

Prostate Cancer
Foundation
30 YEARS
Curing Together.

100 Miles in March

Run/Walk Challenge



pcf.org

Run/Walk Mile Tracker

SUN	MON	TUE	WED	THU	FRI	SAT
			Day 1	Day 2	Day 3	Day 4
Day 5	Day 6	Day 7 <i>1st week done - keep going!</i>	Day 8	Day 9	Day 10	Day 11
Day 12	Day 13	Day 14	Day 15 <i>Yay me! I'm halfway there!</i>	Day 16	Day 17	Day 18
Day 19	Day 20	Day 21	Day 22	Day 23	Day 24	Day 25
Day 26	Day 27	Day 28	Day 29 <i>Nearly there!</i>	Day 30	Day 31	

MARCH 2023



Facebook.com/groups/100MileRunWalk

I achieved

_____ miles in March!

MARCH 1 – 31, 2023

Donations are tax deductible to the fullest extent of the law.
 100 Miles in March is a program of the Prostate Cancer Foundation.
 Our federal tax ID# is 95-4418411.

Use this form to keep track of donations or pledges that you get as you do the 100 Miles in March Challenge. If you have any questions, please contact us at **310-570-4700** or **info@pcf.org**.
All donors will receive a tax receipt when a donor's address is included.

Registered Participant

 (PRINT YOUR NAME)

Donor / Pledger's Name	Donor / Pledger's Address	Donation	Pledge per mile	Total Contribution
1		\$	\$	\$
2		\$	\$	\$
3		\$	\$	\$
4		\$	\$	\$
5		\$	\$	\$
6		\$	\$	\$
7		\$	\$	\$
8		\$	\$	\$
9		\$	\$	\$
10		\$	\$	\$
Total Contributions \$				\$

Sample Check



Fill out this form, include checks and mail to:

Prostate Cancer Foundation
 Attn: 100 Miles in March
 1250 Fourth Street, Suite 360
 Santa Monica, CA 90401