



Endless Pool Information



Contact number: Elizabeth Mills: 07795026207

Location

Mini Manta Ray's Endless Swimming Pool Room:

Address: 11 Victoria Close, Corfe Mullen, Wimborne, Dorset. BH21 3TX.

(Please enter via the pool room door and not the front door of number 11 house).

Parking

Please park in the first car park, on the left, after you have entered Victoria Close. Please park on the side nearest the road in the car park (not in the spaces alongside the hedge or alongside the houses please.)



Getting there from the car park

Walk down the path behind the houses. This path is accessed at the far end of the car park, in the left hand far corner, by the hedge row. The swimming pool room is accessed from the path and is the second large brick building on the right. It is painted light yellow, with black spotlights on the brick work and a white door. There is a sign saying, '11 Mini Manta Rays' on the brick work next to the door.

Please note – There is no tree in the car park now!

When you arrive... WELCOME!

Please knock on the white door. If you don't have a response straight away, please phone my mobile on 07795026207 and I will come to the door and let you in. Please arrive no earlier than 5 minutes before your lesson start time.



Pool Room entrance from path



Sign on the Pool Room building

On entering the pool room...

Please remove your shoes and place them under the bench in the changing rooms.

Please note: We regret that pushchairs are not permitted in the pool room due to space. However, you may bring your car seat/ baby seat and place it by the bench on the grey mats.

Changing Facilities

Adults and children (where possible), please come 'beach ready' (in your swim costume) to save time in the changing room. **Please arrive no more than 5 minutes before** your lesson start time.

There is a shower and toilet in the changing room area.

In the Summer months, if you have sunscreen on, please shower before entering the pool.

Please provide your own travel baby changing mat to use. There is a nappy bin provided, but if possible, please take your used nappies home with you.

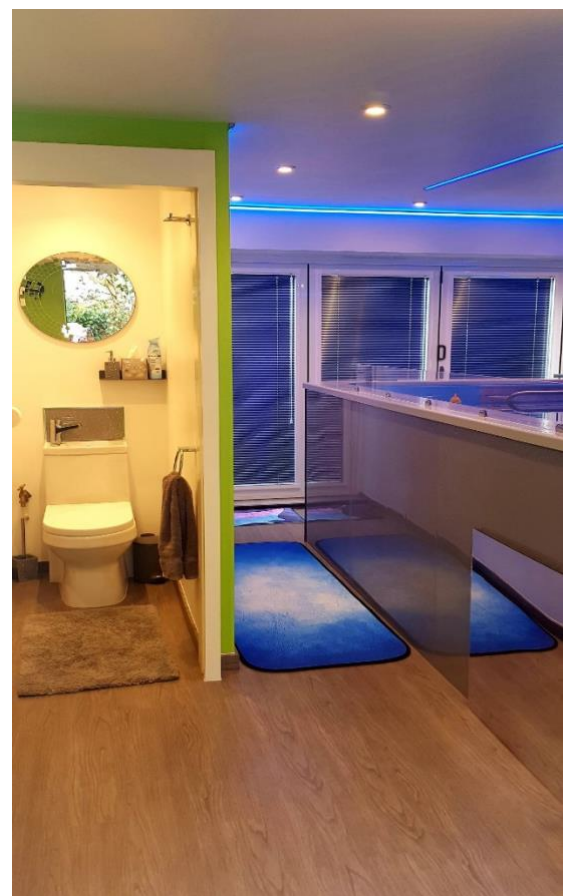
If you have young children, please use the stair gate provided in the changing room, to keep them safe. **Please supervise children at all times.**

Please wring out your costumes in the shower or sink rather than onto the changing room floor.

After your lesson, **please change within 15 minutes.** After this time, the changing rooms will be shut for cleaning between each customer. Please ring the doorbell in the changing room to alert me that you are leaving and I will come and say goodbye and secure the door behind you.



Changing room area



Toilet and shower area with sliding door

What to bring...

Children and adults - Don't forget your goggles!

Please bring any **medication** (e.g. inhalers) and put near the poolside.

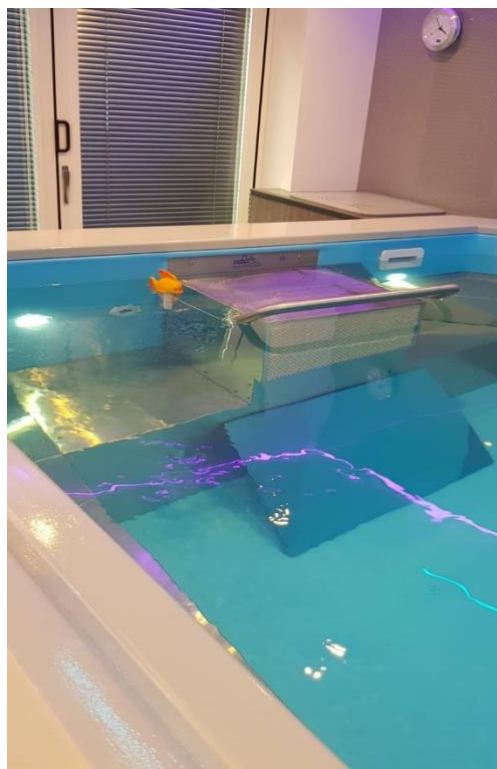
You are welcome to bring your own swim equipment (float, pull buoy, fins, front swim snorkel, hand paddles).

Babies and young children (not fully potty trained), please wear a swim nappy.

Please bring a change mat for babies.

Entering and exiting the pool...

Please enter and exit the pool by the purpose-built steps at the far end of the pool only. Please hold on to the swimming pool side whilst walking up/down the steps (small children, please hold an adult's hand). Then sit on the top step/side of pool, and slide in. There is a triangular step in the pool to step onto, for easy access. Adults with babies – you may wish to enter the pool first and then I can pass you your baby over the side into the pool.



Spectating

You are able to spectate from the changing room area. Family members welcome!



Rules for in the pool...

- **Please only come swimming/spectating if you and your child are feeling well. If there are any changes in your Contact information, including medical information, please let me know before you start your session.**
- No eating or drinking in the pool itself (apart from water in a bottle). Food and drink is permitted in the changing room area. Please take your litter home with you where possible.
- No jewellery to be worn in the pool (apart from flat wedding rings and flat engagement rings and sports watches).
- No diving, jumping or sitting on the pool edge.
- No playing on pool.
- You may bring your own clean pool toys or training equipment (snorkel, float, flippers, pull buoy, hand paddles) if you wish. No sharp objects in the pool please.
- Babies and young children (not fully potty trained), please wear a swim nappy.
- Please supervise young children at all times.
- Babies/ toddlers, may wish to wear a baby wetsuit/wrap for extra comfort.

Endless Pool Facts...

Pool dimensions:

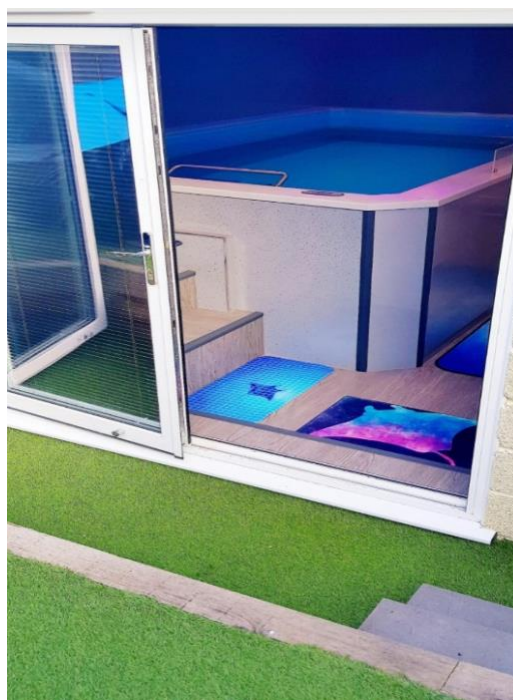
Length: 12 ft

Width: 7 ft

Depth: 1 metre

The pool temperature is maintained between 31 and 32 degrees Celsius

The air temperature is maintained between 30 and 33 degrees Celsius



Lesson Duration and Tuition

Lessons are half an hour each. For adults and babies/toddlers and children, a lesson may include; essential water confidence and water safety skills, basic stroke technique skills and activities to develop strength, co-ordination, and social and emotional development skills. For adults and advanced swimmers, a lesson may include; stroke technique and analysis, training ideas and programmes, drills and open water skills.

Tuition is from myself, Elizabeth Mills, a fully qualified Level 2 ASA Swimming Teacher, with over 29 years of swimming teaching experience and a passion for swimming! I am an Adult and Child qualified ASA Swimming Teacher, Open Water Swim England qualified Coach, Swim England Coach, and a qualified Aqua Aerobic (Water Fitness) instructor and Mermaid Fin2Fit instructor. I also have my Swimming Teacher's Rescue award qualification, I have worked as a Primary School Teacher for over 17 years, I am DBS checked and I have completed on-going safeguard training. My swim school (Mini Manta Ray's Swim School) is fully insured and we are members of the national body of swimming; Swim England.



Your swimming instructor, Elizabeth Mills.

The session...

Lessons are taught in a lovely warm and safe, fun and friendly environment!

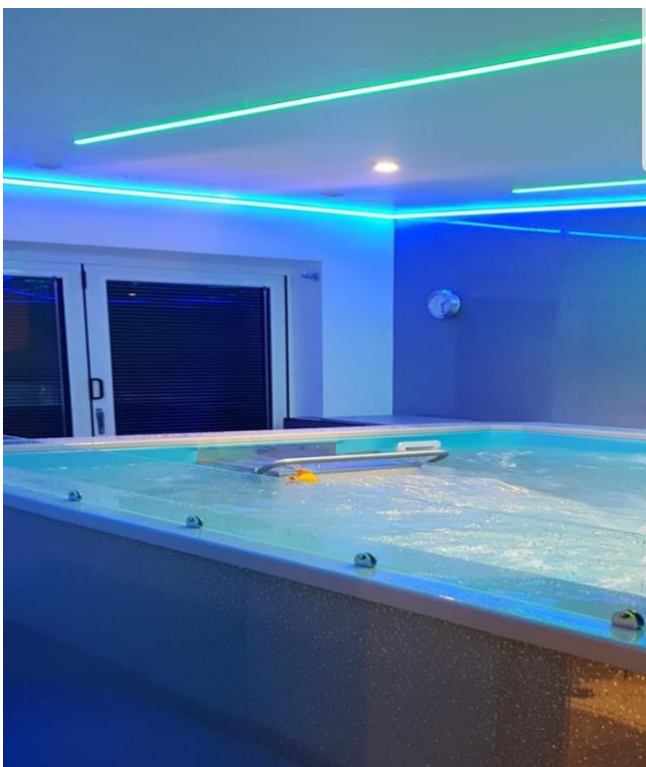
The Endless Pool has a jet current system (like a river flow) that can be increased or decreased depending on ability. It can be used for all abilities and ages, from babies and beginners (slow ripples) to adults and advanced swimmers, and is great fun, as well as being a great training tool.



We also have an underwater mirror in the pool, to help with stroke technique and correction. This is a great training tool!

For your enjoyment and amazing sensory experience, we have a fabulous LED coloured lighting system, ocean animal lights, flashing lights, bubbles and music, as well as a whole variety of toys, including light up whales, large and small animal floats, balls, flashing and squirty toys, woggle bridges, sinking toys and hoops and much more!

Baby and Toddler sensory swimming lessons are full of songs and games and can include some gentle underwater swimming for your baby/child.



Endless Pool jet current and LED lights



Pool mirror and underwater lighting

Tips for babies...

If your baby is tired or hungry then they are unlikely to enjoy their swimming lesson. For breast or bottle-fed babies there is no problem feeding them immediately before or after the class (or even withdrawing for a few minutes during the class).

For older babies on solids, it's best to leave a little time before the class starts to prevent regurgitation in the water.

What should I do if my child is ill?

- If your child has a chest, ear or eye infection they shouldn't swim until it has completely cleared.
- Please don't bring your child to the pool until they have been well for 2 weeks, after suffering from diarrhoea or a sickness bug.
- Going swimming is unlikely to worsen a mild cold and will not increase the likelihood of an ear infection unless your baby has a perforated eardrum.
- Please do not bring your child to a swimming class with anything that could be infectious, such as chickenpox, which is considered infectious until all the blisters have dried up.
- It's worth remembering that children are often exhausted after an illness and need some time to recuperate before returning to their swimming lessons.



Adult and Baby lessons: What do I need to bring with me?

- If your child is not yet fully toilet trained, they must wear a swim nappy. A neoprene swim nappy needs to be snug around the legs and waist to do its job properly (but not too tight!).
- If your child is fully toilet trained, cropped lycra shorts for boys (as Bermuda style shorts cause drag) and one-piece swim suits for girls, are recommended.

- A neoprene baby wrap, baby wetsuit or thermal top is recommended if your child is likely to get cold in the water.
- At least one towel or hooded towel for your child.
- Some milk for your baby or a healthy snack and drink for your toddler/child.
- A wipeable travel changing mat, that can be placed in the changing room for you to change your baby on.
- Your own swimwear and towel, if you will be going in the pool with your child.

Endless Pool Cancellation Policy: A 7 day in advance cancellation period is required from you please, in order for you to be given an alternative/ rollover lesson (sorry - no refunds can be given). If it is less than 7 days, and you have to cancel your lesson, I regret that no alternative lessons/roll overs (or indeed refunds) can be given. If I have to cancel the session myself, you will be given an alternative/roll over lesson, or full refund (if an alternative lesson isn't possible).

If you have any further enquiries, please phone/text Elizabeth Mills on 07795026207 or email splash@minimantarays.co.uk

Find us on Facebook or visit www.minimantarays.co.uk

To book more lessons, please follow this link

<https://minimantarays.pembee.app>

Thank you!

