

Monique Jazmine Thomas

Height: 6'2"
Weight: 175 lbs.
Hair: Brown
Eyes: Brown
Voice Type: Soprano, Alto

E-mail: monique.jazmine.thomas@gmail.com

Film

The Zero Point	Extra-Restaurant Patron	Ravenswood Pictures/Eric Neal, Dir.
Many Janes	Principal-Jane #4	Kathleen Ruffalo, Dir.
The Beast (Short)	Principal-Miranda	Staci Swedberg, Dir.
Albany (Short)	Principal-Mysterious Heroine	Raymond Ruiz, Dir.
How She Move	Dancer/Extra-Spectator	Ian Iqbal Rashid, Dir.
Roost (Vol. 1 - 2.5)	Principal-Che	Red Eye Drops, Inc./King B., Dir.

Commercials

866-Too-Real (Spoof)	Spokesperson	Ravenswood Pictures/Eric Neal, Dir.
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Theatre

Reunion	Prudence Noelle	Back Table/Jay Steigmann and Jason Williams, Dir.
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Hosting

How She Move Event - Chicago	Emcee	Paramount Vantage
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Performer Skills

- **Dance:** Tango, Modern, Salsa, Ballroom, Pop Locking, Hip Hop, Club/Freestyle, Robot, Break, Disco, Jazz, Line
- **Writing:** Playwrights, Screenplays and Novels
- **Spoken Languages:** French, English
- **Musical Instruments:** Drums
- **Accents:** British, New York (Brooklyn), Southern, African, French, Midwest, Jamaican
- **Athletic Skills:** Volleyball, Aerobics, Softball, Bowling, Yoga, Basketball, Martial Arts
- **Performance Skills:** Dancing, Improvisation, Voiceover, Singing, Host

Training

- **TVI Actors Studio**, (Chicago, IL) Acting for Film, Commercials, TV & Theatre, Matt Gunnels, Instructor
- **John Casablancas Modeling and Career Center**, (Raleigh, NC) Modeling, Film, Commercials, Theatre & TV