

Sexual Health After Prostate Cancer

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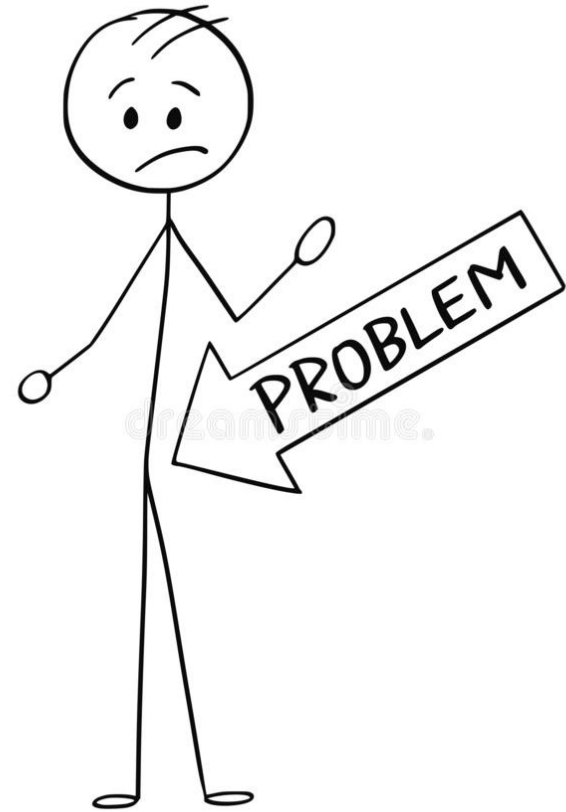
What is ED?

- ED is the consistent inability to sustain an erection sufficient for sexual intercourse
- ED can be:
 - A total inability to achieve an erection
 - An inconsistent ability to achieve an erection rigid enough for penetration
 - A tendency to sustain only brief erection



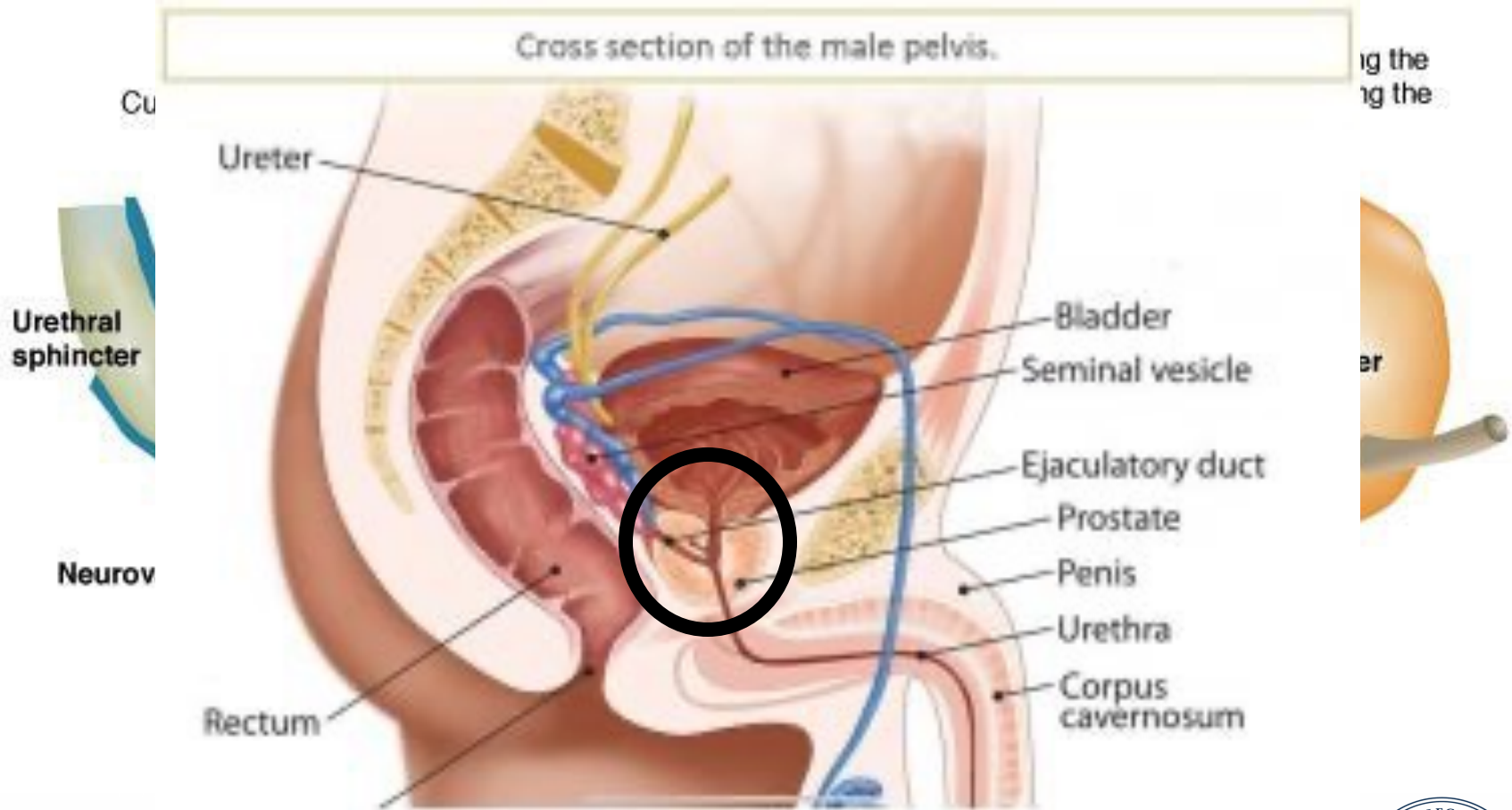
Causes of ED

- 1 in 4 men
- Surgery (prostate, bladder, or colon removal)
- Pelvic Radiation
- Androgen Deprivation
- Disease (diabetes, hypertension, heart disease)
- Substance Use (tobacco, drugs, alcohol, or medications)
- Injury (brain or spinal cord)
- Trauma



Side Effects? WHY?

Prostate cancer treatments may affect the nerves that control erections and continence



ED After Prostate Cancer Treatment

Prostatectomy

- Immediate
- May take a year or longer to regain function

Radiation Therapy

- Occurs slowly
- Decline happens over time

- Rehab help keeps tissue as health as possible during healing
- If the ability doesn't recover after prostate cancer treatment, there are treatment options to help



Diagnosis/Treatment Pathway

