

Qualsafe Level 3 Award in Emergency First Aid at Work (RQF)

Course Overview

The Qualsafe Level 3 Award in Emergency First Aid at Work (RQF) is a regulated and nationally recognised qualification designed for those who have a specific responsibility at work, to provide first aid in a range of emergency first aid situations in low-risk environments. It is also ideal for people who have a specific responsibility to provide basic first aid in voluntary and community activities.

Where an employer's assessment of First Aid needs identifies that a first aider is not necessary, the minimum requirement for an employer is to appoint a person to take charge of the first aid arrangements.

This includes looking after the equipment and facilities and calling the emergency services when required. Arrangements should be made for an 'Appointed Person' to be available to undertake these duties at all times when people are at work.

Packed with real-life practical scenarios we aim to make this an interactive experience. Our team of expert trainers have over 20 years experience working on the front line of ambulance services and in clinical settings as registered healthcare professionals.

Assessment Details

4 Practical Assessments & 1 Theory
Assessments (Multiple Choice Question Paper)

***Upon successful completion, you will receive
an Emergency First Aid at Work certificate,
valid for 3 years.***

What is covered?

- The roles & responsibilities a first aider
- Managing an unresponsive casualty
- Wounds, bleeding and shock
- CPR and AED
- Primary survey
- Recovery position
- Seizures
- Asthma
- Heart attack
- Choking
- Anaphylaxis
- Stroke
- Diabetes
- Broken bones



Duration: 6 Hours



Valid for 3 years



Our Venue or Yours



Blended Learning Available



£75.00 per learner
Group booking discount available

Course Requirements

- Learners must be physically able to take part in practical activities **
- Age 14 years +
- Basic literacy/numeracy skills are recommended for understanding concepts.
- Due to the practical nature of this course, Learners should wear appropriate clothing and footwear, e.g. trousers and flat footwear.

** Contact us to discuss any physical limitations and we will accommodate wherever possible.