

## Beams of Light Programme of Activities



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>W/C 02/09/2024</b>  <b>Theme:</b>  <b>Getting to know each other</b>	INSET DAY	INSET DAY	All about me  Activity sheets	Getting to know our friends  Writing fact cards of likes & dislikes/hobbies  Class Bingo	My family  Making your own family tree
	Drawing/colouring/group discussion/social interaction				
	INSET DAY	INSET DAY	Free play	Circle up activity	Simon says game
<b>W/C 09/09/2024</b>  <b>Theme:</b>  <b>Health and safety</b>	What is health and safety?  Why is it important?	Differentiating safe and unsafe	Hazard hunt game – locate and separate the hazards/safety cut outs	What if scenarios – group discussion  Emergency services role play	Understanding road safety
	Discussion about safety during play time/colouring/drawing/flash cards				
	“I spy! – safety focus/Free play	Activity sheets/Free play	The floor is lava game/Free play	Free play	“Red light, green light” game/Free play

This programme may change, an alternative will also be made available. Throughout the session, quiet games and general play will also be on offer. During group discussion, the children will be encouraged to contribute their ideas with the group. **C = Children's choice.**

Every Child Matters Outcomes Key	Early Years Foundation Stage KEY
Being Healthy (BH) Enjoy & Achieve (EA) Achieve Economic Wellbeing (AEW) Staying Safe (SS)	Personal, Social and Emotional Development (PSE) Knowledge and Understanding of the World (KUW) Problem Solving, Reasoning and Numeracy (PSRN) Communication, Language and Literacy (CLL)

On top of the structured activities, there are other equipment also available for the children to play such as chess, draughts, snooker table, football table, connect 4, puzzles and many more tabletop games.

We also have the ‘small world corner’ to enhance the imaginative skills of the children and the ‘homework corner’ where children can do their respective homework.

## Beams of Light Programme of Activities



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>W/C 16/09/2024</b>  <b>Theme:</b>  <p style="text-align: center;"><b>Animals</b></p>	Getting to know different animals  What animal am I?	Animal sounds and movements	Zoo animal mask making	Paper plate animal craft with tissue paper	Puzzles/colouring sheets/animal activity sheets
Puzzles/reading/drawing/creative play					
	Charades/Free play	Animal imitation game/ Free play	Snakes and ladders/Free play	Pin the tail on the donkey/ Free play	Animal charades/Free play
<b>W/C 23/09/2024</b>  <b>Theme:</b>  <p style="text-align: center;"><b>Weather and seasons</b></p>	What are the different seasons and what causes seasons to change?	Making kites and rain shakers  What is wind energy and wind power - how is it useful?	Keeping safe in the sun  Beneficial and harmful effects of the sun	Why is weather important?  Examples of weather and the effects	What is climate change and what impact has it had?  Natural disasters vs human disasters
Reading/colouring/drawing/flash cards					
	Parachute game/Free play	Football/Free play	Poem making/Free play	Puzzle/Free play	Free play
Positive Contribution (PC)			Creative Development (CD) Physical Development (PD)		

This programme may change, an alternative will also be made available. Throughout the session, quiet games and general play will also be on offer. During group discussion, the children will be encouraged to contribute their ideas with the group. **C = Children's choice.**

**Every Child Matters Outcomes Key** **Early Years Foundation Stage KEY**

On top of the structured activities, there are other equipment also available for the children to play such as chess, draughts, snooker table, football table, connect 4, puzzles and many more tabletop games.

We also have the 'small world corner' to enhance the imaginative skills of the children and the 'homework corner' where children can do their respective homework.

## Beams of Light Programme of Activities



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>W/C 30/09/2024</b>  <b>Theme:</b>  <b>Feelings and emotions</b>	How do you feel today activity & understanding how emotions and feelings impact you	Create a postcard for a friend or loved one	Learning the impact of positive thinking and applying it daily	Make a feelings wheel or a gratitude journal	Make a collage using newspapers and magazines – what different feelings/emotions does it relate too.
	Role play/singing- if your happy and you know it song/drawing/arts and crafts				
	Painting/Free play	Paper plate faces/Free play	Dance your feelings/ Free play	If you're happy song/Free play	Musical statues/Free play
<b>W/C 07/10/2024</b>  <b>Theme: Black history month</b>	What is Black history month?	“I have a dream” activity  What is your dream?	We are the same on the inside – rock painting activity	Learning about International/traditional foods from all around the world	Plant seeds and watch them grow
	Craft a paper chain/lego/art and crafts/singing and dancing				
	Capture the flag/Free play	Stuck in the mud/Free play	Football/Free play	Role play/Free play	Free play
Being Healthy (BH) Enjoy & Achieve (EA) Achieve Economic Wellbeing (AEW) Staying Safe (SS) Positive Contribution (PC)			Personal, Social and Emotional Development (PSE) Knowledge and Understanding of the World (KUW) Problem Solving, Reasoning and Numeracy (PSRN) Communication, Language and Literacy (CLL) Creative Development (CD) Physical Development (PD)		

This programme may change, an alternative will also be made available. Throughout the session, quiet games and general play will also be on offer.

On top of the structured activities, there are other equipment also available for the children to play such as chess, draughts, snooker table, football table, connect 4, puzzles and many more tabletop games.

We also have the ‘small world corner’ to enhance the imaginative skills of the children and the ‘homework corner’ where children can do their respective homework.

## Beams of Light Programme of Activities



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>W/C 14/10/2024</b>  <b>Theme: Autumn season</b>	Leaf painting and printing to design a picture	Decorating a pumpkin using arts and crafts competition	Design a scarecrow using materials and crafts	Create a short story or poem describing autumn – let your imagination come to life	Autumn scavenger hunt – what can you find?
	Leaf printing/drawing/painting/singing nursery rhymes/story telling				
	Charades/Free play	Leaf jumping/Free play	Create a 5-minute play in groups about autumn/Free play	Musical chairs/Free play	Apple bobbing/Free play
<b>W/C 21/10/2024</b>  <b>Theme: Solar system</b>	Learning about the different planets  The solar system song	Making solar system posters	Colouring your own solar system/ word searches	Design your own spacecraft using paper rolls and crafts	Learn about famous astronauts
	Drawing/play dough/hand tracing/musical statues				
	Snap card game/Free play	Moon ball/Free play	Dodgeball/Free play	Football/Free play	Balloon tennis/Free play

This programme may change, an alternative will also be made available. Throughout the session, quiet games and general play will also be on offer. During group discussion, the children will be encouraged to contribute their ideas with the group. **C = Children's choice.**

Every Child Matters Outcomes Key	Early Years Foundation Stage KEY
Being Healthy (BH)	Personal, Social and Emotional Development (PSE)

On top of the structured activities, there are other equipment also available for the children to play such as chess, draughts, snooker table, football table, connect 4, puzzles and many more tabletop games.

We also have the 'small world corner' to enhance the imaginative skills of the children and the 'homework corner' where children can do their respective homework.