

Junior Swim Fit Information

Contact number

First person of contact: **Elizabeth Mills: 07795026207**

Second person of contact, if first person can't be reached: Tim Mills: 07786265384

Location

Address: St. Michael's Middle School, Colehill Lane, Colehill, Wimborne, BH21 7AB

Parking

There is plenty of free parking in the school car park. The school gates will be open.

Getting there from the car park

Follow the signs at the back of the car park, for the swimming pool. There is a separate entrance to the pool building - You don't need to go to the main school reception.

When you arrive... WELCOME!

Please sign in, using the electronic system in the foyer, outside the changing rooms. Please arrive around 10 minutes before the start of the session to give you swimmer time to do a land base warm up. Please remove outdoor shoes before entering the changing room and pool areas.

Please keep mobile phones and any other electronic devices away in the changing rooms. Please do not use your cameras in the changing rooms, at the poolside or in the viewing area. (Swim England and School Policy).

Please could you remind spectators in the viewing area that photography is not permitted. Thank you.

What to bring...

Don't forget your goggles! Swimming hats are advised. Please bring a water bottle to the session, and swimming kit bag, with: float, pull buoy, fins, hand paddles and front snorkel.

Please remove jewellery before entering the pool.

Please bring any medication (e.g. inhalers) onto the poolside.

Changing Facilities

There are shower and toilet facilities, and an accessible unisex changing room. Please shower before entering the pool. Please feel free to come 'beach ready', to save time in the changing rooms.

At the End of the Session

Please sign out on the electronic system in the foyer. Please also sign your child out in person, with one of the Swimming Coaches. If your child is over 16 and you would like them to make their own way home, please sign a waver to give them permission. (Please ask one of the Swimming Coaches for a form).

Cancellation

We regret that no refunds can be given for missed sessions. If I have to cancel the session myself, you will be given an alternative/roll over lesson, or full refund (if an alternative lesson isn't possible).

Please only come swimming/spectating if you are feeling well.

If there are any changes in your Contact information, including medical information, please let me know before you start your session.