

Beams of Light Weekly Menu

1

Monday	Chicken goujons in wraps
Tuesday	Mixed sandwiches
Wednesday	Hotdogs
Thursday	Spaghetti on toast
Friday	Sausage rolls or cheese rolls

2

Monday	Croissants with cheese or jam
Tuesday	Pasta with cheese
Wednesday	Fish fingers in wraps or bread
Thursday	Mixed sandwiches
Friday	Bread and cocktail sausages or cheese

3

Monday	Fish fingers in wraps or bread
Tuesday	Mixed sandwiches
Wednesday	Sausage rolls or cheese rolls
Thursday	Hotdogs
Friday	Pizza

4

Monday	Mixed sandwiches
Tuesday	Chicken goujons in wraps
Wednesday	Spaghetti on toast
Thursday	Wraps with ham or chicken
Friday	Croissants with cheese or jam

Snack is always served with fruits and salad. Alternative snack is provided for the children with dietary requirements.