

Beams of Light Programme of Activities

	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 04/11/2024 Theme: Fireworks	Health and safety around fireworks Learning about the history of fireworks – where did they originate and how?	Guy Fawkes and the gunpower plot story Learning fun facts about fireworks	Source a mixture of leaves and twigs from outside and create a bonfire collage (C)	Making sparkler sticks with tissue paper Making a firework display using kitchen rolls and paint	Making fruit kebabs (firework shaped) Making sparkly marshmallows (C)
Painting/drawing/arts and craft activities/playdough (EYFS)					
	Charades/Free play	Hot potato game/Free play	Bonfire circle game/Free play	Hangman Game/Free play	Darts/Free play
W/C 11/11/2024 Theme: Gratitude	Circle time discussing what gratitude is and brainstorming examples	Design and writing appreciation cards	Please and thank you & importance of manners at school, in public etc	Creating a gratitude tree using recycled materials	I am thankful for memory game
Group discussions/role play/singing/foam printing (EYFS)					
	Simon says/Free play	Everybody is it/Free play	Stuck in the mud/Free play	Tennis/skipping/Free play	Parachute games/Free play

Every Child Matters Outcomes Key	Early Years Foundation Stage KEY
Being Healthy (BH) Enjoy & Achieve (EA) Achieve Economic Wellbeing (AEW)	Personal, Social and Emotional Development (PSE) Knowledge and Understanding of the World (KUW) Problem Solving, Reasoning and Numeracy (PSRN) Physical Development (PD)

This programme may change, an alternative will also be made available. Throughout the session, quiet games and general play will also be on offer. During group discussion, the children will be encouraged to contribute their ideas with the group. **C = Children's choice.**

On top of the structured activities, there are other equipment also available for the children to play such as chess, draughts, snooker table, football table, connect 4, puzzles and many more tabletop games.

We also have the 'small world corner' to enhance the imaginative skills of the children and the 'homework corner' where children can do their respective homework.

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W/C 18/11/2024 Theme: Self-care week	Understanding the importance of self-care Free drawing	Fun breathing exercises Blowing bubbles	Mindful meditation exercises for kids	Hand painting (C)	Yoga workshop
	Learning about self-awareness/hand tracing/head, shoulders, knees and toes (EYFS)				
	Musical chairs/Free play	Hook the duck game/Free play	Board games/Free play	Making musical instruments/Free play	Sleeping lions game/free play
W/C 25/11/2024 Theme: Hygiene & balanced lifestyle	Discussion about personal care e.g. brushing teeth, hand washing and body odour	Create a hygiene poster competition	Learning the importance of a balanced diet and the impact of too much junk food	Brainstorming the importance of sleep	Creating good habits – setting goals activity
	Participation in group discussions/name and understand different parts of the body/rhymes and singing (EYFS)				
	Reading/colouring posters/Free play	Hygiene charades/Free play	Shopping trip game/Free play	(C) Sleeping lions' game/Free play	Dancing/yoga/Free play

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W/C 02/12/2024 Theme: Winter	Making and decorating paper snowflakes/snow lanterns	Making snow men using cotton balls and crafts	Hot chocolate and marshmallow decorating	Draw/design and create a perfect winter coat using arts and crafts	Beams of Light "Winter Wonderland" (C)
	Taking part in activities above with support and adapted for relevant age range/playdough/story time/board games/flash cards (EYFS)				
	Scavenger hunt/Free play	Risk, danger and hazard game/Free play	Board games/Free play	Reading/activity sheets/Free play	Ball games/Free play
W/C 09/12/2024 Theme: Christmas & New Year	Design your own Christmas cards using arts and crafts Setting new year resolutions for 2025	Write a letter to Santa	Making your own Christmas bauble or tree decoration Circle time – best moment/memory of the year	Making and decorating party hats Decorating Christmas cookies	INSET DAY
	Taking part in activities above with support and adapted for relevant age range/playdough/story time/board games/flash cards (EYFS)				
	Balloon pop games/Capture the flag/Free play	Pin the nose on Rudolph/Free play	Christmas Bingo/Free play	Reindeer ring toss game/Free play	INSET DAY

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