

LIFE SKILLS

Life Skills at Macademia Daytime Academy supports young people in developing confidence, independence, and real-world abilities that are essential for everyday life. Students explore communication, decision-making, problem-solving, and personal development in a relaxed and supportive environment.

The course is structured into flexible learning blocks for home-educated children, with 2-hour sessions that are semi-structured, discussion-led, and activity-based. Students are encouraged to express themselves, build confidence, and develop practical skills they can use in real-life situations.

Through interactive activities, role-play, and real-world scenarios, students build self-awareness, resilience, and essential skills that support both personal growth and future pathways.

Communication & Confidence

1. Speaking clearly and confidently
2. Listening and understanding others
3. Expressing ideas and opinions
4. Body language and presentation
5. Working in pairs and groups
6. Reflection and feedback

Money & Real Life Basics

1. Understanding money and budgeting
2. Needs vs wants
3. Saving and spending
4. Simple financial decisions
5. Everyday life planning
6. Practical scenarios

Independence & Responsibility

1. Making decisions
2. Managing time
3. Taking responsibility
4. Problem-solving in real situations
5. Organisation and planning
6. Reflection and improvement

Future Skills & Personal Growth

1. Setting goals
2. Understanding strengths
3. Teamwork and collaboration
4. Dealing with challenges
5. Preparing for future pathways
6. Final presentation and reflection

