

## Beams of Light Programme of Activities

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>W/C 19/02/2024</b>  <b>Theme: Fairy Tales</b>	Cinderella  Decorate Cinderella's glass slipper	Beauty and the Beast  Jewelled Cardboard Mirror Craft	Rapunzel  Princess Castle Craft	Snow White & The 7 Dwarfs Arts & Crafts	Jack and the Beanstalk Arts & Crafts
Reading/Phonics/Number Forming/Painting/Colouring/ Role Play (EYFS)					
	Football/ Free play	Basketball/ Free play	Skittle balls/ Free Play	Fruit salad game/Free play	Bowling/Skipping
<b>W/C 26/02/2024</b>  <b>Theme: Team Building</b>	Complete fun tasks as a team  The benefits of working together	Create a mini comic book as a team  Group discussion - Compromise	Mini sports day (C)  Group discussion - Leadership	Competition - designing poster about Teamwork  Communication – understanding instructions	Clue hunt around the school  Recap – What have you learnt this week?
Construction/ Drawing/ Singing Nursery Rhymes/ Dancing/Printing Shapes (EYFS)					
	Hey, hey, hey Captain! Sharks game/ Football	Dodgeball/Free play	Bench ball/Free play	Freeze/ Tennis	Yoga for relaxation

This programme may change, an alternative will also be made available. Throughout the session, quiet games and general play will also be on offer. During group discussion, the children will be encouraged to contribute their ideas with the group. **C = Children's choice.**

Every Child Matters Outcomes Key	Early Years Foundation Stage KEY
Being Healthy (BH) Enjoy & Achieve (EA) Achieve Economic Wellbeing (AEW) Staying Safe (SS) Positive Contribution (PC)	Personal, Social and Emotional Development (PSE) Knowledge and Understanding of the World (KUW) Problem Solving, Reasoning and Numeracy (PSRN) Communication, Language and Literacy (CLL) Creative Development (CD) Physical Development (PD)

On top of the structured activities, there are other equipment also available for the children to play such as chess, draughts, snooker table, football table, connect 4, puzzles and many more tabletop games.

We also have the 'small world corner' to enhance the imaginative skills of the children and the 'homework corner' where children can do their respective homework.

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<b>W/C 04/03/2024</b>  <b>Theme:</b>  <b>Mother's Day Week &amp; World Book Day</b>	Design a card for mum (C)  What makes mum special	Write a poem for mum  How can I help mum with her daily chores at home?	Create a bouquet of flowers  Writing competition - all the wonderful things mums do	Celebrate World Book Day	Create an award for 'Best Mum'
	Cutting/ Sticking/ Painting/ Building/ Role play (EYFS)				
	Tag/ Free play	Volleyball/Free play	Beanbag game/Free play	Hula hoop games/ Free play	Rounders /Free play
<b>W/C 11/03/2024</b>  <b>Theme:</b>  <b>Celebrating Ramadan &amp; St. Patrick's Day</b>	Why do we celebrate Ramadan?  Create a moon card	Making lanterns	Create a Good Deeds Tree	Who is St. Patrick?  Decorate Shamrocks	Make rainbow music shakers
	Participate in discussion/Lego/Letter Forming/Mark making (EYFS)				
	Space awareness and movement/Free play	Music and dance/ Free play	(C) Table tennis/ Free play	Skipping/Free play	Charades/Free play

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<b>W/C 18/03/2024</b>  <b>Theme: Exercise Week</b>	Understanding the importance of daily exercises  Stretching/Lunges	Reasons why we need to exercise  Aerobics/Steps	Learning different types of exercises  Gymnastics/Star jumps	Understanding the importance of calm exercises  Yoga/Meditation (C)
Participate with group exercises/Creative activities (sticking, cutting, drawing) Role play/Printing Shapes (EYFS)				
	Zumba/Free play	Stuck in the mud/Free play	Parachute game/Free play (C)	Relay races/ Free play

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