

Beams of Light Programme of Activities: September – October 2026



(07/09) WEEK 1 – Welcome Back & New Beginnings <u>Activity List:</u> ○ Welcome-back name cards ○ All About Me self-portraits ○ Make a classroom rules poster ○ Friendship games ○ My new-term goals/drawing ○ School-role-play activities ○ Welcome-back story time <u>EYFS Focus:</u> PSED: Settling in, confidence & friendships CL: Speaking, listening & sharing experiences EAD: Drawing, painting & creative expression UW: Exploring the school environment	(14/09) WEEK 2 – Autumn Begins <u>Activity List:</u> ○ Autumn leaf collecting ○ Leaf rubbing & printing ○ Make autumn trees ○ Conker-inspired counting games ○ Autumn sensory trays ○ Nature colour hunts ○ Drawing leaves, acorns & pumpkins ○ Autumn songs and stories <u>EYFS Focus:</u> UW: Seasonal change & nature M: Counting, sorting & comparing PD: Fine motor skills CL: New autumn vocabulary EAD: Exploring natural materials	(21/09) WEEK 3 – Harvest & Healthy Food <u>Activity List:</u> ○ Harvest fruit and vegetable colourings ○ Design a healthy lunchbox ○ Fruit and vegetable sorting ○ Make paper plate fruit baskets ○ Harvest collage ○ Pretend farm shop ○ Farm animal crafts ○ Harvest songs and stories <u>EYFS Focus:</u> UW: Food, farming & where food comes from M: Counting, sorting & grouping PSED: Healthy choices & sharing CL: Describing foods and tastes EAD: Creative food-themed activities
(28/09) WEEK 4 – My UK: Landmarks, Transport & Communities <u>Activity List:</u> ○ Discussion of history at famous UK landmarks ○ Build Big Ben, Tower Bridge or a castle with recycled material ○ Make a London bus from recycled boxes ○ Design and make your own UK landmark ○ Talk about our local area and places we visit <u>EYFS Focus:</u> UW: Communities, landmarks, transport & places CL: Talking about places, journeys & experiences EAD: Construction, drawing, painting & design	(05/10) WEEK 5 – Castles, Knights & British History <u>Activity List:</u> ○ Making crowns ○ Design shields with personal symbols ○ Castle painting and collage ○ Pretend castle role play ○ Knight obstacle course ○ Storytelling with kings, queens, knights and dragons <u>EYFS Focus:</u> UW: History, buildings & changes over time EAD: Designing, constructing & role play PD: Balance, coordination & movement CL: Storytelling, vocabulary & sequencing	(12/10) WEEK 6 – British Weather & Autumn Science <u>Activity List:</u> ○ Create a daily UK weather chart ○ Make rain clouds ○ Making windmills ○ Explore ice, melting and freezing ○ Make rain clouds using cotton wool ○ Weather-themed movement games <u>EYFS Focus:</u> UW: Weather, seasons & scientific investigation M: Comparing, measuring & recording CL: Questioning, predicting & explaining PD: Using tools & developing coordination EAD: Colour mixing & creative experimentation

(19/10) WEEK 7 - Halloween & Autumn Traditions

Activity List:

- Pumpkin decorating
- Make ghosts, bats and spiders
- Halloween sensory play
- Pumpkin counting and sorting
- Halloween storytelling, songs and movement games
- o Make autumn/Halloween lanterns

EYFS Focus:

PSED: Confidence, emotions & cooperative play

UW: Autumn, nature & seasonal traditions

M: Counting, sorting, measuring & comparing

CL: Storytelling, rhyming & descriptive language

EAD: Art, music, movement & role play

EYFS Areas of Learning (2026)

Area of Learning	Abbreviation	What this means
Communication and Language	CL	Developing speaking, listening and understanding skills
Physical Development	PD	Building movement, coordination and fine motor skills
Personal, Social and Emotional Development	PSED	Supporting confidence, relationships and managing feelings
Literacy	L	Early reading and writing skills
Mathematics	M	Counting, numbers, shapes and problem-solving
Understanding the World	UW	Learning about people, places, nature and the environment
Expressive Arts and Design	EAD	Exploring creativity through art, music, role play and imagination

This programme may change; an alternative will also be made available. Throughout the session, quiet games and general play will also be on offer. During group discussion, the children will be encouraged to contribute their ideas with the group.

We also have the 'small world corner' to enhance the imaginative skills of the children and the 'homework corner' where children can do their respective homework.

A wide range of free play and structured activities will be available each day, including football, basketball, skittle ball, team games, arts and crafts, and indoor and outdoor play. Children will have the opportunity to choose activities based on their interests, with staff supporting play, creativity, and social development throughout each session.