



IS HOSTING >>>



ON-CAMERA MEDIA TRAINING

Public Speaking Confidence

by

Hands-On Practice

>>> *We learn by doing! Anastasiya Bolton's bringing you training based on 20+ years in news, including covering LE in CO. Now helping agencies improve their messaging.*

Among many topics that will be discussed and practiced

What makes a good PIO & why that matters (it's not about the media!)

The power of your response: don't turn a simple story into a negative one

The secret to getting your story heard or your side represented

Effective and ineffective ways to handle messaging

Communicating during a critical incident, a step-by-step guide

Why reporters ask questions you can't answer and how to prepare

Learning from real-life examples, what went right, wrong and why?

On-camera interview practice with immediate feedback

Questions >>> anastasiya@vikstorymedia.com

303 653 6753 cell

Feb. 17, 2026

CSP Pueblo Office

5615 Willis Blvd.

Pueblo, CO 81008

CDOT entrance

8a.m.- 4:30 p.m.



Anastasiya Bolton
Broadcast Journalist

**Limited \$450 each
Seats!**



**REGISTER
& PAY**

<https://x.gd/rYiKy>