



Beams of Light Programme of Activities

	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 08.01.2024					
Theme:	Inset Day	Create a Limerick	Create a Haiku	Create Free Verse	Create a Sonnet
Poetry	Sticking /Writing/ Painting/ Cutting/ Reading (EYFS)				
	Inset Day	Rounders/ Free play	Skipping/ Free play	Grandma's footsteps/ Free play	Football/ Free play
W/C 15.01.2024					
Theme:	Spiderman	Ironman	Wonder Woman	Thor	Captain America
Superheroes	Role play/Phonics/ Building/ Participate in discussions/ Puzzle games (EYFS)				
	Dodgeball/ Free play	Freeze Game/ Free play	Charades/ Free play	Basketball/ Free play	Stuck in the mud/Free play

This programme may change, an alternative will also be made available. Throughout the session, quiet games and general play will also be on offer. During group discussion, the children will be encouraged to contribute their ideas with the group. **C = Children's choice.**

Every Child Matters Outcomes Key	Early Years Foundation Stage KEY
Being Healthy (BH) Enjoy & Achieve (EA) Achieve Economic Wellbeing (AEW) Staying Safe (SS) Positive Contribution (PC)	Personal, Social and Emotional Development (PSE) Knowledge and Understanding of the World (KUW) Problem Solving, Reasoning and Numeracy (PSRN) Communication, Language and Literacy (CLL) Creative Development (CD) Physical Development (PD)

On top of the structured activities, there are other equipment also available for the children to play such as chess, draughts, snooker table, football table, connect 4, puzzles and many more tabletop games.

We also have the 'small world corner' to enhance the imaginative skills of the children and the 'homework corner' where children can do their respective homework.



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W/C 22.01.2024 Theme: Zoo Week	Handprint monkey	Animal watercolour silhouettes	Create Lions mane – paper mask	Elephant craft using newspaper	Build a zoo
	Letter forming/ Role Play/ Printing different shapes/ Participate in discussions (EYFS)				
	Pac Man/Free play	Bench ball/Free play	Skittle balls/ Free play	Piggy in the middle/ Free play	Musical statues/Free play
W/C 29.01.2024 Theme: Space, Planets and Astronauts	Create galaxy playdough	Design your own space rocket	What does an astronaut do? Design a space lander	DIY Solar System	Learn fun facts about Space
	Playdough/ Building/ Construction (Lego)/ Sticking/ Cutting (EYFS)				
	Musical Statues/ Free play	Bulldog/ Free play	Capture the flag/ Free play	Listening games/ Free play	Over and under/Free play

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W/C 05.02.2024					
Theme:	Tyrannosaurus rex	Velociraptor	Triceratops	Brontosaurus	Spinosaurus
Dinosaurs	Painting/ Number forming/ Singing and dancing/ Tactile games (EYFS)				
	Number group game /Free play	Racing group games /Free play	Table Tennis /Free play	Floor is Lava/ Free play	(C)Musical chairs/Free play

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