



Coaches Training Day 2025 Welcome Pack

Thanks for booking!

We look forward to having you join us at our Coaches Training Day this year!

Please keep reading below for all the information you need before joining us!

Date & Timings:

Friday 28th August

10:00am - 12:00pm

Venue address:

Framlingham College

IP13 9EY

What to wear and bring with you:

A sports/football kit

Shin pads - you will **not** be allowed to take part if you aren't wearing any

Trainers (No Studs)

A drink/A Refillable water bottle

A Jumper

Feel free to bring some snacks for breaks - **NO NUTS!**

Weather Appropriate Clothing including sun cream/hat and rainjackets etc

All jewellery must be removed and long hair must be tied up before the beginning of each session

Facility:

When you arrive, please head straight to the **Borrett's Astro**. To do this you will need to head to the Sports Centre car park (directions below). Once you have arrived at the car park, you will look down onto the astro. Please then use the path to the right to get to the session.

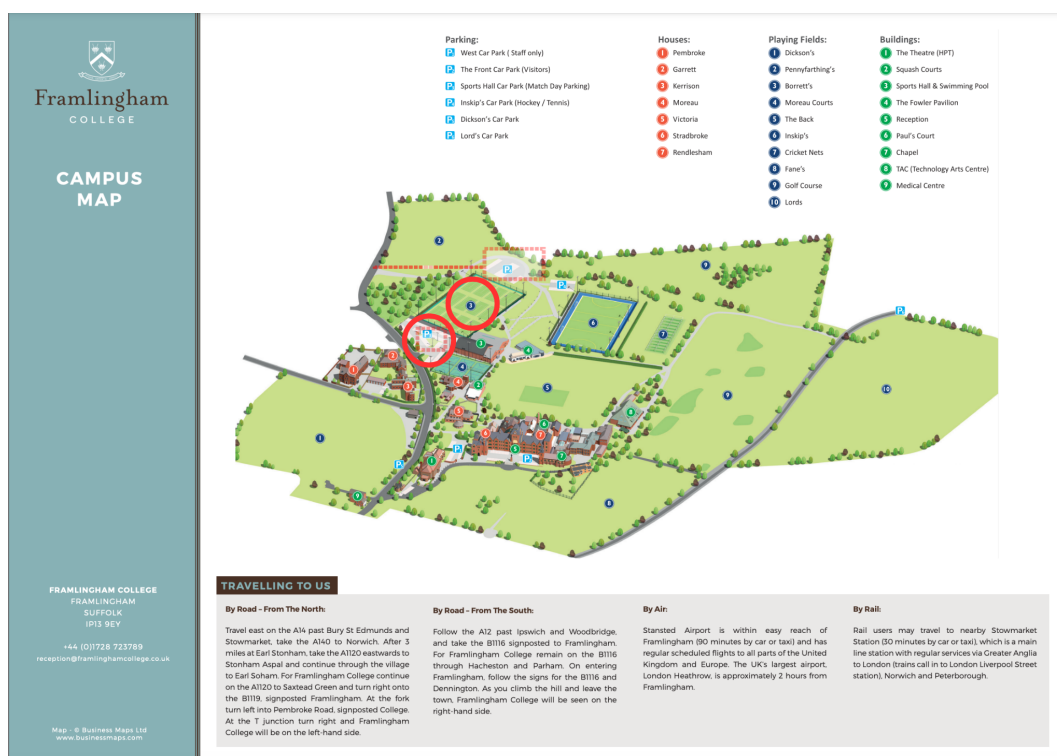
Directions to Framlingham College Car Park

If you are coming from Framlingham town centre, go past the main College entrance, past the deliveries entrance, over the pedestrian crossing and the Sports Centre car park is on your right.

If you're coming from Dennington, once you come in to the 30mph zone, you should see the Astro pitch on your left, it's fairly easy to spot the entrance coming from this way.

If you're coming down Pembroke Road, you take a left at the T junction and then an immediate right.

Please use the map below for reference. We will be using the astro numbered "3" and the car park you will be using is numbered "3".



Coaches

Any information you would like to be passed onto your coaches prior to the sessions beginning (which hasn't been mentioned on the booking form) please reply to this email.

Stay up to date!

During the term we like to post about what we get up to in our evening sessions and our Castle Coaching Shield winners! Make sure to give us a follow on [Instagram](#) @castlecoachingltd and a like on [Facebook](#) Castle Coaching to stay up to date!

We also like to post tutorials and fun quizzes for any of our older students that have social media too!

If there's any changes, we will contact you as soon as we can via email so please save info@castlecoaching.co.uk as a contact so the emails don't go to spam. It is **very important** that this is done as we have had parents not see information due to not saving the email address as a contact.

If you are unable to make a session or need to contact us, please either email us on the above email address or call/whatsapp us on 0330 223 2021 and we will get back to you as soon as possible.

Now that was a lot of information but we very much look forward to seeing you there!



Any other questions, do not hesitate to contact us.

Kind Regards,
Nathan and Charli



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