

Risk Assessment – 5v5 Football

Event Details

Event Name	5v5 Mixed Football
Location	Colburn Leisure Centre
Date	15th October 2025
Participants	School Years 3, 4, 5, and 6
Host	ML Sports and Fitness
Number of Teams	6
Supervision	ML Sports and Fitness Staff & School Staff

Risk Assessment Chart

Hazard	Who Might Be Harmed?	Risk Level (Low/Medium/High)	Control Measures	Further Action Required?
Slips, Trips, and Falls	Children, Staff	Medium	<ul style="list-style-type: none">- Ensure playing surface is clear and in good condition.- Players wear appropriate footwear.- Staff monitor the field for hazards.	Regular checks before and during the event.
Collisions Between Players	Children	Medium	<ul style="list-style-type: none">- Use trained referees to manage the game.- Warm-up before play to reduce injury risk.	Briefing on safe play before matches.

Weather Conditions (Rain, Heat, Cold)	Children, Staff	Medium	<ul style="list-style-type: none"> - Check weather forecast in advance. - Ensure children are dressed appropriately. - Provide water and shaded areas if necessary. 	Adapt activities if conditions become unsafe.
Dehydration & Fatigue	Children	Medium	<ul style="list-style-type: none"> - Regular water breaks. - Encourage rest periods between games. - Monitor for signs of fatigue. 	Staff to remind players to hydrate regularly.
Injuries (Minor Cuts, Bruises, Sprains)	Children	Medium	<ul style="list-style-type: none"> - First aid kit on site. - First-aid trained staff available. - Stretching and warm-ups before matches. 	First aid station clearly signposted.
Ball Strikes	Children, Staff	Low	<ul style="list-style-type: none"> - Use age-appropriate Footballs. 	Ensure all children are aware of ball safety.
Spectator Safety	Spectators, Children	Low	<ul style="list-style-type: none"> - Designated spectator area. - Clear boundaries between playing area and spectators. 	Staff to monitor crowd control.

Emergency Procedures

- **First Aid Station:** Located at with ML Sport staff
- **Evacuation Plan:** Staff to guide participants to safe areas in case of emergency.