



**Early-Bird
rates ends on
Oct. 24!**

MMDA's 32nd Annual Conference

Nov. 8, 2025

Leading with Compassion, Advancing with Knowledge



INGLESIDE
AT ROCK CREEK

ENGAGED LIVING

An Ingleside Community

**Residences at No. 8 & 9
3050 Military Road, NW
Washington, DC 20015**

Register online today:



**Joint Provided by MMDA – The Mid-Atlantic Society for Post-Acute and Long-Term Care Medicine
and PALTmed – The Post-Acute and Long-Term Care Medical Association**

(561) 689-6321

[PALTmed home page](#)

MMDA is the regional affiliate chapter of AMDA – The Society for Post-Acute and Long-Term Care Medicine, supporting medical directors, physicians, nurse practitioners, and other clinicians practicing in the post-acute and long-term care continuum in Maryland, Delaware, and DC. MMDA provides education, advocacy, information, and professional development for its members.



Serving Delaware, Maryland, and Washington, DC

MMDA's 32nd Annual Conference

Leading with Compassion, Advancing with Knowledge

7:30-8:30 am	Registration – Coffee and Continental Breakfast with Sponsors
8:30-8:35 am	Welcome: Fatima Naqvi, MD, CMD – President, MMDA; and Elisa Gil-Pires, MD, FACP, CMD; chair, Education Committee, and VP, MMDA; and Karen Cousins, MD, CMD; Co-Chair, Education Committee
8:35-9:35 am	Session #1 – Legislative and Public Policy Update (1.0-M) Alex Bardakh, MPP, CAE ; Senior Director, Advocacy and Strategic Partnerships AMDA – The Society for Post-Acute and Long-Term Care Medicine
9:35-10:35 am	Session #2 – Comprehensive Pain Management Workshop (1.0-C) Dominique Luong Vinh, MD, MBA, CMD ; Adjunct Assistant Professor, Physical Medicine and Rehabilitation, Johns Hopkins School of Medicine Faculty
10:35-11 am	Visit with Exhibitors
11-11:45 am	Session #3 – Regulatory Update (0.75-M) Heather Reed , Deputy Director, Long Term Care; Maryland Dept. of Health Care Quality
11:45 am-12:15 pm	Session #4 – Literature Review (0.5-C) Douglas Gyamfi, BSN, RGN ; 2 nd Year PhD Student, Univ. of Maryland School of Nursing Marta Zampino, MD ; Geriatric Fellow, Johns Hopkins
12:15-1:15 pm	Exhibit Time/Lunch Annual Business Meeting – Dr. Fatima Naqvi , President, MMDA Presentation of Awards
1:15-2:15 pm	Session #5 – Use of AI in Nursing Homes (1.0-M) Steven Buslovich, MD, MSHCPM ; Chief Medical Officer, PointClickCare
2:15-2:30 pm	Visit with Exhibitors
2:30-3:30 pm	Session #6 – AI In the Skilled Nursing World – A Legal Perspective and Overview (1.0-M) Christopher M. McNally, Esq. ; Partner, Bodie, Friddell & Grenzer, P.C.
3:30-5:20 pm	Session #7 – Latest CMS Updates and Guidance (1.75-M – includes a 5-minute break) Barbara Bates, MSN, DNS-MT, RAC-CT, QCP-MT ; Executive Trainer, MDS Consultants Naveen Maddineni, MD ; Psychiatry Director, Maryland, PsychoGeriatric Services Melissa “Missy” Mansfield, BSN, MS, RN ; Regional Vice President, Complete Care MidAtlantic Naudine Mokhtari, PharmD ; Clinical/Consultant Pharmacist; CEO, NTM Rx Consultant Ziad K. Mirza, MD, CPE, CMD, FACP, MBA, ABIM, ABPM/UHM ; Multi-Facility Medical Director, AlignedMed Partners
5:20 pm	Closing Remarks • Door Prizes • Adjourn

Speakers and topics are subject to change without notice.

**Joint Provided by MMDA – The Mid-Atlantic Society for Post-Acute and Long-Term Care Medicine
and Post-Acute and Long-Term Care Medical Association**

Annual Conference Description

This program is designed to provide a review and update of major geriatric diseases, illnesses, and risks found in nursing home patients, residents of assisted living facilities, those under hospice care, and seniors living at home. Topics covered this year include: A Legal Perspective of AI In the Skilled Nursing World • CMS Update on enhanced SNF surveyor guidance • Legislative and Public Policy Update • Literature Review • Pain Management Workshop • Regulatory Update • Use of AI in Nursing Homes

Target Audience

This conference is designed to educate physicians, medical directors, advanced practice nurses, physician assistants, directors of nursing, registered nurses, long-term care administrators, and other disciplines in PALTC. The faculty includes national and regional authorities in the fields of post-acute, and long-term care medicine, medical direction, senior care pharmacology, and geriatric medicine.

Annual Conference Objectives

Upon completion of MMDA's 32nd Annual Conference, participants should be able to:

1. Discuss the professional challenges facing medical directors, attending physicians, advanced practice nurses, physician assistants, directors of nursing, and administrators practicing in the continuum.
2. Describe the advances in theoretical and clinical knowledge impacting individuals affected by medical issues in the PALTC continuum.
3. Describe examples of evidence-based practice and multidisciplinary approaches to enhance outcomes in various health care settings.
4. List examples of evidence-based practice as it pertains to post-acute and long-term care medicine.



CREDIT INFORMATION

Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Post-Acute and Long-Term Care Medical Association and MMDA - The Mid-Atlantic Society for Post-Acute and Long-Term Care Medicine. Post-Acute and Long-Term Care Medical Association is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Category 1 Credit™ Designation: Post-Acute and Long-Term Care Medical Association designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CMD Credit: This CME activity has been pre-approved for up to 1.5 clinical hours and 5.5 management hours toward certification or recertification as a Certified Medical Director (CMD) in post-acute and long-term care medicine. Each physician should claim only those hours of credit actually spent on the activity. The CMD program is administered by the PALTmed. For further information, contact PALTmed at 410-992-3115 or at certification@paltmed.org.

American Osteopathic Association Credit: AOA recognizes this activity for AMA PRA Category 1 Credit™ as AOA Category 2 Credit.

Nurse Practitioners: The ANCC accepts AMA PRA Category 1 Credit(s)™ towards recertification. 1 AMA PRA Category 1 Credit™ = 1 contact hour. For more information visit the ANCC FAQs.

Physician Assistants: The NCCPA accepts AMA PRA Category 1 Credit(s)™ towards recertification. Visit the NCCPA website for more information.



Register online today and pay with a credit card by visiting <https://midatlantic.paltmed.org/meetings>.

MMDA's 32nd Annual Conference

Early-Bird DEADLINE is Oct. 25, 2025

Ingleside at Rock Creek

3050 Military Road, NW | Washington DC 20015 | Phone: (202) 499-6543

Nov. 8, 2025



CONFERENCE REGISTRATION

I am a: _____ Physician _____ Medical Student or _____ Nursing Student
(Please check one) _____ Nurse Practitioner _____ Medical Resident or _____ Nursing Resident
_____ Nurse _____ Medical Fellow or _____ Nursing Fellow
_____ Physician's Assistant _____ Administrator/Administrative Staff
_____ Other Health Professional: _____

Name: _____ Credentials: _____ Phone: _____
Street: _____ State: _____ ZIP: _____
Email: _____ Fax: _____

☐ By checking this box, I consent to have MMDA share my contact information with conference exhibitors and sponsors. MMDA relies on exhibitors and sponsors to help support the organization. We hope that you will opt-in to sharing your contact information with our supporters as they promote their presence at MMDA's 32nd Annual Conference.

Early-Bird Registration Fees (Until Oct. 25)

- ☐ MMDA Members..... **\$209**
- ☐ Non-Members..... **\$239**

Post-Early-Bird Registration Fees (Starting Oct. 26)

- ☐ MMDA Members..... **\$229**
- ☐ Non-Members..... **\$259**
- ☐ Students, Residents & Fellows – **No Fee**

I am Renewing/Joining MMDA – 1-Year Membership

- ☐ **GENERAL MEMBER:** Physicians, NPs, and PAs in practice – **\$150**
- ☐ **AFFILIATE:** Nurse, DON, DDS, CNS, PharmD, DPM, NHAs and trainees in all disciplines – **\$75**
- ☐ **EMERITUS** – **\$40** (Retired)
- ☐ Students, Residents & Fellows – **No Fee**

Total fees and/or dues enclosed: \$ _____

☐ Payment by check enclosed ☐ Payment submitted at <https://midatlantic.paltmed.org/home> ☐ Payment by credit card below

☐ Visa

Name on Card: _____

☐ MasterCard

Card Number: _____

☐ American Express

Expiration: _____ Security Code (3 or 4 digits): _____



Billing Address ZIP Code: _____ Phone: _____

Email: _____ Fax: _____

Cardholder's Signature: _____ Date: _____

Please Help Us Better Process Your Registration: 1. ☐ Yes, I would like to make a special meal request and we will try to accommodate you. Contact mmdawebsite@gmail.com 2. ☐ Yes, I am a 1st-time attendee. 3. **NOTE:** Due to space limitations, planned conference meals are provided only to registrants.

Make payments payable to MMDA and mail to: MMDA, c/o Corecare Associates

3123 Breakwater CT, West Palm Beach, FL 33411 • Phone: (561) 689-6321; Fax: (561) 689-6324; Email: mmdawebsite@gmail.com

CANCELLATION POLICY: All registration cancellations must be made in writing to MMDA. Notices should be emailed to: mmdawebsite@gmail.com or faxed to **(561) 689-6324**, Attention: Registrar. Cancellations received by **Oct. 4, 2025**, will receive a refund less a **\$50** administrative fee. Cancellations received after **Oct. 18, 2025**, will be refunded one-half of the registration fee using the same method they were paid. Please allow 2 to 3 weeks for refund if payment was made by check. Cancellations after **Oct. 25, 2025**, will result in the forfeiture of all registration fees. If you do not attend, you forfeit all registration fees. Partial or full registration fees that have been forfeited will not be applied to subsequent meetings and events. Absolutely no exceptions will be made to the cancellation policy.

Save Big! Join MMDA Today and Your Membership Will Run Through Dec. 31, 2026.

At the forefront of Post-Acute and Long-Term Care (PALTC) Medicine, MMDA – The Mid-Atlantic Society for PALTC Medicine (MMDA) invites you to join our esteemed community of healthcare professionals dedicated to excellence in patient care. Membership with MMDA offers you unparalleled opportunities for networking, education, and professional growth. Here are a few of the benefits of membership:

- ▶ Networking Opportunities
- ▶ Education and Training
- ▶ Advocacy and Recognition
- ▶ Resources and Support
- ▶ Exclusive Member Benefits
- ▶ Leadership Opportunities
- ▶ Join us in Advancing Excellence
- ▶ Special Member Discount Fees for the Annual Conference.



Elevate Your Practice

<http://bit.ly/3UPLzAj>



Conference Quick Links

Don't miss the Oct. 25 Early-Bird deadline!

Click here to register for the 32nd Annual Conference and take advantage of the discounted member rate.

[*Join MMDA Today!*](#)

[*Register Now!*](#)

[*MMDA Website*](#)

Hotels

MMDA has arranged for a block of rooms at these 2 hotels which are both less than 2 miles from the venue.

The nightly rate is \$179 (single/double) from **Nov. 7-9, 2025**, based on availability.

The deadline to reserve your rooms is **Oct. 14, 2025**.

[*Courtyard by Marriott Bethesda Chevy Chase*](#)

[*Embassy Suites by Hilton Washington DC Chevy Chase Pavilion*](#)

Area Map

Addresses and Notes on b.

Hotels: Within 2 miles of IRC

Food: Within 1 mile of



Courtyard Bethesda
Chevy Chase



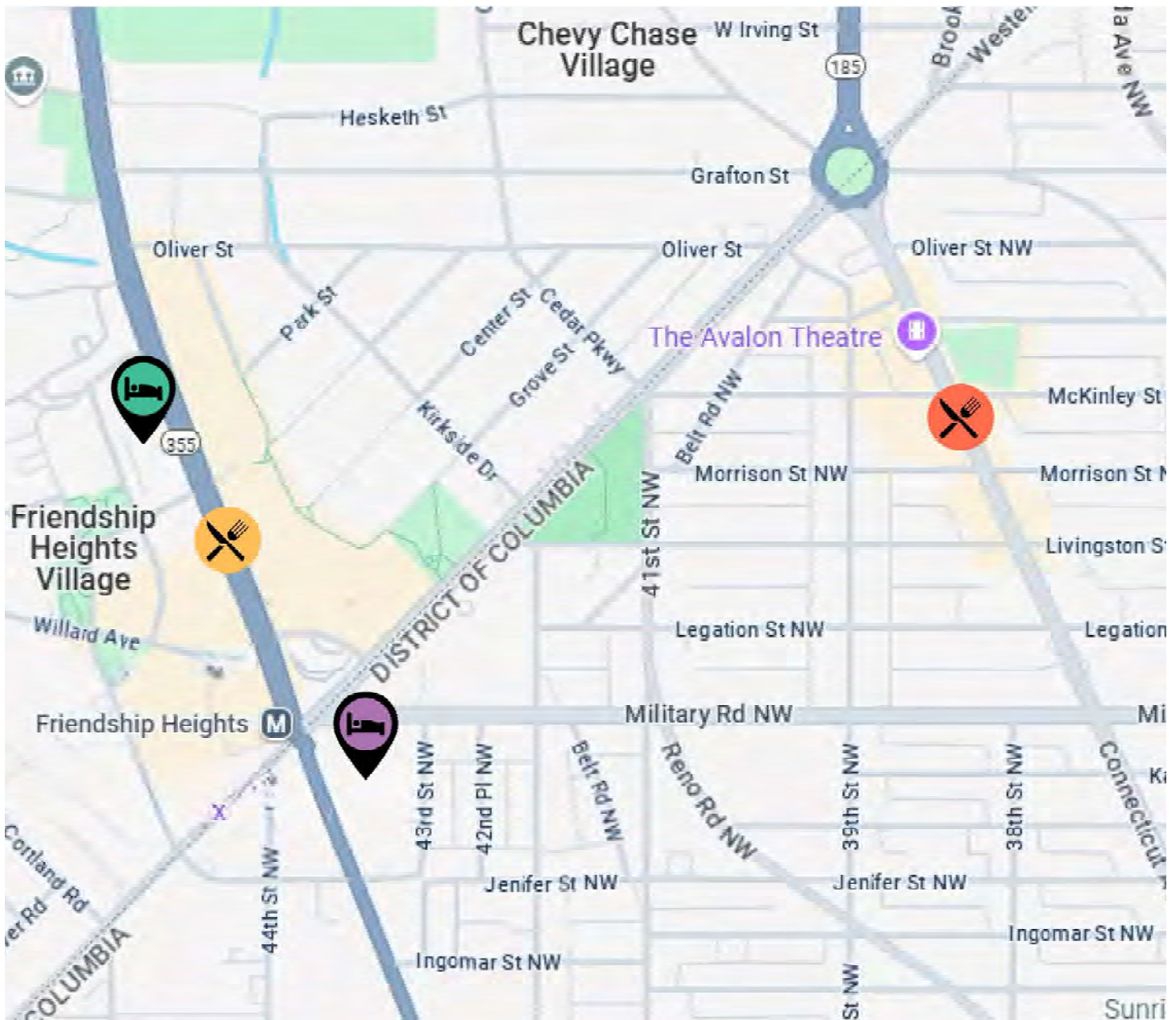
Embassy Suites by
Hilton



Ingleside at Rock Creek (IRC)



- Little Beast Cafe & Bistro
- The Avenue
- Parthenon Greek Restaurant
- Bread & Chocolate
- Momma Lucie's Cafe

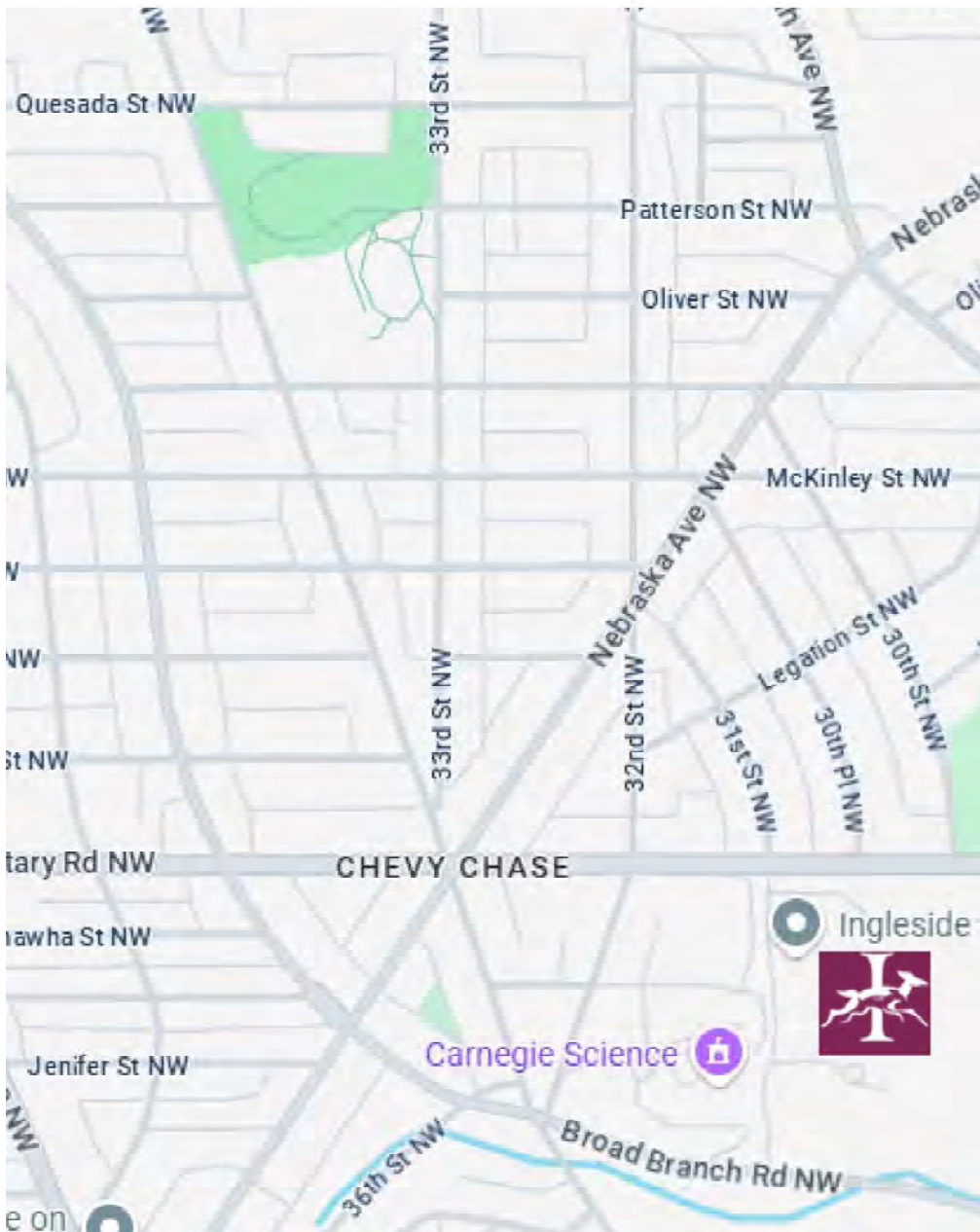


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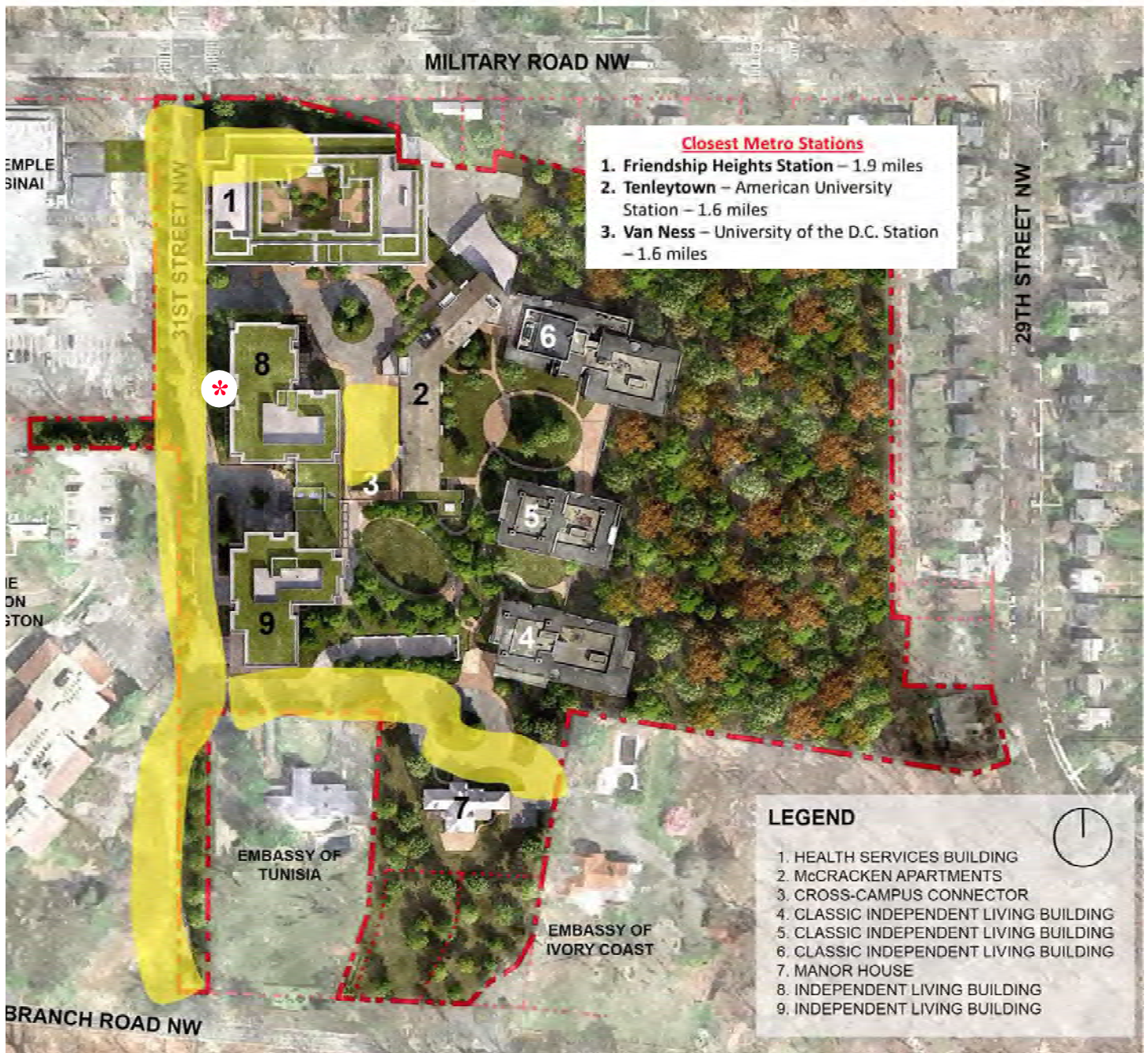
IRC **Food:** Within 2 Miles of IRC



- Clyde's
- Lia's
- Jay by Seven Reasons
- The Capital Grille
- Maggiano's Little Italy
- Sushiko



Parking for MMDA's 32nd Annual Conference will be on the campus of Ingleside at Rock Creek, 3050 Military Road NW, Washington, DC 20015. The yellow highlighted areas below are the designated parking spots for our conference. They are available near building 8 (on the map below) identified as Residences at No. 8 & 9, * where our Annual Conference will be held.



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