

LYDIA CARADINE

lydiacaradine@gmail.com

(323) 806-6535

HEIGHT: 5'4"

WEIGHT: 115

EYES: Dark Brown

HAIR: Black

COMMERCIAL

Facebook
Audiopure Headphones
Sephora
Union Bank

Office Coworker
Tennis Player
Color IQ model
Teacher

Dir. Josh Lundquist
Dir. Sarah Thacker
Dir. Gabriel Shalom
Dir. Brandon Jameson

WEB/NEW MEDIA

Bang Bang Goes the Gun
My Roommate is a Disaster
Funny or Die Oscar Short
Starving in Lalaland Trailer
Sh*t Hollywood Girls Say
Blind Date

Narrator
Denise
Teller
Cameron
LA Girl
Kate

Dir. Thomas Everly
Dir. Rory Arnold
Dir. Greg Kindra
Dir. Cliff Moore
Dir. Blake Jacobs
Dir. Derek Steiner

THEATRE

Circle Mirror Transformation
The Lady From Dubuque
A Midsummer Night's Dream

Theresa
Elizabeth
Moth

Dir. Bonnie McNeil
Dir. Alex Aves
Dir. Kevin Meoak,
Loft Ensemble Theater

TRAINING

Adler Technique
Scene Study
Short/Long Form Improv
Advanced Acting for Film
Intermediate Method Acting

Stella Adler Academy, Los Angeles, CA
Cress Williams, Hollywood, CA
David Magidoff, Monkey Butler Los Angeles, CA
Richard Mason, Acting in Columbus, Columbus, OH
Dr. Clarence Murray, Norfolk State, Norfolk, VA

SPECIAL SKILLS

Activities: Yoga, Lyra (certified instructor), Ballet, Hip Hop/Freestyle, Pole Dance/Pole Sport, Track and Field, Cycling/Spinning (certified instructor) Cheerleading, Jump Rope, Hoola Hoop.

Linguistics: Conversational Spanish; British, Valley Girl, Southern, New York accents.

Miscellaneous: Basic weapons handling, Large vehicle operation, Crocheting, Cooking, Painting.