

Our Expectations (Parent Version)

Be kind.

Treat others with warmth and encouragement. Use kind words, smiles, and small acts of kindness — they make a big difference.

Include everyone.

Invite others to join in, share fairly, and make sure no one feels left out.

Show respect for people and equipment.

Use polite language, respect personal space, and handle equipment carefully so it lasts for everyone. For example: say *please* and *thank you*, and return equipment when you're finished.

Arrive on time and be ready.

Come prepared so activities can start smoothly and everyone can get the most out of the session.

Stay with the group.

Stay with your coach or leader unless you have permission to leave.

Have fun — bring a smile.

Come ready to enjoy yourself and help create a positive atmosphere.

Listen carefully.

Pay attention to instructions and announcements so everyone stays safe and informed.

Show great teamwork.

Support your teammates, share responsibilities, and celebrate each other's successes.

Follow safety rules.

Respect activity guidelines at all times to keep yourself and others safe.

Consequences

If someone repeatedly breaks these expectations, the coach or leader will take steps to help. These may include:

- A friendly reminder of the rules.
- A private conversation about what needs to change.
- A short time away from the activity until ready to rejoin.
- Informing parents or carers if behaviour does not improve.

Our Expectations (Child Version)

Let's keep our club safe, fun, and friendly!

Be Kind

Use kind words and smiles. Encourage others.

Include Everyone

Invite friends to join in — no one left out!

Show Respect

Use polite language, respect personal space, and look after all equipment.

Be Ready

Arrive on time and come prepared to play and learn.

Stay with the Group

Only leave if a coach says it's okay.

Have Fun

Bring your best smile and help make sessions positive.

Listen Carefully

Pay attention to your coach — it keeps everyone safe.

Be a Team Player

Work together, share, and celebrate success.

Stay Safe

Follow all rules and play safely at all times.

If Rules Are Broken

- Friendly reminder
- Talk with the coach

- Short time away from the activity
 - Parents/carers will be told if behaviour doesn't improve
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My Promise

I promise to:

- ✓ Be kind
- ✓ Respect others
- ✓ Play safely
- ✓ Have fun!