

Beams of Light Programme of Activities

	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 21.04.2025 Theme: Earth Week	BANK HOLIDAY	Create and design an earth poster using raw materials	Learning the importance of recycling and how it contributes to the world	Identifying different types of trees and what their purpose is Leaf painting and printing	Make an energy saving poster competition (C)
	Drawing/colouring/group picture-based discussion/social interaction				
	BANK HOLIDAY	Around the world game/bingo/free play	Recycling relay race/skipping/free play (C)	Floor is lava/tennis/free play	Trim trail race/hide and seek/free play
W/C 28.04.2025 Theme: Public Services	Learning about the different types of public services and how they are used everyday	Make a “thank you” card for a public service worker	Understanding what to do in emergency situations – group discussion	Public services drama workshop – roleplay in groups (C)	Fire safety awareness Design your own fire truck – junk modelling
	Colouring/drawing/flash cards/creating sounds and movements/singing				
	Obstacle course/stuck in the mud/free play (C)	Role play/obstacle courses/free play	Chinese whispers/sleeping lions/free play	Pictionary/charades/free play	Activity sheets/quizzes/free play

This programme may change, an alternative will also be made available. Throughout the session, quiet games and general play will also be on offer.
During group discussion, the children will be encouraged to contribute their ideas with the group. **C = Children's choice.**

Every Child Matters Outcomes Key	Early Years Foundation Stage KEY
Being Healthy (BH) Enjoy & Achieve (EA) Achieve Economic Wellbeing (AEW) Staying Safe (SS) Positive Contribution (PC)	Personal, Social and Emotional Development (PSE) Knowledge and Understanding of the World (KUW) Problem Solving, Reasoning and Numeracy (PSRN) Communication, Language and Literacy (CLL) Creative Development (CD) Physical Development (PD)

On top of the structured activities, there are other equipment also available for the children to play such as chess, draughts, snooker table, football table, connect 4, puzzles and many more tabletop games.

We also have the ‘small world corner’ to enhance the imaginative skills of the children and the ‘homework corner’ where children can do their respective homework.

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W/C 05.05.2025					
Theme:	BANK HOLIDAY	Deaf awareness week – learning basic sign language	Sense of sound – where are they coming from? What can you hear	Sense of touch – identifying objects only using your hands	Creating a senses collage - describing what you can hear, see, smell and touch
Senses	Storytelling/puzzles/reading/drawing/creative play/playdough				
	BANK HOLIDAY	Sleeping lions game/reading/free play	Musical statues/musical chairs/free play (C)	Lego and construction/playdough/free play	Memory game/what's the time Mr wolf? /free play
W/C 12.05.2025					
Theme:	Understanding of why mental health is important	Creating an emotions wheel Normalising and expressing emotions	Meditation, yoga and breathing exercises workshop	Group music making activity	Team building games (C)
Mental Health Awareness Week	Reading/Colouring/Drawing/Flash Cards/Arts and Crafts/Painting				
	Parachute game/free play (C)	Capture the flag/volleyball/free play	Singing/dancing/free play	Puzzles/flash cards/free play	Tabletop games/free play

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W/C 19.05.2025 Theme: The Sun	Junk modelling – The Solar System (C)	Learning how to stay safe in the sun Importance of sun protection	Time and country matching activity game – where is the sun?	Scavenger hunt around the trim trail – Sun related (C)	Design your own Sun using paper plates and sticks
Water play/shapes/colouring/cutting and sticking					
	Painting/arts and crafts/free play	Yoga/hula hoops/free play	Skittle balls/Duck Duck goose/free play (C)	Table tennis/football/free play	Hopscotch/over and under/Free play

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