Critical Care Training

PLS Course Programme

Day One

07.45 – 08.00 Registration
08.00 – 08.50 Welcome and recognition of the seriously ill child
08.50 – 09.30 Management of cardiac arrest

09.40 – 10.20	Airway – Basic & Trach considerations	40 Mins
10:20 - 10:50	**COFFEE**	
10.50 – 11.30	Basic life support and FBAO	40 Mins
11.30 – 12.10	Cardiac arrest rhythms and defibrillation familiarization	40 mins
12.10– 12.30	Intraosseous infusion and drawing up adrenaline	40 mins

12:30 – 13:00 Structured Approach to Trauma inc Spinal protection

13.00 – 13.30 **LUNCH**

13:30 – 14.10 Structured Approach to illness

14.10 14.30	PLS Simulation Demonstration I serious illness 1 cardiac arrest

PLS simulation stations			
	15.00 – 15.45	15.45 – 16.30	17:00 – 17:30
Green team instructors	C1, C2, C3	C10, C11, C12	Reviews with Green team
Blue Team Instructors	C13, C14, C15	C4, C5, C6	Reviews with Blue team,
Red Team Instructors	C7, C8, C9	C16, C17, C18	Reviews with Red team

17:30 Questions and Answers Course debrief.

18:00 Course close

To successfully pass PLS you must:-

- Complete your pre course VLE in full.
- Attend and participate actively in all sections of the face to face day.
- Be able to demonstrate your ability to apply a basic, safe structured approach, to care of the seriously ill child.