

Scouts Obstacle Course Race

Participant Consent and Risk Acknowledgement

Event name	Scouts Obstacle Course Race
Event date	Saturday 20 June 2026
Event location	The Moor, Cookham
Organiser	FITIQ

Agreement

By confirming this booking, I confirm that I have read, understood and accepted this agreement.

If I am booking for a participant under 18, I confirm that I am their parent, carer or authorised adult and that I have permission to give consent for them to take part.

Insurance

FITIQ confirms that public liability insurance is in place for this event.

Nothing in this agreement removes any legal rights or protections that cannot be changed by agreement.

Activity

I understand that the obstacle course race involves physical activity, including running, climbing, crawling, balancing, jumping and moving over, under or through obstacles.

I understand that there is a risk of slips, trips, falls, bumps, bruises, grazes and other injuries.

Medical information

I confirm that the participant is able to take part, or that I have told FITIQ about any medical condition, allergy, injury, medication, access need or support need that may affect their participation.

If the participant needs medication, such as an inhaler or EpiPen, I confirm that it will be brought to the event and kept available.

First aid

I consent to basic first aid being given if needed.

In an emergency, I consent to FITIQ seeking medical assistance for the participant.

Safety and behaviour

I understand that all participants must:

- 1 Listen to the race briefing.
- 2 Follow instructions from the event team and marshals.
- 3 Use obstacles only as instructed.
- 4 Avoid pushing, pulling or unsafe contact.
- 5 Tell a marshal if they feel unwell, unsafe or unable to continue.
- 6 Stop taking part if FITIQ believes it is unsafe for them or others to continue.

I understand that participants should only attempt obstacles they feel able to complete safely.

I understand that parents and carers remain responsible at all times.

Photography and video

Photography and video consent will be collected as part of the booking process.

I understand that I can choose whether or not photographs or video of the participant may be used by FITIQ for event promotion, social media or future event materials.

Final confirmation

By completing the booking, I confirm that:

- 1 The information provided is accurate.
- 2 I understand the nature of the activity.
- 3 I accept the risks involved.
- 4 I agree to the safety rules.
- 5 I give consent for the participant to take part.