

Help in Action Year Report 2022



Mani Bhadra BV Phoenix Import

Mani Bhadra BV - Phoenix Import donates part of its profits to non-profit humanitarian, educational, spiritual and cultural charities. The name Mani Bhadra comes from Sanskrit and means "Sharing Prosperity and Abundance with people in need".

Mani Bhadra has doubled their customers' donations of nearly €12,500, bringing the total amount over 2022 to €25,000. An amazing and vital support for so many underprivileged children and elderly people in the Himalayan region. Below you find the overview of projects that have been realised by the NGO "Help In Action" in 2022, and are being realised still.

Sed Guyed Monastery new school building ready

To continue providing safe shelter and good education to the rapidly growing number of young monks, a beautiful new building has been completed. In addition to several classrooms, dormitories and shower facilities have been set up. Classes are already being taught in the new classrooms!



Financial assistance has also been provided for the construction of a clean drinking water supply. The water filters being used were badly outdated and insufficient for the 120-plus monks currently residing at the monastery.

In addition, Mani Bhadra has been running a fruit sponsorship project already for three years to serve all monks at Sed Guyed monastery a minimum of 2 pieces of fruit daily with their meals.

Distribution of school supplies and food parcels

To support Nepali families in the villages around Kathmandu and give children the opportunity to go to school, Help in Action distributes food parcels and school supplies. The Jorphati orphanage, a centre for disabled children, Sed Gyued and Phyelgeling monastery schools also received food parcels and school supplies. So many happy and grateful faces!



Phelgyeling monastery construction project

During and after the 2015 earthquake in Nepal, the Phelgyeling monastery building suffered quite some damage. There was leakage and the kitchen needed replacement. A growing number of young monks are seeking refuge in the monastery, so there is also a need for more space! Because of its very poor condition, the old building needs to be replaced by new construction, that has started in 2022. We rejoice and hope to present the results this year.



Chapakhori Village Water Project completed

After some delay during the Covid pandemic, it has finally been possible to complete the drinking water project in Chapakhori, Nepal. Watch [this clip](#) to get an impression of the project and of the positive effect the drilling of this well has on the daily lives of the people of the village.

Gangchen Samling School support of students

Due to Mani Bhadra's sponsorship, again this year around 20 children have been supported in going to the Gangchen Samling School in Kathmandu, Nepal. Children whose parents don't have the means to provide school tuitions and supplies. So, with your contribution, these children could grow and develop and have a fair start in life.

From the bottom of their heart: Thank you!



"Generosity is the best investment" – T.Y.S. Gangchen Rinpoche

Help in Action and we all at Mani Bhadra BV - Phoenix Import are delighted with your valuable sponsorship since years already, and hope to count on your continued support in 2023 as well.

