



**A Typical Day's Timetable At PAC Sports And Centre Stars Summer Megacamps (select your Sport/Stage School options upon booking).**

	<b>Sport Only Option</b>	<b>Stage School only Option</b>	<b>Sport and Stage School Option</b>
<b>9.30</b>	Welcome and registration	Welcome and registration	Welcome and registration
<b>9.45</b>	Choice- Basketball or dodgeball	Choice- Musical theatre workshop or mask making	Choice- Dodge ball or Cricket
<b>10.45</b>	<b>Break</b>	<b>Break</b>	<b>Break</b>
<b>11.00</b>	Choice- Tennis or Archery	Drama games and Street Dance	Musical theatre workshop or Street Dance
<b>12.00</b>	Capture the flag- Beat the coaches. <i>Awards ceremony for morning only children</i>	Capture the flag- Beat the coaches. <i>Awards ceremony for morning only children</i>	Capture the flag- Beat the coaches. <i>Awards ceremony for morning only children</i>
<b>12.20</b>	<b>Lunch.</b> Supervised free play. Play equipment available including arts and crafts, football, target throwing hula hooping, active challenge of the day.	<b>Lunch.</b> Supervised free play. Play equipment available including arts and crafts, football, target throwing hula hooping, active challenge of the day.	<b>Lunch.</b> Supervised free play. Play equipment available including arts and crafts, football, target throwing hula hooping, active challenge of the day.
<b>12.45</b>	Capture the flag- beat the coaches replay <i>Welcome and registration for afternoon only children</i>	Capture the flag- beat the coaches replay <i>Welcome and registration for afternoon only children</i>	Capture the flag- beat the coaches replay <i>Welcome and registration for afternoon only children</i>
<b>1.00</b>	Water catch game and soak the coach	Street dance session	Water catch game and soak the coach
<b>2.00</b>	<b>Break</b>	<b>Break</b>	<b>Break</b>
<b>2.15-3.15</b>	Choice-Dodgeball or golf	Choice- improvisation and drama games OR drama themed creative arts	Musical theatre workshop or Street Dance
<b>3.15</b>	<i>Prep for home. Awards ceremony for full day and afternoon only children</i>	<i>Prep for home. Awards ceremony for full day and afternoon only children</i>	<i>Prep for home. Awards ceremony for full day and afternoon only children.</i>