in my fourth year of medical school. I would encourage every 4th-year medical student to participate in this elective to improve the skills needed to approach patient care through the lens of a geriatrician.

Dr. Naqvi emphasized the importance of considering the special physical and emotional needs of older adults when I had the opportunity to work with her at Ingleside. Though she serves as the beloved medical director of this facility, I was able to observe the impact of her efforts improving the field as a whole at the MMDA conference.

I chose to extend my rotation by attending this conference to learn more from providers in long-term care facilities about their clinical management, policies, and roundtable discussions with geriatricians making substantial contributions to the field like Dr. Naqvi.

The knowledge I learned and connections I made will be priceless as I navigate a future career in PALTC

— By Ali Raza Jafri, Student

Participating in the Futures program as the first PM&R resident was an eye-opening experience. Dr. Vinh's mentorship was invaluable in guiding me and showing me how PM&R is extremely valued in post-acute and long-term care (PALTC).

Dr. Naqvi, Dr. Bellantoni, and Dr. Sheikh also provided amazing mentorship and were pivotal in guiding me through this process. They all advocated for my presence and highlighted my strengths. The Futures program provided a comprehensive introduction to PALTC medicine, offering insights into various practice models and interdisciplinary team dynamics. The knowledge I learned and connections I made will be priceless as I navigate a future career in PALTC settings.

Being a part of the Mid-Atlantic (MMDA) Chapter of PALTmed has been an excellent platform for continued learning and service. It offers networking opportunities, educational resources, and chances to engage in advocacy efforts.

For future students, residents, and fellows interested in PALTC medicine, I highly recommend applying to the Futures program. It is a transformative experience that can shape your career path. Additionally, joining your local PALTmed chapter can provide ongoing support and professional development opportunities. Don't hesitate to seek mentorship and actively participate in conferences and educational events to expand your knowledge and network in this rewarding field.



MMDA 2024 Annual Conference
Poster Presentation winner Ali Raza
Jafri (left) presented by Dr. Cynthia
Kuttner, Treasurer, MMDA



Save the Date!

Saturday, Nov. 8, 2025

MMDA's 32nd Annual Conference

Visit our new website





Ingleside at Rock Creek
3050 Military Road, NW
Washington, DC 20015



MMDA
The Mid-Atlantic Society for
Post-Acute and Long-Term Care Medicine, Inc.

(561) 689-6321
<https://connect.paltmed.org/midatlantic/home>

MMDA serves medical directors, attending physicians, advanced practice nurses, and consultant pharmacists in SNFs throughout Maryland, Delaware, and Washington, D.C.

Hot Topics – Webinars On Demand



ast year, MMDA hosted six (6), 1-hour live CME/CMD approved webinars that are available free online for all current MMDA members!

Visit the “Hot Topics” section at <https://connect.paltmed.org/midatlantic/home> where you may earn up to six (6) CMEs and CMDs until 2027.

Overview:

MMDA is thrilled to share this exceptional member benefits – **Hot Topics on Demand!** In this rapidly evolving post-acute and long-term care landscape, staying ahead of the curve is paramount, and with **Hot Topics on Demand**, we’re empowering our members to do just that – with six (6), separate 1-hour presentations that are CME and CMD approved until 2027!

Whether it’s the latest advancements in treatment protocols, emerging trends in patient care, or insights into navigating regulatory changes, our on-demand platform delivers timely and relevant content straight to your fingertips. With a diverse array of topics curated by experts in the field, and presented by subject matter



experts, members can delve into the sessions that matter most to them, at their convenience.

List of Hot Topics Webinars

Topic: **Osteoporosis Diagnosis and Management in PALTC**

Presenter: Dr. Michele Bellantoni

Topic: **Buprenorphine for Opiate Use Disorder and Chronic Pain**

Presenter: Dr. Megan Buresh

Topic: **Raising the Bar (the Tide) for Nursing Care: Strategies for Performance Improvement**

Presenter: Dr. Rebecca Elon

Topic: **Coding Changes That Impact Your PALTC Practice**

Presenter: Dr. Robert Zorowitz

Topic: **Psychotropic Safety & Regulatory Updates in Long-Term Care**

Presenter: Bill LeGallee, PharmD

Topic: **Wound Care Delivery in Subacute Care Centers**

Presenter: Dr. Zaid Mirza

Earning CMEs and CMDs

1. After each session you view online, complete the evaluation by using the link at the bottom.
2. If you viewed the entire webinar, you may claim one (1) CME/CMD hour.
3. Answer each question and press the “Submit” button once the evaluation is completed.
4. A Certificate of Attendance will automatically be emailed to you from MMDA.
5. MMDA will report the earned credit directly to PALTmed.
6. For assistance, email ian.cordes@gmail.com

Click Here to access Hot Topics on Demand – For members Only
<https://connect.paltmed.org/midatlantic/home>

Telehealth in PALTC Update

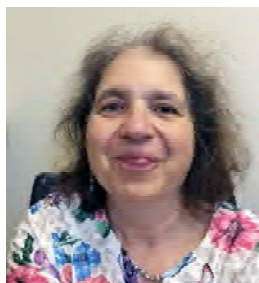
– By Cynthia Kuttner, MD, CMD; Co-Editor (DE), *MMDA Bulletin*; Treasurer, MMDA



elehealth has been recognized as an important adjunct to in-person care for geriatric patients and providers in rural areas, especially where travel distances can be daunting. Telehealth also allows for more frequent monitoring of acute changes in condition when providers are off-site. It has been well accepted by patients and providers post COVID-19 pandemic. Currently, there are regulations that require CMS mandated visits to be done in person; however, medically necessary visits in between the federally mandated visits can be done by

telehealth. This provision currently is in place through March 14, 2025. PALTmed and other organizations are advocating for an extension of the March 14th deadline and have appealed for telehealth codes and visits to be permanent. If approved, this would enable medically necessary visits to be done by the telehealth without fear that they will go unpaid.

Currently, due to the change in administration, all decisions have been on hold,



and it is uncertain regarding telehealth regulations.

Alex Bardakh, Senior Director for Advocacy and Strategic Partnerships at PALTmed, is currently working on this problem, and states “We are hopeful to get legislation that would make these provisions permanent or at the very least, extended for

a significant period of time.”

MMDA will continue to follow the progress on this subject, due to its importance to our members and patients.

Join MMDA Today!

MMDA – The Mid-Atlantic Society for PALTC Medicine serves medical directors, attending physicians, advanced practice nurses, and consultant pharmacists practicing in SNFs throughout Maryland, Delaware, and Washington, DC.

Join us in advancing excellence!

Here are a few of the benefits of membership:

- ▶ Networking Opportunities
- ▶ Education and Training
- ▶ Advocacy and Recognition
- ▶ Resources and Support
- ▶ <https://connect.paltmed.org/midatlantic/home>
- ▶ Exclusive Member Benefits
- ▶ Leadership Opportunities
- ▶ Join us in Advancing Excellence

(561) 689-6321

(561) 689-6324

MMDAwebsite@gmail.com



MMDA Membership Update

Visit our **New Website** — <https://connect.paltmed.org/midatlantic/home>

“Hot Topics” — See information about the list of topics on page 8.

Call for Awards Nominations — Your colleagues work tirelessly throughout the year! We invite you to consider nominating them for the Steve Levenson Medical Director of the Year Award or the Clinician of the Year Award. Be on the lookout for the e-notice, check the website for nomination forms (when they are available) at <https://connect.paltmed.org/midatlantic/home>, request the forms via email from mmdawebsite@gmail.com, or call the business office at (561) 689-6321. The Awards will be presented during the business meeting at the annual conference on Nov. 8, in Washington, D.C.

Your Membership is Appreciated... Your Engagement is Essential — Share your professional expertise and knowledge of good governance practices by serving on one of MMDA’s committees. MMDA committee chairs and members are listed on page 2. If you would like to be considered for committee membership, send an email to MMDA staff at mmdawebsite@gmail.com.

Call for Poster Proposals — MMDA’s Poster Session will be held during its 32nd Annual Conference on Saturday, Nov. 8, 2025. Posters provide an opportunity to share research results, best practices, and outcomes with colleagues. The sessions are visual presentations using diagrams, charts, and figures. Poster presentations may be on any aspect of clinical care, pharmacology of medicine, medical education, medical direction, medical care delivery, medical/nursing/pharmacist ethics, economics of medicine, pediatric long-term care — and in any post-acute and long-term care setting. All poster abstract proposals must be submitted online so look for the email announcement with the link. To learn more about MMDA’s annual meeting (when it is available online), visit <https://connect.paltmed.org/midatlantic/home>, to submit a poster abstract proposal, call Ian Cordes at (561) 689-6321.

MEMBERSHIP APPLICATION

One (1) Membership Year: January to December

**MMDA –
The Mid-Atlantic
Society for Post-
Acute and Long-
Term Care Medicine,
Inc.**

Maryland
Washington, DC
Delaware
Chapter of PALTmed

Name _____ Credential(s) _____
Affiliation _____
Address _____
City, State, ZIP _____
E-mail (REQUIRED) _____
Telephone (office) _____ Fax _____
I have served as a Medical Director for _____ years.
I have served as a clinician in long-term care for _____ years.

☐ **Yes, I would like to Join or Renew MMDA!**

**Membership
Fees:**

General: Physicians, APNs, PAs in practice _____ \$150
Affiliate: Nurses, DONs, DDSs, CNSs, DPMs, and other IDT members _____ \$75
Emeritus: Retired _____ \$40
Students of all disciplines, **Residents**, and **Fellows** _____ \$0
TOTAL AMOUNT ENCLOSED \$ _____

**Payment
Methods:**

PAYMENT OPTIONS:

You may go to the MMDA website at <https://midatlantic.paltmed.org/> and pay using a credit card that will be processed through our Stripe account.

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Payments:**

☐ Check enclosed. Please make checks payable to **MMDA**.

☐ Visa ☐ MasterCard ☐ American Express

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