

Beams of Light Programme of Activities

	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 19/02/2024 Theme: Fairy Tales	Cinderella Decorate Cinderella's glass slipper	Beauty and the Beast Jewelled Cardboard Mirror Craft	Rapunzel Princess Castle Craft	Snow White & The 7 Dwarfs Arts & Crafts	Jack and the Beanstalk Arts & Crafts
Reading/Phonics/Number Forming/Painting/Colouring/Role Play (EYFS)					
	Football/ Free play	Basketball/ Free play	Skittle balls/ Free Play	Fruit salad game/Free play	Bowling/Skipping
W/C 26/02/2024 Theme: Team Building	Complete fun tasks as a team The benefits of working together	Create a mini comic book as a team Group discussion - Compromise	Mini sports day (C) Group discussion - Leadership	Competition - designing poster about Teamwork Communication – understanding instructions	Clue hunt around the school Recap – What have you learnt this week?
Construction/ Drawing/ Singing Nursery Rhymes/ Dancing/Printing Shapes (EYFS)					
	Hey, hey, hey Captain! Sharks game/ Football	Dodgeball/Free play	Bench ball/Free play	Freeze/ Tennis	Yoga for relaxation

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Every Child Matters Outcomes Key	Early Years Foundation Stage KEY
Being Healthy (BH) Enjoy & Achieve (EA) Achieve Economic Wellbeing (AEW) Staying Safe (SS) Positive Contribution (PC)	Personal, Social and Emotional Development (PSE) Knowledge and Understanding of the World (KUW) Problem Solving, Reasoning and Numeracy (PSRN) Communication, Language and Literacy (CLL) Creative Development (CD) Physical Development (PD)

On top of the structured activities, there are other equipment also available for the children to play such as chess, draughts, snooker table, football table, connect 4, puzzles and many more tabletop games.

We also have the 'small world corner' to enhance the imaginative skills of the children and the 'homework corner' where children can do their respective homework.

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W/C 04/03/2024 Theme: Mother's Day Week & World Book Day	Design a card for mum (C) What makes mum special	Write a poem for mum How can I help mum with her daily chores at home?	Create a bouquet of flowers Writing competition - all the wonderful things mums do	Celebrate World Book Day Make bookmarks	Create an award for 'Best Mum'
	Cutting/ Sticking/ Painting/ Building/ Role play (EYFS)				
	Tag/ Free play	Volleyball/Free play	Beanbag game/Free play	Hula hoop games/ Free play	Rounders /Free play
W/C 11/03/2024 Theme: Celebrating Ramadan & St. Patrick's Day	Why do we celebrate Ramadan? Create a moon card	Making lanterns	Create a Good Deeds Tree	Who is St. Patrick? Decorate Shamrocks	Make rainbow music shakers
	Participate in discussion/Lego/Letter Forming/Mark making (EYFS)				
	Space awareness and movement/Free play	Music and dance/ Free play	(C) Table tennis/ Free play	Skipping/Free play	Charades/Free play

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W/C 18/03/2024 Theme: Exercise Week	Understanding the importance of daily exercises Stretching/Lunges	Reasons why we need to exercise Aerobics/Steps	Learning different types of exercises Gymnastics/Star jumps	Understanding the importance of calm exercises Yoga/Meditation (C)	Be a leader - show us your way to exercise Individual demonstration
Participate with group exercises/Creative activities (sticking, cutting, drawing) Role play/Printing Shapes (EYFS)					
	Zumba/Free play	Stuck in the mud/Free play	Parachute game/Free play (C)	Relay races/ Free play	Duck, duck goose/Free play (C)
W/C 25/03/2024 Theme: Spring Season	Understanding the seasons in the UK Which months fall in Spring? Tips in growing plants	Painting pot plants Making a spring sun catcher	Making spring flowers Planting seeds in soil (C)	Observational drawing of plants/flowers How to care for plants and flowers	Bank Holiday
Planting/ Hand printing/Stringing beads/Painting (EYFS)					
	Fruit salad game/ Free play	Basketball/Free play	Skittle ball /Free play	Over and under/Free play	Bank Holiday

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