

Beams of Light Programme of Activities

	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 01.09.2025 Theme: Back to School Week	INSET DAY	INSET DAY	Getting to know you Bingo – making new friends Summer holiday reflection(C)	Understanding better routines for the new academic year	Creating a return to school checklist
	Drawing/colouring/group discussion/social interaction				
	INSET DAY	INSET DAY	Team outdoor games/board games/free play	Simon says/football/free play	Trim trail relay/hide and seek/free play (C)
W/C 08.09.2025 Theme: Literacy	International Literacy Day – What is Literacy?	Story Cards – creating stories based off pictures (creativity activity)	Journaling your day (writing activity) (C)	Group storytelling circle – making a group story (speaking & listening)	Roald Dahl Day – Who is he? Roald Dahl book reading
	Assisted reading & writing/storytelling/using imagination and creativity activities				
	Alphabet relay/ball play/free play (C)	Word hunt game/follow the leader/free play	Chinese whispers/"red light, green light"/free play	Pictionary/charades/free play (C)	Activity sheets/quizzes/free play

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During group discussion, the children will be encouraged to contribute their ideas with the group. **C = Children's choice.**

Every Child Matters Outcomes Key	Early Years Foundation Stage KEY
Being Healthy (BH) Enjoy & Achieve (EA) Achieve Economic Wellbeing (AEW) Staying Safe (SS) Positive Contribution (PC)	Personal, Social and Emotional Development (PSE) Knowledge and Understanding of the World (KUW) Problem Solving, Reasoning and Numeracy (PSRN) Communication, Language and Literacy (CLL) Creative Development (CD) Physical Development (PD)

On top of the structured activities, there are other equipment also available for the children to play such as chess, draughts, snooker table, football table, connect 4, puzzles and many more tabletop games.

We also have the 'small world corner' to enhance the imaginative skills of the children and the 'homework corner' where children can do their respective homework.

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W/C 15.09.2025 Theme: Pirates	Learning about Pirates	Designing a Pirate Map (team activity)	Building a Pirate ship using recyclable materials and Lego	Outdoor Treasure Hunt (C)	Creating and designing a message in a bottle
	Storytelling/puzzles/reading/drawing/creative play/role play				
	Walk the plank game/free play (C)	"Captain Says game"/pirate riddles/free play	Pirate role play/solving puzzles/free play (C)	Story time/pirate puppet show/free play	Swab the desk relay/X marks the spot game/free play
W/C 22.09.2025 Theme: Autumn	What happens in the season Autumn? Leaf printing/painting	Autumn scavenger hunt Creating a nature collage	Learning about animals preparing for the winter Hedgehog paper plate craft	Apple tasting activity – tasting different types of apples (C)	Making an Autumn Wreath using tissue paper and leaves
	Sensory experiences/sorting/understanding colours and textures/painting				
	Leaf relay/roleplay/free play (C)	Find the conker game/free play	Freeze game/cross the river/free play	Blindfolded sensory game/capture the flag/free play (C)	Autumn bingo/sleeping lions/free play

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W/C 29.09.2025 Theme: Poetry	Creating Acrostic Poems using names(C)	Poetry Treasure Hunt – Piece together to poem (team activity)	Creating your own Poem competition (C)	National Poetry Day Reading famous children's poems	Rhyming group activities
	Sounds and movements/arts and crafts/colouring/cutting and sticking				
	Painting/arts and crafts/free play	Running/hula hoops/free play (C)	Skittle balls/free play	Dancing/table tennis/free play (C)	Hopscotch/over and under/Free play
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W/C 06.10.2025 Theme: Mental Health	Creating a mood collage using magazines and materials	Making a gratitude tree	Yoga and breathing exercise workshop for kids (C)	Creating calm jars/glitter bottles	World Mental Health Day Why is Mental Health important?
	Water play/shapes/colouring/cutting and sticking				
	Charades/Pictionary/free play	Mindful colouring/board games/free play	Tag/Lego and construction/free play	Skipping/puzzles/free play	Role play/ball games/free play (C)

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W/C 13.10.2025 Theme: Harvest	Why is Harvest important? Learning how different cultures celebrate Harvest festivals around the world	Fruit and vegetable sorting and tasting activity (C)	Group Harvest mural using arts and crafts (C)	Storytime- "The Little Red Hen"	Pumpkin painting
	Water play/shapes/colouring/cutting and sticking				
	Seed counting competition/free play	Apple bobbing with spoons/free play (C)	Sack races/pumpkin bowling/free play	Harvest Bingo/snap/free play	Pass the pumpkin game/free play
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W/C 20.10.2025 Theme: Diwali	What is Diwali? How is it celebrated?	Rangoli making (C)	Paper lantern crafting Paper firework crafting (C)	Creating handmade Diwali cards	Diwali Disco
	Water play/shapes/colouring/cutting and sticking				
	Parachute games/tennis/free play	Human knot/freeze dance/free play	I spy/balloon stomp/free play	Hot potato/duck duck goose/free play	Dancing/musical chairs/free play (C)

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