



## Land and Leaf Collective Forest School Training at Old Wood Organic

### What is Forest School?

Forest School focuses on the holistic development of participants, through exploration and play, engaging people of all ages through long term activities in a woodland setting. We explore the natural world through the changing seasons; learning how we impact upon and are affected by the natural world around us. Getting outdoors we build community through games and activities whilst developing practical skills and knowledge. Through managing risk, problem solving and using their own initiative to work with others, participants establish and grow in confidence, self-esteem and motivation. Forest School training can be a deeply reflective and transformative process, alongside learning the skills to lead or support forest school programmes you will learn how to care for the natural environment and mitigate the impact of sessions. You will understand the full principles and criteria for good practice and how forest school promotes holistic development. You will explore the principles of play and educational pedagogies that support self-directed learning alongside the practical aspects of delivery, including health and safety with risk benefit analysis.

### Where is the course?

Face to face sessions take place in a beautiful woodland at Old Wood Organic, Skellingthorpe, Lincolnshire. The wood is situated down a bridleway surrounded by Skellingthorpe Old Wood. There is a working organic market garden also in the woodland, which is very peaceful. The woodland has a good diversity of trees, shrubs and plants allowing exploration and opportunities to learn about the environment.



### How to find us:

Address – Old Wood Organic, Woodbank, Lincoln LN6 5UA

Full directions and parking information is provided prior to the course start date.

For anyone with accessibility needs there are a few parking spaces just inside the entrance to the woodland. Please contact us in advance to arrange parking at the woodland. Please take care when entering the woodland and stick to the pathways.

WhatThreeWords Location: lawns.idea.headed

Public transport:



The number 19 bus travels between Lincoln and Skellingthorpe. Old Wood Organic is a 15 minute walk from the centre of Skellingthorpe.

Cycle: The woodland can be reached via the national cycle route 64.

What happens at forest school groups?

Forest school programmes are delivered in line with six guiding principles, which were agreed by the UK Forest School community in 2011.

During forest school sessions we gather together to share stories, songs and explore the natural environment. We enjoy nature craft activities and games. Parent and child groups introduce children and families to nature play and activities based on forest school principles.

Groups for older children also include circle time and reflective time. Sessions are based around building confidence, developing skills and learning about the natural resources around us.

WARNING - You are likely to get muddy; and enjoy it!

The role of supporting adults at Forest School sessions

Forest School practitioners intentionally share power acting as facilitators not teachers, focussing on the process of learning not the product. Sessions are learner centred and designed to guide children towards independence, resilience, creativity and self confidence. Ways to support participants include:

- Ensure that participants are able to clearly communicate.
- Step back to observe and listen.
- Support appropriate risk taking, following dynamic risk assessment.
- Don't focus on outcomes.
- Support engagement. Be aware that engagement looks different for different children.

Principles and Criteria for Good Practice

Principle One:

Forest School is a long-term process of frequent and regular sessions in a woodland or natural environment, rather than a one-off visit. Planning, adaptation, observations and reviewing are integral elements of Forest School.

Principle Two:

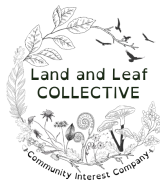
Forest School takes place in a woodland or natural wooded environment to support the development of a relationship between the learner and the natural world.

Principle Three:

Forest School aims to promote the holistic development of all those involved, fostering resilient, confident, independent and creative learners.

Principle Four:

Forest School offers learners the opportunity to take supported risks appropriate to the environment and to themselves.



#### Principle Five:

Forest School is run by qualified Forest School practitioners who continuously maintain and develop their professional practice.

#### Principle Six:

Forest School uses a range of learner-centred processes to create a community for development and learning.

#### Clothing requirements

Please ensure that you are dressed appropriately for the weather. Forest School training will take place in all weathers except high winds or storms. If you are dressed inappropriately you will not be able to enjoy and fully experience the sessions.

- Cold weather - loose thin layers that can trap warmth. Warm boots, hats, gloves and thick outer layer.
- Wet weather - waterproof boots and outer layer. Hat and gloves.
- Hot weather - thin clothes with arms and legs covered if possible i.e. leggings and t-shirt (to protect from scratches etc. Sunhat).

#### Communication

It is vital that forest school trainers and trainees communicate effectively and efficiently. Contact details of all course participants are collected at the start of the course and are available for the forest school trainer to contact with extra information throughout the course. We create WhatsApp groups for all course cohorts to share information, photographs and resources. The forest school trainer will be available to discuss any matters or concerns at the end of any session. If any parties need to contact the forest school trainer:

Email: [kat@landandleafcollective.org](mailto:kat@landandleafcollective.org)

Telephone: 07813079083

Communication will be by email except in urgent situations, such as the closure of the group due to high winds or other event, when parties will be contacted by WhatsApp and/or telephone.

Trainees are asked to complete a brief registration form with medical information and contact information at the start of the programme. Permission for photographs will be sought on this form.

Trainees are asked to give ongoing evaluation and feedback through talking, stories and reflective activities.

If you have any concerns or comments the forest school trainer is happy to discuss any aspects of the course either in person or over the phone. If you would like to discuss any issues with the forest school trainer you can email Land and Leaf Collective directors: [lisa@landandleafcollective.org](mailto:lisa@landandleafcollective.org) / [kaylee@landandleafcollective.org](mailto:kaylee@landandleafcollective.org)



## Complaints Procedure

Land and Leaf Collective aims to provide high quality services which meet your needs. We believe we achieve this most of the time: if we are not getting it right please let us know. In order to ensure our services remain at a high and improving standard, we have a procedure through which you can let us know if for any reason you are not satisfied with your dealings with us.

If you are not happy with Land and Leaf Collective please tell us.

### Initial complaint

If you are unhappy about any Land and Leaf Collective service, please speak to the relevant volunteer, staff member, or director. If you are unhappy with an individual in Land and Leaf Collective sometimes it is best to tell them directly. If you feel this is difficult or inappropriate, then speak to the volunteer's supervisor or a director. Often we will be able to give you a response straight away. When the matter is more complicated, we will give you an initial response within five working days.

### Making a written complaint

If you are not satisfied with our response or wish to raise the matter more formally, please write to the director/ board of directors (If your complaint is about a director, please write to the other director(s)). All written complaints will be logged. You will receive a written acknowledgement within five working days. The aim is to investigate your complaint properly and give you a reply within ten working days, setting out how the problem will be dealt with. If this is not possible, an interim response will be made informing you of the action taken to date or being considered.

### Complaints to the regulator of community interest companies

If after we have responded you are not satisfied, the next step is to complain to the regulator of community interest companies. Information on how to complain to the CIC regulator can be found at: <https://www.gov.uk/government/organisations/office-of-the-regulator-of-community-interest-companies/about/complaints-procedure#how-to-complain-about-a-cic>

CIC regulator 1st Floor Companies House Crown Way Cardiff CF14 3UZ

Email [cicregulator@companieshouse.gov.uk](mailto:cicregulator@companieshouse.gov.uk)



## POLICIES AND PROCEDURES

### WOODLAND SAFETY

#### Policy Statement

Forest school happens in the same place throughout the year, however as part of the natural environment the space will change through the seasons with different risks and challenges at different times of the year. Trainees are encouraged to take appropriate risks as part of the forest school training. These risks will vary between individuals and session to session. The forest school trainer is responsible for identifying and managing dangerous hazards within the sessions.

#### Procedure

#### NO PICK - NO LICK - CAREFUL HOW YOU CARRY A STICK!

The woodland is home to a wide variety of plants. Some may be protected, others may be harmful to humans. We follow a sustainable approach to foraging for both food and natural resources. We recognise the potential impact of Forest School activities on the sites that we use. We ensure that the work that we do encourages trainees to develop respect and care for the natural world, maintains the sustainable use of woodlands and enhances their biodiversity and ecological value. We achieve this through educating the trainees who use the woodland and by taking steps to protect, conserve and develop diversity within the flora and fauna of the woodland. We do not collect any species protected under schedule 8 of the act, nor do we use any part of invasive plants listed in schedule 9.

Water is provided to wash hands before food consumption.

### TREE CLIMBING

Tree climbing provides an opportunity to allow individuals to learn to manage and assess risk. As with any climbing on playground equipment, climbing trees can entail significant risks, resulting in injury or death. Factors increasing risks associated with tree climbing include:

- Climbing above hard surfaces such as stone paths and fences
- Climbing in areas out of sight of a supervising adult
- Taking ropes or other equipment up a tree
- Lack of education for children about tree-climbing risks
- Fighting or dangerous play at height
- Climbing on weak or dead branches.

To ensure safe tree climbing:

- Climbing areas should not be surface-dressed in any way (e.g. with woodchip). Surface-dressing introduces a significant risk in itself by insulating the root system and thereby infecting the roots, weakening the tree and increasing the likelihood of the tree collapsing.



- Adults maintain supervision – more regular for younger children, especially in their first few Forest School sessions.
- Children must check that the ground is clear of any sharp dangers and test weak branches will support their weight, by stepping on it (or grabbing it) at a point far away from the tree's trunk.
- Children should climb with a partner visible and aware so one child may fetch an adult if another gets into any difficulties, with only one child climbing in the tree at any time.
- Children must climb within their capabilities, being aware that coming down can be much harder than getting up. If it doesn't feel right then stop!
- The rule of 3 points of contact must be adhered to; There are four points on your body that come in contact with the tree's branches: two hands and two feet. At least three of these points should be supported by branches at all times.
- Children must not climb into neighbouring trees, over any pond/stream or other water features, or onto branches thinner than the diameter of their leg.
- Clothing must be appropriate and loose items, such as hoods, tucked in.
- Rope and other materials must not be taken up into trees.
- Yew trees must not be climbed as ingesting their leaves or seeds may prove extremely harmful or even fatal.
- Supervising adults may exercise their judgement to intervene if they deem it appropriate to do so.

## TOOL SAFETY

Using tools is an important aspect of forest school as it enables children to learn new skills and develop self confidence. All tools are maintained by the forest school leader and inspected prior to the session to ensure safety. Trainees are taught how to use each tool safely and respectfully. All tools have specific guidelines for use. Trainees are responsible for following these guidelines as instructed by the forest school trainer. Trainees must demonstrate competency with the tool and ability to teach how to use it safely in an observed assessment.

- Tools are kept in the tool box and removed by the forest school trainer.
- All tools must be used two arms and a tool length away from other people.
- Knives and bow saws have blade covers which must be replaced when no longer in use.
- All tools must be returned to the forest school trainer who will return them to the tool box.
- All tools must be counted back into the box at the end of the session.
- A list of tools is kept in the box for reference.

## FIRE SAFETY

The use of fire is integral to forest school and will often be a component of sessions. Fires are used for warmth, heating liquids, cooking food and to provide opportunities for participants to learn new skills and develop self confidence.

Trainees are taught how to collect fuel for the fire and are involved in building the fire. An open fire is lit within a fire circle, the boundaries of which are never crossed other than to tend to the fire or reach pots on the fire. The wider fire circle is a place to sit and join communal activities. The outer fire circle



is accessed by walking around the perimeter, never within the circle. The lighting and use of fire has specific guidelines as instructed by the forest school trainer. Trainees are responsible for following these guidelines as instructed.

- Fire lighting activities only take place within the fire circle.
- Fuel is to be placed carefully onto the fire. Sticks are not held into and removed from the fire.
- Walk carefully around the perimeter of the wider fire circle.
- Fuel is to be laid ready for use a safe distance from the fire.
- Fire gloves to be worn at all times when cooking over the fire.
- Kelly kettle and rocket stove to be used only under close supervision of the forest school leader.
- Young children must be closely supervised in the fire circle area.
- Plunge bucket of water is kept close to the fire circle in case of minor burns or scalds.
- The fire is to be extinguished carefully under supervision of the forest school leader at the end of the session.

## HEALTH AND HYGIENE

Food preparation may be part of forest school sessions. Participants are encouraged to share food together during the session. Health and hygiene and safe food preparation practices are followed in the woodland.

A table is provided for food preparation. The forest school leader cleans the table prior to every session. Soapy water is provided to wash hands and a washing up bowl for dirty pots and utensils.

- Food is to be cut/prepared on the provided chopping boards.
- Participants are asked to prepare only vegetarian food in the woodland to minimise risks of poisoning from meat products. Cooked meat and pre-prepared dairy is ok.
- Sharp knives are stored in the basket out of reach of children.
- Young children are to be closely supervised when preparing food.
- Hot soapy water is provided to wash up at the end of the session.

## RISKS AND BENEFIT ANALYSIS

Assessing and taking appropriate risk is an important aspect of forest school. Participants develop confidence and self esteem when they face challenges which they are able to solve and overcome. Children, and adults, face risks in everyday life. Learning to assess and approach risks safely and appropriately is a vital developmental skill.

Risk/benefit assessments are carried out by the forest school leader to ensure safety during the sessions and specific activities. Copies of these risk assessments are available in the site handbook. The woodland is visually risk assessed by the forest school trainer prior to the session to identify any changes to the area and potential hazards. Trainees are made aware of any hazards and advised how to proceed by the forest school trainer.



## EMERGENCY PROCEDURES

### Unexpected Closure of Forest School Sessions

Very occasionally it may not be possible to run a session. Forest School happens all year round and in all weathers except high winds and storms. In the case that forest school is closed all trainees will be notified on the day by WhatsApp/text/ telephone.

### Reporting Accidents and Incidents

We keep a record of all accidents and incidents on an accident form which is kept online. We may fill out an additional form in the case of a bumped head. Records include:

- The name of the injured person
- The date and time of the accident/incident
- Where it took place
- What happened?
- What action was taken at the time.
- Any follow up actions

### Personal Emergency Plan

An emergency is unexpected and often the result of an accident. In the case of an emergency use the following procedures. The forest school trainer has completed both Paediatric First Aid and Outdoor First Aid training. A complete first aid kit is easily accessible with the site handbook.

The meeting point in the case of calling emergency services is the woodland entrance gate.

In case of a sick or injured person

In the case that a child (or adult) is injured or becomes seriously ill;

- Remain calm
- Deal with injuries following the 4B's – breathing, bleeding, breaks, burns.
- Check the safety of all the children.
- Telephone the emergency services or doctor.
- Contact the children's parents, leaving a contact number.

We ensure that the person receives the aid that is immediately required. The forest school trainer has access to a mobile phone at all times which is charged prior to forest school sessions.

In the case that the forest school trainer becomes unwell, the second forest school leader will administer first aid. The session is closed down by the supporting staff/volunteers who are provided with a checklist of how to safely close down the session. Emergency contact details are kept on site during sessions in the Forest School Training File. Should the forest school leader be removed to hospital the second forest school leader/forest school assistant will oversee the close down of the session.

Local Medical Facilities:

Accident and Emergency, Lincoln County	01522 512512
Hospital	
Greenwell Road, Lincoln	01507 60010
LN2 5QY	





## SAFELY CLOSING DOWN A SESSION

In case of emergency it may be necessary for people other than the forest school leader to close down a session.

This checklist offers a guide to safely closing down and packing away equipment in case the forest school leader is required to leave the site for any reason.

It is of the utmost importance to ensure the safety and wellbeing of children and adults ahead of equipment. This checklist is to be used once all participants are safely collected or cared for by a responsible adult.

1. Site sweep: check the site for equipment, clothing, personal items. Remove any ropes or hammocks that have been installed for the session.
2. Tools and equipment: return all tools and equipment to the forest school storage sheds. Gather everything together, out of the way to be organised at a later time. Tools should be locked away into the storage shed.
3. Fire: if a fire is burning use a long stick to spread out the wood and embers. Pour water slowly around the edge of the fire, working inwards, to douse the flames and embers.
4. Make a record of the steps taken to close down the site and share with the forest school trainer..



## ENVIRONMENTAL SUSTAINABILITY

### Context

It is widely accepted and research has proven that good quality Forest School programmes create long term relationships for children with nature which, in turn, helps them to develop the motivation and understanding of how to protect and restore natural habitats.

### Policy

At Land and Leaf Collective we recognise the potential impact of Forest School activities on the sites that we use. We ensure that the work that we do encourages learners to develop respect and care for the natural world, maintains the sustainable use of woodlands and enhances their biodiversity and ecological value. We achieve this through educating the learners who use the woodland and by taking steps to protect, conserve and develop diversity within the flora and fauna of the woodland.

We carry out an environmental impact assessment to evaluate the impact of activities in the woodland and we use the outcomes of this to inform our sustainable woodland management plan. We work across different sites to allow periods of time when woodlands are unused. This allows the restoration of areas of high footfall, undisturbed nesting seasons and the natural creation of habitats for birds and mammals.

Management activities are aimed at protecting and enhancing the biodiversity of the woodland and include:

- Coppicing
- Selective thinning
- Establish habitats for insects and small mammals
- Pathway creation

Where appropriate we:

- Replenish tree stock through planting.
- Develop the ground flora through planting bulbs.

During Forest School sessions we teach learners to look after the woodland and we discuss what that means, e.g. using natural resources from the woodland floor, taking care when looking for insects and ensuring that any found are returned to their habitat, not disturbing animal habitats or clearing areas of plants and trees. We involve learners in clearing away at the end of each session and leaving the woodland as they found it.



When resourcing Forest School sessions, we are mindful of reducing waste and of the need to recycle and reuse rather than buying new. We have pledged to the Plastic Free Lincoln campaign and are a plastic free organisation. Through doing this we hope to demonstrate and encourage a wider respect for the environment. We know that the choices we make as buyers and consumers have an impact on the environment. Where possible, we buy items which are -

- Produced as locally as possible
- From sustainable or renewable sources
- Produced ethically with regards to the environment, and to workers' and animal welfare
- Packaged efficiently
- Free of single use plastic



## SAFEGUARDING

The Designated Safeguarding Lead (DSL) is Kat Soutar. The deputy DSL's are Lisa Martin and Kaylee Foers. If you feel that a child is at immediate risk call 999.

### Policy Statement:

- The safety and welfare of children or young people is the principal concern.
- All children and young people have a right to protection from harm or abuse, regardless of age, gender, disability, racial or ethnic origin, religious beliefs or sexual identity.
- Children and young people need support that reflects their individual needs, including those who may have experienced abuse.

### Procedure:

To maintain high standards of child protection and to safeguard children we will:

- Treat children and young people with care, respect and dignity.
- Ensure that communication with children and young people is open and clear.
- Assess the risks and benefits to children within regular activities.
- Be alert to signs and indicators of possible abuse.
- If concerns are raised about a child's welfare, the forest school leader will contact the local authority, the NSPCC, NCMA or other relevant support services for advice,
- confidentially will be assured only when it is clear that there is no risk of harm to a child.
- Share information about concerns with agencies that need to know, and involve parents and children appropriately.
- Follow safer recruitment practices, including DBS checks on all staff and volunteers who work regularly and/or unsupervised with children in our setting.
- Review our safeguarding policy and good practice at regular intervals.
- Attend child protection training and keep up to date with child protection issues and relevant legislation.
- Keep copies of the Local Safeguarding Children Board procedures.

If a child discloses about abuse s/he has suffered:

- Stay calm.
- Do not transmit shock, anger or embarrassment.
- Reassure the child. Tell her/him you are pleased that s/he is speaking to you.
- Communicate with the appropriate language for the age and developmental stage of the child.
- Never enter into a pact of secrecy with the child. Assure her/him that you will try to help but let the child know that you will have to tell other people in order to do this. State who this will be and why.
- Tell her/him that you believe them. Children very rarely lie about abuse; but s/he may have tried to tell others and not been heard or believed.
- Tell the child that it is not her/his fault.
- Encourage the child to talk but not ask leading questions or press for information.
- Listen and remember.
- Check that you have understood correctly what the child is trying to tell you. It may help to repeat back to her/him what s/he has said.
- Praise the child for telling you. Communicate that s/he has a right to be safe and protected.



- Do not tell the child that what s/he experienced is dirty, naughty or bad.
- It is inappropriate to make any comments about the alleged offender.
- Be aware that the child may retract what s/he has told you.
- At the end of the conversation, tell the child again whom you are going to tell and why that person or those people need to know.
- As soon as possible afterwards (if you have not done so during the disclosure), make a detailed record of the conversation using the child's own language.
- Disclosures must be reported to the Designated Safeguarding Lead.

Useful telephone numbers

Social Services duty desk	01522 782333
Local police	101
NSPCC child protection helpline (24-hour helpline for people worried about a child)	0808 800 5000
Local early years team	01522 552752



## EQUALITY AND DIVERSITY

### Policy Statement:

As an inclusive group we strive to meet the needs of all children and families and promote and celebrate diversity in our groups. We recognise that children and their families come from diverse backgrounds. All families have needs and values that arise from their social and economic, ethnic and cultural or religious backgrounds. Family structures are diverse, including two parent and one parent families; some children have two parents of the same sex. Some children have close links with extended families of grandparents, aunts, uncles and cousins while others may be more removed from close kin or may live with other relatives or foster carers. Some children have needs that arise from disability or impairment or may have parents that are affected by disability or impairment.

Some children come from families who experience social exclusion or severe hardship; some have to face discrimination and prejudice because of their ethnicity, the languages they speak, their religious or belief background, their gender or their impairment.

We understand that these factors affect the well-being of children and can impact on their learning and development. It is the responsibility of all adults attending forest school sessions to be aware of these factors and follow the practices set out in this policy.

We are committed to anti-discriminatory practice to promote equality of opportunity and valuing diversity for all children and families. We aim to:

- provide a secure and accessible environment in which all children can flourish and in which all contributions are considered and valued;
- include and value the contribution of families to our understanding of equality and diversity;
- provide positive non-stereotyping information about gender roles and diverse family structures, diverse ethnic and cultural groups and disabled people;
- improve our knowledge and understanding of issues of anti-discriminatory practice, promoting equality and valuing diversity;
- challenge and eliminate discriminatory actions;
- make inclusion a thread that runs through regular activities; and
- foster good relations between children and families.

### Procedure:

Land and Leaf Collective is open to all members of the community. We provide information in clear, concise language, whether in spoken or written form.

We ensure that all parents are made aware of our equal opportunities policy and do not discriminate against a child or their family, or prevent entry to our setting, on the basis of a protected characteristic as defined by the Equalities Act 2010. These are:



- disability;
- race;
- gender reassignment;
- religion or belief;
- sex;
- sexual orientation;
- age;
- pregnancy and maternity; and
- marriage and civil partnership.

We do not discriminate against a child with a disability or refuse a child's participation for reasons relating to disability. However, We will assess the child's needs to decide how we can best care for, support the child and meet those needs. We develop action plans to ensure that children with impairments can participate successfully in activities.

Displays of openly discriminatory and offensive behaviour, name calling, or threatening behaviour are unacceptable in this setting and will be dealt with in line with our behaviour policy.

Our commitment to equality and diversity extends to all employees, volunteers, contractors and directors who work with Land and Leaf Collective. We value diversity and encourage fairness and justice.

To achieve this:

- We will treat all employees, job applicants and volunteers fairly and equally regardless of their sex, sexual orientation, gender reassignment, marital or civil partnership status, race, colour, nationality, ethnic or national origin, religion, age, disability or union membership.
- We will not make any requirement or condition without justification which could disadvantage individuals purely on any of the above grounds. The policy applies to recruitment and selection, terms and conditions of employment including pay, promotion, training, transfer and every other aspect of employment.
- We will offer services fairly to all people, ensuring that anyone in contact with the organisation is treated with respect.
- We will make reasonable adjustments to enable people with disabilities to use our services.
- We will comply with the Equality Act 2010
- We will ensure mechanisms are in place for responding to complaints of discrimination and harassment from staff, volunteers and the public.
- We will make this policy known to all staff, job applicants, volunteers and service users.



## BEHAVIOUR

### Policy Statement:

Children flourish best when their personal, social and emotional needs are met and where there are clear and developmentally appropriate expectations for their behaviour.

Children need to learn to consider the views and feelings, needs and rights of others and the impact that their behaviour has on people, places and objects. This is a developmental task that requires support, encouragement, teaching and setting a good example. The child's dignity should be maintained at all times.

All parents are provided with a copy of this policy and given the opportunity to discuss our approaches to behaviour management. Parents are expected to encourage and reinforce nurturing behaviour, to be positive role models and follow this procedure with their own and other children attending Land and Leaf Collective programmes.

### Procedure:

Land and Leaf Collective uses positive strategies for managing inconsiderate behaviour, by helping children to find solutions in ways that are appropriate for the children's ages and stages of development. Such solutions might include the acknowledgement of feelings, an explanation about what was not acceptable about their behaviour and supporting children to understand and gain control of their feelings so that they can learn a more appropriate response.

We have very few rules in our setting but we do expect all adults and children to accept them. The ground rules are:

- We will all care for ourselves - we will not do anything that will cause harm or injury to ourselves.
- We will all care for each other - we will not do anything that will harm or injure others, nor will we behave in a way that hurts others emotionally.
- We will all care for the environment - we will not do anything that damages the trees, plants, woodland inhabitants or forest school resources. We will be responsible for the continued improvement to our environment.

Children in forest school sessions are supported to establish appropriate ground rules for play within their group and to discuss what they feel are appropriate ground rules.

Strategies that we use for maintaining ground rules and managing challenging or inconsiderate behaviour include:

- Explaining, discussing and maintaining the boundaries of behaviour for children in the woodland.
- Acknowledging considerate behaviour such as kindness and willingness to share.





- Supporting each child to develop self-esteem, confidence and feelings of competence.
- Supporting each child to develop a sense of belonging in the group, so that they feel valued and welcome.
- We avoid creating situations in which children receive attention only in return for inconsiderate behaviour.
- When children behave in inconsiderate ways, we help them to understand the outcomes of their action and support them in learning how to cope more appropriately.
- Children are never sent away from the group by themselves or use a 'naughty' chair.
- We never use physical punishment, such as smacking or shaking. Children are never threatened with these.
- We do not use techniques intended to single out and humiliate individual children.
- We will only ever use physical restraint, such as holding, to prevent physical injury to children.
- In any cases of serious misbehaviour, such as racial or other abuse, we immediately make clear the unacceptability of the behaviour and attitudes, by means of explanations rather than personal blame.
- We do not shout or raise our voices in a threatening way to respond to a child's inconsiderate behaviour.
- We recognise that very young children are unable to regulate their own emotions, such as fear, anger or distress, and require gentle support to help them do this.
- Common inconsiderate or hurtful behaviours of young children include tantrums, biting or fighting. We remain calm, patient and offer comfort to intense emotions. We help children to manage their feelings and talk about them to help resolve issues and promote understanding.
- If tantrums, biting or fighting are frequent, we will try to find out the underlying cause – such as a change or upheaval at home.
- We do not engage in punitive responses to a young child's rage.
- We support social skills through modelling behaviour, activities, and stories. We aim to build self-esteem and confidence in all children, recognising their emotional needs through a close and committed relationship with them.
- We support children to understand the effect that their hurtful behaviour has had on another child; We do not force children to say sorry, but encourage this when it is clear that they are genuinely sorry and wish to show this to the person they have hurt.
- If hurtful behaviour becomes problematic, we will work with parents/carers to identify the cause and find a solution together.



## ANTI BULLYING

### Statement

Land and Leaf Collective is committed to providing a supportive, caring and safe environment in which all children are free from the fear of being bullied. As an organisation we take bullying and its impact seriously. Bullying of any form is not tolerated in our organisation, whether carried out by a child or an adult.

Staff, children and parents or carers will be made aware of our position on bullying. Bullying behaviour is unacceptable in any form. Anyone who knows that bullying is happening is expected to tell a forest school leader or other responsible adult.

Any child who is a victim of bullying will be dealt with in a sympathetic manner. If bullying is suspected or reported, the incident will be dealt with immediately by the member of staff informed, and then discussed with the directors. A clear account of the incident will be recorded. All facilitators will be informed and all parties will be closely monitored. Parents of all parties will be informed.

### What is bullying?

We recognise that many children and young people will experience conflict in their relationships with other children and young people. We are committed to developing empathy and the skills to manage relationships in a peaceful way that does not harm others.

### Bullying is:

*“The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online”*



### Why is it important to respond to bullying?

There is considerable evidence to show that bullying has both short term and longer term impact on children. Bullying impacts on children's wellbeing, can impact on self esteem and become a significant barrier to learning. Bullying is associated with lower levels of engagement and can lead to mental health concerns such as anxiety and depression. At Land and Leaf Collective we understand that people who bully also need help and support to understand the cause of their behaviour and to make positive changes.

### In our community:

- Everybody has the right to be treated with respect.
- Everybody has the right to feel happy and safe.
- No-one deserves to be a target of bullying.
- People who bully need support to learn different ways of behaving.



National research has shown that some groups of pupils are particularly vulnerable to bullying; these include pupils with SEND, looked after children, pupils from minority ethnic groups or faiths, young carers, LGBT pupils and those perceived to be LGBT. At Land and Leaf Collective we are committed to anti-discriminatory practices.

### Types of bullying behaviour

Bullying can take many forms:

- Emotional - being unfriendly, excluding, tormenting, threatening behaviour
- Verbal - name calling, sarcasm, spreading rumours, teasing, use of derogatory language
- Physical - pushing, kicking, hitting, punching or any use of violence
- Extortion - demanding money/goods with threats
- Online – use of social media, messaging and calls. Misuse of associated technology e.g photos and videos.
- Racist - racial taunts, graffiti, gestures
- Sexual - unwanted physical contact, sexually abusive comments
- Homophobic or biphobic - bullying because of sexuality or perceived sexuality
- Transphobic – because of gender identity or perceived gender identity

### Preventing Bullying

We foster a clear understanding that bullying, in any form, is unacceptable. We believe that preventing bullying is the responsibility of our whole community and when there are incidents of bullying we will work together to deal with the situation and to learn from what has happened.

We do this by:

- Involving the wider community in developing our policy including a child friendly version of our policy.
- Using circle time to ensure that participants understand the differences between relational conflict and bullying.
- Building a positive ethos based on respecting and celebrating all types of difference in our community.
- Creating a safe and happy environment, with consequent positive relationships.
- Having a positive ethos that all leaders, staff, parents and participants understand.
- Think about any safeguarding concern and report concerns to Designated Safeguarding Lead.
- Adopting a social model approach to bullying. Diversity is valued and everyone is included in our community.
- Offering training to all staff around bullying, including specific guidance on those groups who are most likely to be bullied.

### Reporting bullying

In our community participants are encouraged to talk to staff when they are unhappy or



have concerns. participants in our forest school programmes understand that they have a right to feel and be safe and a responsibility to support others to feel and be safe.

Pupils are encouraged to report bullying to:

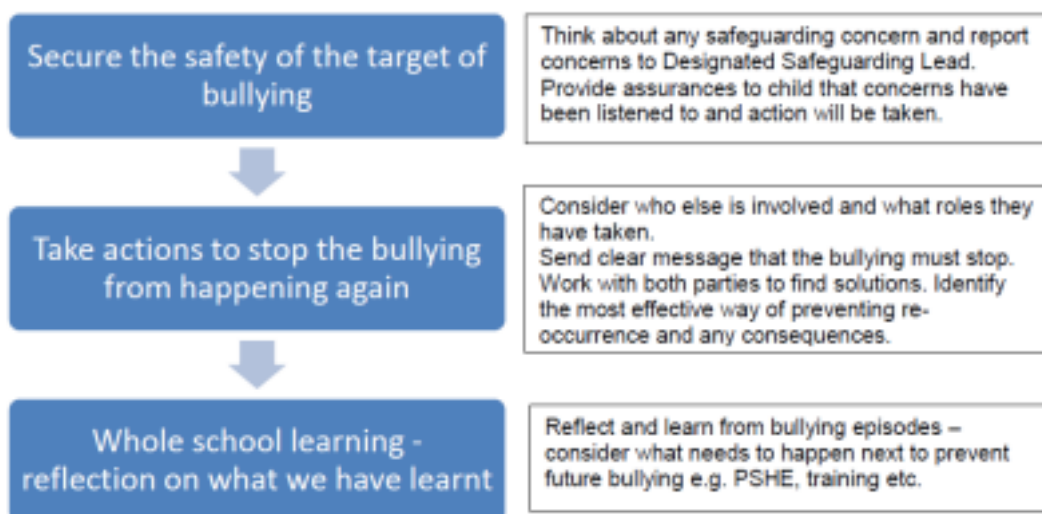
- A trusted adult
- Their forest school leader

Children are also taught that it is important to talk to a trusted adult if bullying is taking place outside of Land and Leaf Collective.

Parents are also encouraged to report concerns and bullying to named individuals. This is normally the forest school leader.

When participants report their concerns our staff are trained to LISTEN and to BELIEVE. We involve children as far as possible in finding solutions.

Responding to Bullying



We monitor and review all bullying incidents to determine any patterns or trends that may require further action.

On a regular basis we give pupils the opportunity to feedback on how safe and happy they feel at forest school, we do this through circle time.

All staff are required to complete a bullying and prejudice-based incident reporting and monitoring form when dealing with incidents of bullying. This should be completed as soon as possible and given to the Designated Safeguarding Lead.

Procedures for parents:

- If a parent has any concerns about their child they should speak to the forest school leader immediately. If a parent thinks bullying is the issue, the matter will be referred to the directors. The directors are always informed of any bullying concerns at Land and Leaf Collective and monitor the situation carefully.
- If a parent feels unable to talk to the forest school leader, they can make an appointment to



Speak directly with one of the directors.

- Land and Leaf Collective will work with both the child and the parents to ensure that any bullying is stopped and that support is given where needed.

- Parents should not confront the bully or their parents. This can complicate the situation and distress the child.

- Land and Leaf Collective will deal directly with all children involved and their parents directly. Parents will be kept informed of any actions the school is taking.

- If parents feel that their concern has not been dealt with appropriately they should follow the complaints procedure.

All members of the Land and Leaf Collective community, including participants, staff, parents and directors, are expected to treat everyone with dignity and respect at all times. This includes both face-to-face contact and online.



## PRIVACY POLICY: Data collection and protection

Land and Leaf Collective is committed to protecting your privacy. This statement explains how we use any information you give to us and the ways in which we protect your privacy. We ask you to read it carefully. We may be required to change it from time to time so we also ask you to check it occasionally to make sure you are aware of the latest version.

How we comply with The Data Protection act (1998/2018) and GDPR (2016)

*We treat any personal information (which means data from which you can be identified, including your name, address, e-mail address, etc.) that you provide us, or that we obtain from you, in accordance with the provisions of the Data Protection Act. Under this Act, we have a legal duty to protect any information we collect from you. Any amendments to this policy will continue to be in accordance with the provisions of the Data Protection Act 1998.*

How we collect information:

When you attend Forest School sessions with Land and Leaf Collective we receive information about you and any children who attend in a number of different ways.

You may give us the information when you:

- Attend, or enquire about, regular sessions at Land and Leaf Collective
- Attend, or enquire about, a holiday club with us
- When you sign up to our mailing list or waiting lists
- When you let us know about a change in your personal circumstances (for example, if you change your name when you get married or move house).
- We may receive it from another organisation, for example, should we be required to work with the local council or other local organisation.

How we use personal data:

We use information that we have about you and your children for the running of Land and Leaf Collective. These generally fall into the following areas.

1. Administration – This applies to past, current and potential future children and their parents / guardians.

The types of personal information we collect and use include:

- The personal details of you/your child;
- The payment of fees due;
- Details of the child's family (so we can contact in case of an emergency)
- Medical information (so we can cater for any special needs)



- Accident records in case of minor injuries.

3. Keeping you informed – This applies to current, past and potential future children and their parents / guardians.

We use this information to keep you updated about events at Land and Leaf Collective, for example, to let you know about news, upcoming events and changes to courses..

The types of information we collect and use include:

- Email address. So we can email you updates and newsletters.

Note: The mailing list is an 'opt-in' subscription and you can opt out of receiving email updates at any time.

How long we store your information:

We store information on participants for the duration of attendance. This may be one day for holiday clubs or longer for ongoing programmes. The information held on site during sessions includes emergency contacts and medical information. This is held so that it is easily accessible in case of emergency. Paper records are held in locked storage and destroyed at the end of each session or term, depending on the duration of the programme. Accident records are stored securely for three years. We have to do this to meet the legal requirements of accident recording.

When we share your information:

Generally, we only use your information within Land and Leaf Collective. We will never share your contact details for marketing purposes. We ask for your permissions to share data in these circumstances.

There are rare occasions when we need to share personal information about you/your child with third parties. These are:

- We may receive requests for information from schools, government departments, the police and other enforcement agencies. If there is a proper legal basis for sharing your personal information, we will provide it to the organisation that is asking for it.
- In case of an emergency, we may need to share with the emergency services details of your child including details of any medical conditions as provided to us by you.
- In partnership work with other organisations we may need to share copies of accident reports to comply with legal requirements.

Where we store personal data:



We use third party data processors, these are secure online systems and any personal information shared with us is stored securely for necessary use by Land and Leaf Collective.

The following systems are in use and their privacy statements and policies can be found below.

- Dropbox: An online cloud-based storage system, is used for necessary data storage including personal information when relevant. Dropbox [terms of service](#) statement: “When you use our Services, you provide us with things like your files, content, messages, contacts and so on (“Your Stuff”). Your Stuff is yours. These Terms don't give us any rights to Your Stuff except for the limited rights that enable us to offer the Services.” Dropbox privacy policy can be found [here](#).
- Google drive: Google drive, an online cloud-based storage system, is used for necessary data storage including personal information when relevant. Google Drive [terms of service](#) state, “You retain ownership of any intellectual property rights that you hold in that content. In short, what belongs to you stays yours.” Google privacy policy can be found [here](#).
- Mailing lists: When we contact you via a mailing list we use an external platform called [Mailchimp](#) and their privacy policy can be found [here](#). You can opt out of receiving mailing list emails at any time.
- We use a booking system called Pembed to take and manage bookings. Bookwhen’s privacy policy can be found [here](#).

Where we process your data:

As we use third party storage systems (detailed above), personal information may be stored in servers outside of the United Kingdom. We will only use your personal information in the United Kingdom.

Our Commitment to data protection:

We will process your personal information in line with the Data Protection Act. This means that we will:

- Only collect and hold information about you which we need for some reason;
- Keep your personal information up to date and accurate (to help us do this, please let us know if any of your details change);
- Take appropriate steps to protect your personal information from being used without permission, or illegally, and to safeguard your rights; and
- Destroy your personal information in a secure way once we no longer need it.

Your rights over your personal information:

You have certain rights over your personal information under the General Data Protection Regulation (GDPR) 2016. Most importantly, you have a right to ask for a copy of all the personal information we hold about you but there are some legal exceptions to this, such as information which is confidential to Land and Leaf Collective. If you would like a copy of your personal information, you can contact us on [landandleafco@gmail.com](mailto:landandleafco@gmail.com)