

# Demetria Brand Gilkey

Cell: (270) 991-2679

Email: [demetria@demetriagilkey.com](mailto:demetria@demetriagilkey.com)

[www.demetriagilkey.com](http://www.demetriagilkey.com)

[@demetriagilkey](https://www.instagram.com/demetriagilkey)

Demetria Gilkey is an enthusiastic and fun emcee, motivational speaker, hairstylist, and certified life coach. She is known for dancing, her contagious smile, and bouncy curls.

## **Demetria Gilkey, LLC, Motivational Speaker, Stylist, Emcee, Life Coach, Author 2017-Present**

- Provide event hosting services for live award ceremonies and conferences
- Produce weekly informational blogs for audience to promote content
- Create and produce daily marketing graphics via Canva for social media engagement
- Create storytelling segments and lifestyle content for viewers via Facebook, Instagram, Twitter & other social media platforms
- Utilize digital platforms such as Zoom and Skype to communicate with clients.
- Provide ongoing coaching to individuals in order to solve life challenges through my signature coaching program, Blossom Into You
- Facilitate half/full day retreats and team dynamic courses to improve employee engagement
- Research and prepare communications and learning programs via written articles, videos, PowerPoint, etc.
- Attend and complete continuing education courses on improvisation, hosting and teleprompter training through various coaches and trainers
- Developed and published mini-book, *THRIVE: A 3-step guide to creating a fearless and confident life*

## **TRAINING:**

- ✓ Suzanne Sena: Hosting & Teleprompter Training -Private Coaching Sessions
- ✓ Barbara Abel: Online TV Host Audition Bootcamp
- ✓ Audition Room: Auditioning for TV/Film
- ✓ Audition Room: Improv Acting 101
- ✓ Barbara Abel & Sean De Simone- Hosting for Home Shopping Brands

## **SPECIAL SKILLS:**

Strong communicator, social media presence, teleprompter, improv, queen of air-frying, natural comedian, soprano singer, competitive dancing, amazing Kermit the Frog impersonation

## **SPECIAL INTERESTS:**

Lip Stick, Curly Hair, Good Music, Pepperoni Pizza, Bravo Franchise, Food Network, & Loni Love!

## **EDUCATION:**

**Campbellsville University**, December 2020, Master of Theology

**Paul Mitchell the School-Louisville**, May 2012, Cosmetology

**Western Kentucky University**, August 2008, Bachelor of Science in Marketing