

Parent's Guide



Holiday Camps

2026 edition

Venue:

Saxon Primary School, Briar Road,
Shepperton, Middlesex, TW18 0JB

info@plgsportscoaching.com

Hello!



We hope your child is excited to experience our holiday camp. Our coaching team have put together this handy guide to give you all the information you need. We will update this guide constantly so whether it's your child's first day or they've been before, it's worth having a read through as some advice or rules may change

If you have any queries please don't hesitate to contact us on
info@psgsportcoaching.com

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Checklist – what does my child need to bring/wear?

Re-fillable drinks bottle (please no fizzy drinks!	
Sunhat and Sun cream	
Packed lunch with no nuts	
Wearing suitable named clothes for physical activity.	
Wearing suitable named trainers	
Any relevant medication (inhalers, EpiPens, insulin etc.)	
a named bag for all belongings	
Spare named clothes for just in case	
Swimming costume, goggles and swimming cap (designated swimming days only)	

What not to bring

- Electronic such as handheld gaming consoles, headphones etc.
- Any large jewellery such as rings or necklaces or large earrings as these can cause injury. Small ear studs are fine if covered.
- Any expensive clothing is not recommended to avoid getting lost or dirty

How to find us



Venue: Saxon Primary School, Briar Road, Shepperton, TW17 0JB



If driving: When you arrive, turn into the car park and park. Head through the open gate to the right of reception and you'll see our drop off sign outside the year 1 classroom.

If walking: Walk into the car park and head through the open gate to the right of reception and you'll see our drop off sign outside the year 1 classroom

You can always call the camp manager on 07351 316222 if you need any help finding us

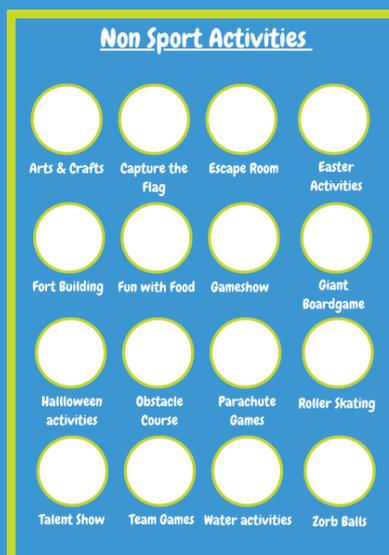
info@plgsportscoaching.com

Camp Passports

Introducing: Camp passports!

We have introduced camp passports. Your child can collect stamps for trying an activity or learning a new skill. It's also a great way to see what you're child has been up to at camp.

Every 10 stamps your child collects, wins a prize!



PSG SPORTS COACHING



Camp Passport

Multi-Activity

www.psgsportscoaching.com

Prizes

10 Stamps – Prize from the prize box

**20 Stamps – Prize from the prize box
+ Free cap**

**30 Stamps – Prize from the prize box
+ Free t-shirt**

**ALL 36 Stamps – Star Prize from the prize box +
Free day at camp + Free Hoodie. You also get a new
passport to start again**

info@plgsportscoaching.com



Swimming Sessions



We will be offering swimming as part of our day during every day of February Half Term.

All children aged 5+ will be given the opportunity to use the pool with their group on the afternoon of their day(s) at camp.

These sessions will be led by our team of fully qualified lifeguards.

Please see next page for our swimming policy

info@plgsportscoaching.com



Swimming Policy

- Children aged 5+ only will be permitted to swim
- Staff ratio: 1 Lifeguard and 1 coach to 10 children
- Children must bring their swimsuit, goggles, and swim cap to participate
- When registering/booking a day where swimming is offered, you will be asked whether your child can swim 15m unaided.
- If you say 'No', you must ensure that your child comes to Camp with a suitable and clearly named buoyancy aid.
- If you answer 'Yes', please be note that your child will still need to demonstrate their ability to the lifeguard and confidently swim 3 widths of the pool. If they put their feet down or display a general lack of water confidence, they will need to come to camp with a suitable buoyancy aid, clearly named, before being able to use the pool. These can borrowed on your child's first day.
- Buoyancy aids such as swim vests or arm bands are recommended as they allow your child to keep their hands free so they can take part in any games in the pool and can be quickly put on and taken off.



Childcare Vouchers

We are thrilled to be able to accept childcare vouchers from Easter 2026.

info@plgsportscoaching.com



Good to know! Other useful information



Feeling Poorly?

We know children can get poorly, we ask that if your child is unwell or has any cold symptoms that they don't come to camp. We know it's disappointing, but we ask this to prevent the spread of any bugs or viruses at our camp and to keep our children and staff healthy.



Lost property.

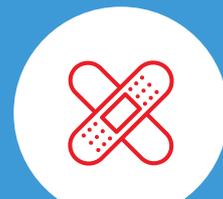
we always end up with lost property and will always try to re-unite any lost items with their owner. Please ensure your child's belongings are named to make this easier! please contact us on info@psgsportscoaching if you think your child has left anything behind.



Electronic devices

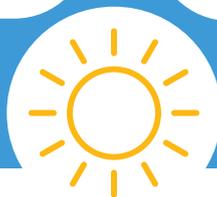
Electronic devices such as games consoles, music players, headphones etc. are not allowed at camp.

If your child needs a phone to contact you or for medical reasons they are welcome to bring one but it must stay in their bag throughout the day.



Should your child have an accident or injury doing sport at our camp and require first aid, we will notify you of the incident and document the details on an accident form.

If the injury is more serious we will call 111 to ask for advice or 999 if needed as well as documenting everything.



During the Summer, temperatures can be very hot. Please ensure your child has suncream, sunhat and comes dressed appropriately for the weather. We will try and keep out of the sun as much as possible but please ensure your child comes prepared. We have spare suncream at camp that your child can apply themselves if needed.