

Beams of Light Programme of Activities

	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 02.06.2025					
Theme:	Learning how to stay protected in the sun	Understanding the importance of sunscreen, hats and sunglasses	Creating a Sun protection collage	The importance of staying hydrated in the warm weather	Sports Day (No afterschool club)
Summer Safety	Drawing/colouring/group picture-based discussion/cutting and pasting (EYFS)				
	Relay racing/bingo/free play	Charades/lego and construction/free play	Singing/dancing/free play (C)	Capture the flag/volleyball/free play	Sports Day (No afterschool club)
W/C 09.06.2025					
Theme:	Learning what friendship and Inclusion is	Making friendship bracelets (C)	Design a BOL friendship tree	Making "what makes a good friend" posters	Making Father's Day Cards (C)
Friendship and Inclusion	Discussion about safety during play time /singing/drawing/role play/musical statues/leaf painting (EYFS)				
	Obstacle course/stuck in the mud/free play	Role play/obstacle courses/free play	Chinese whispers/sleeping lions/free play	Parachute games/free play (C)	Activity sheets/quizzes/free play

Every Child Matters Outcomes Key	Early Years Foundation Stage KEY
Being Healthy (BH) Enjoy & Achieve (EA) Achieve Economic Wellbeing (AEW) Staying Safe (SS) Positive Contribution (PC)	Personal, Social and Emotional Development (PSE) Knowledge and Understanding of the World (KUW) Problem Solving, Reasoning and Numeracy (PSRN) Communication, Language and Literacy (CLL) Creative Development (CD) Physical Development (PD)

This programme may change, an alternative will also be made available. Throughout the session, quiet games and general play will also be on offer. During group discussion, the children will be encouraged to contribute their ideas with the group. C = Children's choice.
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On top of the structured activities, there are other equipment also available for the children to play such as chess, draughts, snooker table, football table, connect 4, puzzles and many more tabletop games.

We also have the 'small world corner' to enhance the imaginative skills of the children and the 'homework corner' where children can do their respective homework.

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W/C 16.06.2025 Theme: Energy Saving	Exploring ways we can save water	Learning about Recycling and Reusing	Why is it important to save electric?	Planting fruit and vegetables (C)	What are emissions and how can we prevent these by walking more
	Water play/forming names using letters/colouring/playdough (EYFS)				
	Catch the duck/free play	Recyclable material hunt/free play (C)	Football/skittle ball/free play	Skipping/over and under/free play	Memory game/what's the time Mr wolf? /free play
W/C 23.06.2025 Theme: Construction Week	Junk modelling	Lego building challenge and puzzles	Building and designing trucks using cardboard and crafts	Making playdough and spaghetti towers	Building a fort using materials and cardboard (C)
	Role play/dressing up/phonics/construction(Lego)/finger printing (EYFS)				
	Simon says/charades/free play	Board games/card games/free play (C)	Obstacle course/hopscotch/free play	DIY tower building/free play	Playdough/free play

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W/C 30.06.2025					
Theme:	Making your own medals	DIY football	Yoga and gymnastics (C)	Creating a sports flag	Making your own workout routines
Keeping Fit	Relay races/spoon crab walk/obstacle course (EYFS)				
	Ball games/free play	Everybody is it/football/free play	Bench ball/dodgeball/free play	Basketball/relay racing/free play	Skipping/hopscotch/mini hurdles/free play (C)

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