

Beams of Light Programme of Activities

	Monday	Tuesday	Wednesday	Thursday	Friday
W/C 05.01.2026 Theme: Winter and Snow	INSET DAY	Making paper snowflakes	Learning how snowflakes form	Making Snowmen using cotton balls	Freestyle painting and craft collage – Winter Theme (C)
	Phonics/cutting and sticking/painting (EYFS)				
	INSET DAY	Hot Potato game/free play	4040 Home/Free play (C)	Over and under/Free play	Duck Duck goose/Free play
W/C 12.01.2026 Theme: Craft Week	Creating flowers using tissue paper (C)	Making animal crafts on paper plates	Junk modelling using recycled materials	Mural making using stickers, arts and crafts	Fingerprint art
	Playdough/painting/drawing/sensory activities (EYFS)				
	Stuck in the mud/free play	Skipping/free play	Bulldog/free play	Capture the flag/free play	Table tennis/free play (C)

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 During group discussion, the children will be encouraged to contribute their ideas with the group. **C = Children's choice.**

Every Child Matters Outcomes Key	Early Years Foundation Stage KEY
Being Healthy (BH) Enjoy & Achieve (EA) Achieve Economic Wellbeing (AEW) Staying Safe (SS) Positive Contribution (PC)	Personal, Social and Emotional Development (PSE) Knowledge and Understanding of the World (KUW) Problem Solving, Reasoning and Numeracy (PSRN) Communication, Language and Literacy (CLL) Creative Development (CD) Physical Development (PD)

On top of the structured activities, there are other equipment also available for the children to play such as chess, draughts, snooker table, football table, connect 4, puzzles and many more tabletop games.

We also have the 'small world corner' to enhance the imaginative skills of the children and the 'homework corner' where children can do their respective homework.

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W/C 19.01.2026 Theme: Recycling	What is recycling? What are the environmental benefits of recycling?	Understanding what materials to recycle	Discussion: Food waste – what can we do with it?	Discussion: How can we save energy?	Create models out of recyclable materials (C)
	Discussions/arts and crafts/knowledge and understanding/creative development (EYFS)				
	“Everybody’s It”/ Free play (C)	King’s Square/Free play	Musical bumps/ Free play	Basketball/ Free play	The floor is lava/ Free play
W/C 26.01.2025 Theme: Team Building	Complete fun tasks as a team The benefits of working together	Group discussion - Compromise	National Lego Day – STEM & construction challenges	National Puzzle Day – group puzzles	Clue hunt around the school (C)
	Problem solving/exploration/social team building/colouring/drawing/construction (EYFS)				
	Team race games/ Free play	Dodgeball/Free play (C)	Beanbag game/Free play	Over and under/Free play	Hula hoop games/ Free play

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W/C 02.02.2026 Theme: Superheroes and Storytelling Week	Design your own superhero	Creating superhero comic strips (C)	Why is it important to help others? – group discussion	Storytime heroes – short stories about superheroes	Making hero badges
	Teamwork/confidence/problem-solving/curiosity/imagination (EYFS)				
	Rescue mission game/free play	Superhero obstacle course/free play	Superhero freeze dance/free play	Villain tag/free play (C)	Outdoor games/free play
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W/C 09.02.2026 Theme: Spreading Love Week	Creating paper hearts with kind messages	Making friendship bracelets	Making Valentines Day Cards for a family member (C)	Heart Hunt – kind actions activity	Designing a “what makes me happy” poster
	Empathy/shapes/colouring/cutting and sticking/emotional development (EYFS)				
	Obstacle courses/free play (C)	“Find a friend who” game /free play	Lego/building blocks /free play	Musical Partners /free play	Friendship web game/free play

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