

## Beams of Light Programme of Activities

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>W/C 01.09.2025</b>  <b>Theme:</b>  <b>Back to School Week</b>	NON SCHOOL DAY	NON SCHOOL DAY	Getting to know you Bingo – making new friends  Summer holiday reflection(C)	Understanding better routines for the new academic year	Creating a return to school checklist
	Drawing/colouring/group discussion/social interaction				
	NON SCHOOL DAY	NON SCHOOL DAY	Team outdoor games/board games/free play	Simon says/football/free play	Trim trail relay/hide and seek/free play (C)
<b>W/C 08.09.2025</b>  <b>Theme:</b>  <b>Literacy</b>	International Literacy Day – What is Literacy?	Story Cards – creating stories based off pictures (creativity activity)	Journaling your day (writing activity) (C)	Group storytelling circle – making a group story (speaking & listening)	Roald Dahl Day – Who is he?  Roald Dahl book reading
	Assisted reading & writing/storytelling/using imagination and creativity activities				
	Alphabet relay/ball play/free play (C)	Word hunt game/follow the leader/free play	Chinese whispers/"red light, green light"/free play	Pictionary/charades/free play (C)	Activity sheets/quizzes/free play

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During group discussion, the children will be encouraged to contribute their ideas with the group. **C = Children's choice.**

Every Child Matters Outcomes Key	Early Years Foundation Stage KEY
Being Healthy (BH) Enjoy & Achieve (EA) Achieve Economic Wellbeing (AEW) Staying Safe (SS) Positive Contribution (PC)	Personal, Social and Emotional Development (PSE) Knowledge and Understanding of the World (KUW) Problem Solving, Reasoning and Numeracy (PSRN) Communication, Language and Literacy (CLL) Creative Development (CD) Physical Development (PD)

On top of the structured activities, there are other equipment also available for the children to play such as chess, draughts, snooker table, football table, connect 4, puzzles and many more tabletop games.

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<b>W/C 15.09.2025</b>					
<b>Theme:</b>	Learning about Pirates	Designing a Pirate Map (team activity)	Building a Pirate ship using recyclable materials and Lego	Outdoor Treasure Hunt (C)	Creating and designing a message in a bottle
<b>Pirates</b>	Storytelling/puzzles/reading/drawing/creative play/role play				
	Walk the plank game/free play (C)	"Captain Says game"/pirate riddles/free play	Pirate role play/solving puzzles/free play (C)	Story time/pirate puppet show/free play	Swab the desk relay/X marks the spot game/free play
<b>W/C 22.09.2025</b>					
<b>Theme:</b>	What happens in the season Autumn?	Autumn scavenger hunt	Learning about animals preparing for the winter	Apple tasting activity – tasting different types of apples (C)	Making an Autumn Wreath using tissue paper and leaves
<b>Autumn</b>	Leaf printing/painting	Creating a nature collage	Hedgehog paper plate craft		
	Sensory experiences/sorting/understanding colours and textures/painting				
	Leaf relay/roleplay/free play (C)	Find the conker game/free play	Freeze game/cross the river/free play	Blindfolded sensory game/capture the flag/free play (C)	Autumn bingo/sleeping lions/free play

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<b>W/C 29.09.2025</b>					
<b>Theme:</b>	Creating Acrostic Poems using names <b>(C)</b>	Poetry Treasure Hunt – Piece together to poem (team activity)	Creating your own Poem competition <b>(C)</b>	National Poetry Day	Rhyming group activities
<b>Poetry</b>				Reading famous children's poems	
	Sounds and movements/arts and crafts/colouring/cutting and sticking				
	Painting/arts and crafts/free play	Running/hula hoops/free play <b>(C)</b>	Skittle balls/free play	Dancing/table tennis/free play <b>(C)</b>	Hopscotch/over and under/Free play
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<b>W/C 06.10.2025</b>					
<b>Theme:</b>	Creating a mood collage using magazines and materials	Making a gratitude tree	Yoga and breathing exercise workshop for kids <b>(C)</b>	Creating calm jars/glitter bottles	World Mental Health Day
<b>Mental Health</b>					Why is Mental Health important?
	Water play/shapes/colouring/cutting and sticking				
	Charades/Pictionary/free play	Mindful colouring/board games/free play	Tag/Lego and construction/free play	Skipping/puzzles/free play	Role play/ball games/free play <b>(C)</b>

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<b>W/C 13.10.2025</b>					
<b>Theme:</b>	Why is Harvest important?				
<b>Harvest</b>	Learning how different cultures celebrate Harvest festivals around the world	Fruit and vegetable sorting and tasting activity (C)	Group Harvest mural using arts and crafts (C)	Storytime- "The Little Red Hen"	Pumpkin painting
	Water play/shapes/colouring/cutting and sticking				
	Seed counting competition/free play	Apple bobbing with spoons/free play (C)	Sack races/pumpkin bowling/free play	Harvest Bingo/snap/free play	Pass the pumpkin game/free play

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