

## Beams of Light Programme of Activities

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>W/C 23/02/2026</b>  <b>Theme:</b>  <b>Kindness &amp; Friendship</b>	Friendship Hands Poster	Kindness Heart Craft	Paper Chain of Kind Words	Smiley Face Plates	Compliment Cards (C)
Cutting, holding crayons/markers/stickers, folding, gluing and sticking (EYFS) (C)					
	Football/Freeplay	Basketball/Freeplay	Role play/Freeplay	Bowling/Freeplay	Yoga/Freeplay
<b>W/C 02/03/2026</b>  <b>Theme:</b>  <b>Creative Patterns &amp; Design</b>	Pattern Printing	Shape Collage (C)	Texture Rubbing Art	Favourite Character Poster <a href="https://www.worldbookday.com/">https://www.worldbookday.com/</a>	Design Your Own T-Shirt (Paper Version)
Participate in discussion/messy activity/dancing/painting/reading (EYFS) (C)					
	Gymnastics/Freeplay (C)	Piggy in the middle/Freeplay	Volleyball/Freeplay	Traffic light game/Freeplay	Race/Freeplay (C)

This programme may change, an alternative will also be made available. Throughout the session, quiet games and general play will also be on offer.  
During group discussion, the children will be encouraged to contribute their ideas with the group. **C = Children's choice.**

Every Child Matters Outcomes Key	Early Years Foundation Stage KEY
Being Healthy (BH) Enjoy & Achieve (EA) Achieve Economic Wellbeing (AEW) Staying Safe (SS) Positive Contribution (PC)	Personal, Social and Emotional Development (PSE) Knowledge and Understanding of the World (KUW) Problem Solving, Reasoning and Numeracy (PSRN) Communication, Language and Literacy (CLL) Creative Development (CD) Physical Development (PD)

On top of the structured activities, there are other equipment also available for the children to play such as chess, draughts, snooker table, football table, connect 4, puzzles and many more tabletop games.

We also have the 'small world corner' to enhance the imaginative skills of the children and the 'homework corner' where children can do their respective homework.

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<b>W/C 09/03/2026</b>  <b>Theme:</b>  <b>Our World</b>	Flag Craft for Commonwealth Day – 9 March (C)	Mother’s Day Card	Flower Painting	Leaf Rubbing	Nature Collage
	Playdough/stacking toys/water play/arts & crafts/free play (EYFS) (C)				
	Table Tennis/Freeplay	Bench ball/Freeplay (C)	Fish & Chips game/Freeplay	Parachute games/Freeplay (C)	Skittle balls/Freeplay
<b>W/C 16/03/2026</b>  <b>Theme:</b>  <b>Colour &amp; Celebration</b>	Shamrock Craft	Rainbow Craft - For St Patrick’s Day – 17 March	Odd Socks Art - For World Down Syndrome Day – 21 March	Water Drop Painting - For World Water Day – 22 March	Colour Mixing Art (C)
	Problem solving/exploration/social team building/colouring/drawing/construction (EYFS) (C)				
	Obstacle course/Freeplay	Charades/Freeplay	Dodgeball/Freeplay (C)	Skipping/Freeplay	Duck, Duck Goose/Freeplay

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<b>W/C 23/03/2026</b>  <b>Theme:</b>  <b>Space &amp; Rockets</b>	Paper Rocket (C)	Planet Collage	Star Garland	Alien Handprints (C)	Space Scene Painting
Teamwork/confidence/problem-solving/curiosity/imagination (EYFS) (C)					
	Over and under/Freeplay	Dancing/Freeplay (C)	Princess & Pirates game/Freeplay	Rounders/Freeplay (C)	Skittle balls/Freeplay

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