

Risk Assessment: Adventure Hike to Haigh Hall and Leeds and Liverpool Canal Circular

Event Date: 22nd August

Location: Haigh Hall and Leeds and Liverpool Canal Circular, Wigan, WN2 1PE

Organizer: Hazel Smith

Contact Information: 07540 992 337

Participant Ratio:

- **Adult to Child Ratio:** 1 adult to 4 children

Identified Risk	Risk Description	Control Measures
Medical Emergencies	Injury or illness during the hike	<ul style="list-style-type: none">- Organizer is first aid trained and will carry a first aid kit.- Organizer will carry a fully charged mobile phone for emergency calls.- Emergency contact details for all drop off participants will be carried.- Confirm no known health conditions for participants except for known allergies to milk and watermelon.
Weather Conditions	Adverse weather causing discomfort or danger	<ul style="list-style-type: none">- Check weather forecast prior to the event and inform participants to bring appropriate clothing.- Advise participants to carry rain gear, sun protection, and layers for changing weather conditions.- Reschedule or cancel the hike if extreme weather is predicted.
Footwear and Path Conditions	Slips, trips, and falls on uneven or muddy paths	<ul style="list-style-type: none">- Advise participants to wear appropriate footwear.- Brief participants on taking care on uneven, muddy, or slippery sections of the trail.

Identified Risk	Risk Description	Control Measures
		<ul style="list-style-type: none"> - Monitor and assist children on rough sections of the path.
Traffic Hazards	Risk from vehicles on narrow roads	<ul style="list-style-type: none"> - Ensure participants are aware of potential traffic hazards. - Walk in single file where roads are narrow. - Adults to supervise children closely near roads.
Hydration and Nutrition	Dehydration or lack of energy	<ul style="list-style-type: none"> - Remind participants to bring plenty of water. - Encourage participants to bring a nutritious picnic. - Plan regular breaks for rest, hydration, and snacks.
Allergies	Allergic reaction to milk or watermelon	<ul style="list-style-type: none"> - Ensure no milk or watermelon is present in shared food items. - Carry antihistamines and ensure those with allergies have any necessary medication.
Lost Participant	Participant getting lost or separated	<ul style="list-style-type: none"> - Conduct headcounts at regular intervals. - Assign each adult to supervise their group of children. - Establish a meeting point in case of separation. - Ensure participants know what to do if they become separated.
Emergency Situations	Various emergencies	<ul style="list-style-type: none"> - Organizer to carry a fully charged mobile phone and have emergency contact details.

Identified Risk	Risk Description	Control Measures
		<ul style="list-style-type: none"> - Ensure all participants know how to contact the organizer in an emergency. - Have a clear plan for emergency evacuation if necessary.

Additional Information:

- The organizer is experienced in hiking, fully insured, and first aid trained.
- Participants have been advised to bring suitable footwear, weather-appropriate clothing, bug spray, sun cream, plenty of water, and a picnic.
- Meeting point: Haigh Hall Car Park - Haigh Woodland Park, Wigan, WN2 1PE. Parking fee is £3.50 for the day.

This risk assessment aims to ensure the safety and well-being of all participants during the Adventure Hike. Please review and adhere to the control measures outlined above.