Restriction Spectrum Imaging as a quantitative biomarker for prostate cancer with reliable positive predictive value

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<u>Background</u>. Positive predictive value of PI-RADS for clinically significant prostate cancer (csPCa, grade group [GG]≥2) varies widely between institutions and radiologists. The Restriction Spectrum Imaging restriction score (RSIrs) is a metric derived from diffusion MRI that could be an objectively interpretable biomarker for csPCa. The goal of this study is to evaluate the performance of RSIrs for patient-level detection of csPCa in a large and heterogenous dataset, and to combine RSIrs with clinical and imaging parameters for csPCa detection.

<u>Methods</u>. In this retrospective study, 2845 patients were scanned for suspected or known csPCa at 7 centers. We calculated patient-level csPCa probability based on maximum RSIrs in the prostate, without relying on subjectively defined lesions. We used area under the ROC curve (AUC) to compare patient-level csPCa detection for RSIrs, ADC, and PI-RADS. Finally, we combined RSIrs with clinical risk factors via multivariable regression, training in a single-center cohort and testing in an independent, multi-center dataset.

Results. Among all patients (n=1892), probability of csPCa increased with higher RSIrs. GG \geq 4 csPCa was most common in patients with very high RSIrs. Among biopsy-naïve patients (n=877), AUCs for GG \geq 2 vs. non-csPCa were 0.73 (0.69-0.76), 0.54 (0.50-0.57), and 0.75 (0.71-0.78) for RSIrs, ADC, and PI-RADS, respectively. RSIrs significantly outperformed ADC (p<0.01) and was comparable to PI-RADS (p=0.31).

The combination of RSIrs and PI-RADS outperformed either alone. Combining RSIrs with PI-RADS, age, and PSA density in a multivariable model achieved the best discrimination of csPCa.

<u>Conclusion</u>. RSIrs is an accurate and reliable quantitative biomarker that performs better than conventional ADC and comparably to expert-defined PI-RADS for patient-level detection of csPCa. RSIrs provides objective estimates of probability of csPCa that do not require radiology expertise.

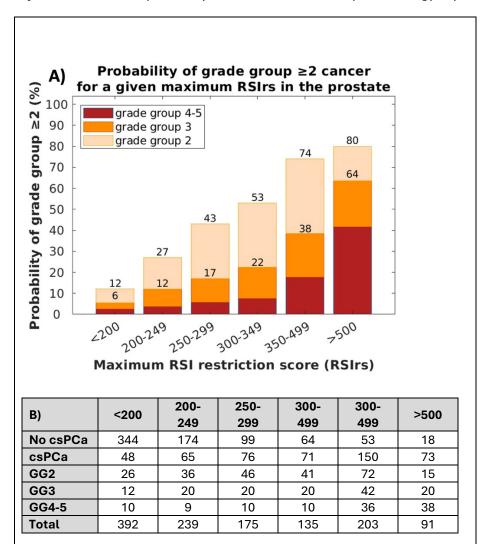


Figure 1. (A) Probability of clinically significant prostate cancer (csPCa) and high-grade csPCa for strata of maximum RSIrs values in data from n=1235 biopsy-naïve patients. The upper number in each column is the probability of csPCa and the lower number is the probability of GG≥3 cancer. (B) Number of patients in each maximum RSIrs stratum in the present dataset. Patients with no biopsy were assumed to not have non-csPCa if expert PI-RADS interpretation was ≤2 and PSA density < 0.15.

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Conflicts of Interest Disclosure Statement

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